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December 2015

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Knightley**

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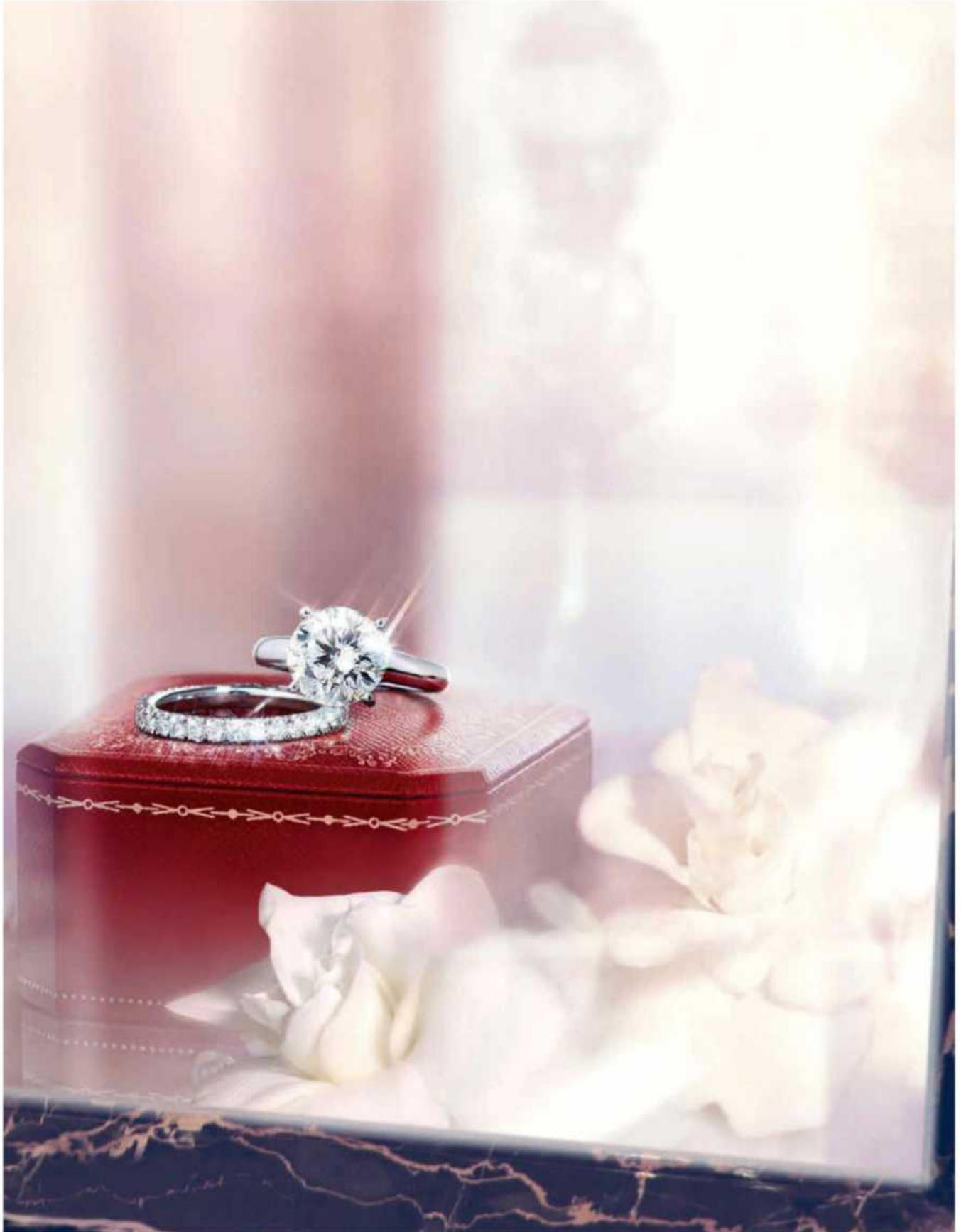
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A U S T R A L I A



BONUS PARTY GUIDE INSIDE!
The best fashion, shoes and beauty to keep you looking good on the dance floor

DECEMBER 2015



ON THE COVER

COVER PHOTOGRAPHY

Paola Kudacki
STYLING Samira Nasr
HAIR Kevin Ryan at Art + Commerce
MAKEUP Romy Soleimani at Tim Howard Management
MANICURE Charlene Coquard at ArtList

KEIRA KNIGHTLEY WEARS: dress, \$5,332, brooch, from \$1,080, both Prada, (02) 9223 1688; earrings, from \$755, Balenciaga, matchesfashion.com



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A U S T R A L I A

DECEMBER 2015



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EXCELLENT CHOICE,
MR. BOND.



KNOW THE DIFFERENCE



ELLE'S FEATURES AND CULTURE EDITOR **LAURA COLLINS**, WHO COMPILES OUR MONTHLY MUSIC PAGE, CURATES THE PERFECT '90S PLAYLIST:

"HEAVEN TONIGHT" – HOLE

She may be a total hot mess 99 per cent of the time, but damn Courtney Love makes great music.

"SUNDAY MORNING" – NO DOUBT

Gwen Stefani at the '98 MTV VMAs (blue hair in buns, blingy brow, furry bikini top) is my all-time favourite red-carpet look. Unlike that outfit, this song is timeless.

"YOUR WOMAN" – WHITE TOWN

The one-hit wonder to end all one-hit wonders.

"SAY IT AIN'T SO" – WEEZER

When asked what he thought of the band in their '90s heyday, frontman Rivers Cuomo replied, "We rule". It's my favourite answer to any question, ever. This track is equally bad-ass.

"CANNONBALL" – THE BREEDERS

A love of this band just might be the only thing Tavi Gevinson and I have in common.

"SELF ESTEEM" – THE OFFSPRING

An unexpectedly great karaoke tune (but maybe that's just me).



MAKEUP ARTIST PETER BEARD, WHO WORKED ON OUR "STRONG SUIT" FASHION STORY ON P120, REVEALS THE YEAR'S BEST BEAUTY TRENDS (THAT WILL STILL BE FRESH IN 2016).

TRANSPARENT SKIN Base makeup that feels like skincare and leaves an undetectable finish.

STRAIGHT, BRUSHED-UP BROWS A hybrid of strength and softness.

LUSCIOUS LASHES Chunky mascara will be making a statement next year. Promise!



JAMES EVANS SHOT THE STILLS IN OUR PARTY GUIDE MINI MAG (WHILE TRYING OUT THIS PRADA COAT). HE KNOWS A THING OR TWO ABOUT CAPTURING PICTURES AT EVENTS...

"The recipe for a great party shot: one part venue, one part music, two parts punters and 16 parts alcohol. Mix, pull out camera inconspicuously, serve.

The less invasive the set-up, the better; iPhone snaps always turn out best. My favourite photos are ones which might be overlooked at first. I like it when people get weird: contorted faces, late-night dance-move experiments, background lurkers, overambitious poses and anything that makes them want that photo deleted now. Convincing them it shouldn't be is the hardest part."

CREATIVE *input*

We asked the team behind our *December issue* to reveal their photography, playlist and makeup tips for guaranteed *good times*

- Contact the host several days before the event and explain why you think you should be invited.

- Don't wait until an hour before the party starts to make your plea. By this stage, calls will generally go unanswered.

- If your friend is attending, ask if you can go as their plus one. Inside the event, thank the host for having you and follow up with a handwritten note the next day. Your manners will be remembered.

- If all else fails, sweet-talk the door person and crash the party. After all, gatecrashers are a sign of a successful event.



CAMILLE THIOULOUSE FROM COMMUNIQUE, PR FOR THE ELLE STYLE AWARDS, GIVES THE LOWDOWN ON GATECRASHING.

COMMIT TO MEMORY: THE COOLEST NEW MUSIC ACCORDING TO **VALERIE YUM** (ONE OF THE DJs AT THE ELLE STYLE AWARDS – SEE THE PICS ON P141).

"I saw Kelela (Solange Knowles' favourite) and Australian band Movement at For Festival in Croatia – they were amazing. I love the live sounds of Sophie Lowe and Oscar Key Sung – I'm also a fan of the collab tracks he's produced with Melbourne electronic producer and artist Andras Fox. And I always play the deep sounds of No Zu at gigs."





miu miu

THE FIRST FRAGRANCE



AGE
25
FROM

Stavanger, Norway
KNOWN FOR

Being an *ELLE* France cover girl and breaking down the new black-tie rules for our "Strong Suit" story on p120.

MODEL CITIZEN

wild thing

Lise Bjørgen Olsen's little black book reflects her love of travel, hiking and *all things Scandinavian*



1. Bra, \$154, briefs, \$116, both **La Perla**, net-a-porter.com 2. Dress, \$1,442, **Stella McCartney**, matchesfashion.com 3. Certified Natural Lipstick in Red Berry Charm, \$26.95, **Lavera**, nourishedlife.com.au 4. Lily, \$110 for 50ml, **Stella McCartney**, 1300 651 991 5. Volume Vegan Mascara in Black, \$33.95, **Lavera**, nourishedlife.com.au 6. Trainers, \$100, **Converse**, converse.com.au 7. Earrings, \$68, **Eyland Jewellery**, eylandjewellery.com



LISEBJOERGEN



"HEAVEN" BY DAMIEN HIRST



"LAST KINGDOM" BY DAMIEN HIRST

TIME OUT

BAR Nothing beats *Checkpoint Charlie* in my home town, Stavanger.
RESTAURANT *Flax & Kale* in Barcelona – I'm addicted to the vegan coconut yoghurt. And *Earth To Table* in Sydney.
BEST BARGAIN STAY I love *Nice Way Hostel & Surf Camp* in Cascais, Portugal, and the *Blue Mountains Backpacker Hostel* just outside Sydney for access to amazing hikes.

CULTURE

APPS I use *Afterlight* most as it's great for editing photos.
BINGE WATCH *Derek* with Ricky Gervais – it's such a down-to-earth show that deals with real people.
INSTAGRAM STALKS @lonijane is my absolute favourite, @kevinruss takes beautiful travel shots that keep me inspired and @zoeisabellakravitz is my celebrity crush.
TUNES *Milky Chance* has helped me through a lot of flights recently and I'll never stop listening to Swedish rock band *Kent*.
RECENT READ *The Power Of Now* by Eckhart Tolle.
ARTIST IDOL *Damien Hirst*.
NEW MOVIE LOVE *Everest* has inspired me to hike and climb mountains. Maybe I'll make it to Nepal soon.

WARDROBE

DENIM Black flared jeans by *Insight*.
INTIMATES I recently splurged on an elegant set from *La Perla*.
SHOES I'm a *Converse* girl or I wear classic boots.
JEWELLERY I just ordered a little gift for myself from *Eyland Jewellery*.
WISH LIST Anything by *Stella McCartney* as I love her ethics and style.

GROOMING

MAKEUP MUST-HAVE At the moment I'm using *Lavera* mascara, and I finish with the brand's red lipstick as well. I like to keep my makeup minimal and only use organic products.
HAIR MVP *Eleven's* Miracle Hair Treatment – it gives my hair extra strength and shine.
SIGNATURE SCENT I love the *Stella McCartney* perfumes. I change them up depending on the season. □

COMPILED BY: CLAUDIA JUKIC. PHOTOGRAPHY: HOLLY BLAKE AT VIVIAN'S CREATIVE. STYLING: SARA SMITH. HAIR: ALAN WHITE AT MAP USING R + CO. MAKEUP: PETER BEARD AT WORK. GROOMING: LISE BJØRGEN OLSEN AT TWO MODELS. STYLING: JACKIE, \$170. GUCCI, \$1,000. 442. 876. EAR CUFFS, \$800 EACH. ALINKA. ALINKA JEWELLERY.COM. EARRINGS, \$220. MANIWAHA. THE MANIWAHA.COM. BROOK, \$240. HARLEQUIN MARKET. HARLEQUIN MARKET. INSTAGRAM: @LISEBJOERGEN, @DAMIENHIRST

Calvin Klein





PARTY SNAPS

In my Michael Lo Sordo dress, with last year's Blogger of the Year winner Nicole Warne (in Valentino)

It's the fashion soiree of the year: our very own ELLE Australia Style Awards. Hosting a party is never as much fun as being a guest at one, but there's something about the utter relief of it all coming together on the night that makes it thrilling in its own way. Turn to p141 for all the winners and the inside word on how the evening went down. In the meantime, here are some awards I wish I'd been able to give out...

BEST GATECRASHERS: The hunky firemen who filled up the venue in response to an alarm being set off by a smoke machine, just as guests were lining up outside on the red (or rather, black) carpet.

BEST ENFORCED NO-SHOW: Last year's famed gatecrasher whose "people" called us incessantly on the day begging for an invite. Still no.

MOST SKILFULLY AVOIDED WARDROBE MALFUNCTION: Winner on the night, Nicole Trunfio. She managed (just!) to keep her itty-bitty Ellery tunic in place despite a very breezy evening.

EDITOR'S (OTHER) CHOICE: Michael Lo Sordo, who made me the gown of my dreams for the event.

BIGGEST PARTY PEST: The GoPro camera I had following me around in order to bring you the video of my day (okay, I kind of loved it). You can catch the footage on ELLE.com.au/elle-style-awards/.

BEST SNAPPY COMEBACK: Lara Worthington, who, when asked what she was wearing for the 1,000th time, simply answered "a dress".

BEST NEAR MISSES: The new wife and the ex-fiancée narrowly missing each other's arrival times, and the husband whose wife was giving an interview on the red carpet when his ex arrived. He wisely decided to skip through to the party and avoid the situation altogether.

BEST MAKEUP: Illustrator Mekel, who didn't just wear a Max Factor lippie, but used loads of them on the night to colour in a gorgeous mural congratulating Australian Designer of the Year Toni Maticevski.

MOST AWKWARD PARTY PHOTOS: Everyone who got snapped (including myself) watching the virtual reality film we made for the event, *Cherchez La Femme*. (VR headsets may be the must-have accessory of the moment, but they are not the most chic look of all time.) Watch it for yourself at ELLE.com.au/elle-style-awards/.

MOST RELENTLESS PHOTO-BOOTH HOGS: A joint win between two of our favourite fashion PRs (you know who you are) and the ELLE team, who may or may not have used the phrase "Don't you know who we are?" when refusing to budge from the Topshop photo booth, decorated by paper art supremo Benja Harney.

BEST COCKTAIL: The details are foggy but it involved coconut. And it's my new summer drink. Head to p145 for the recipe.

presenting partner

TOPSHOP

with thanks to...

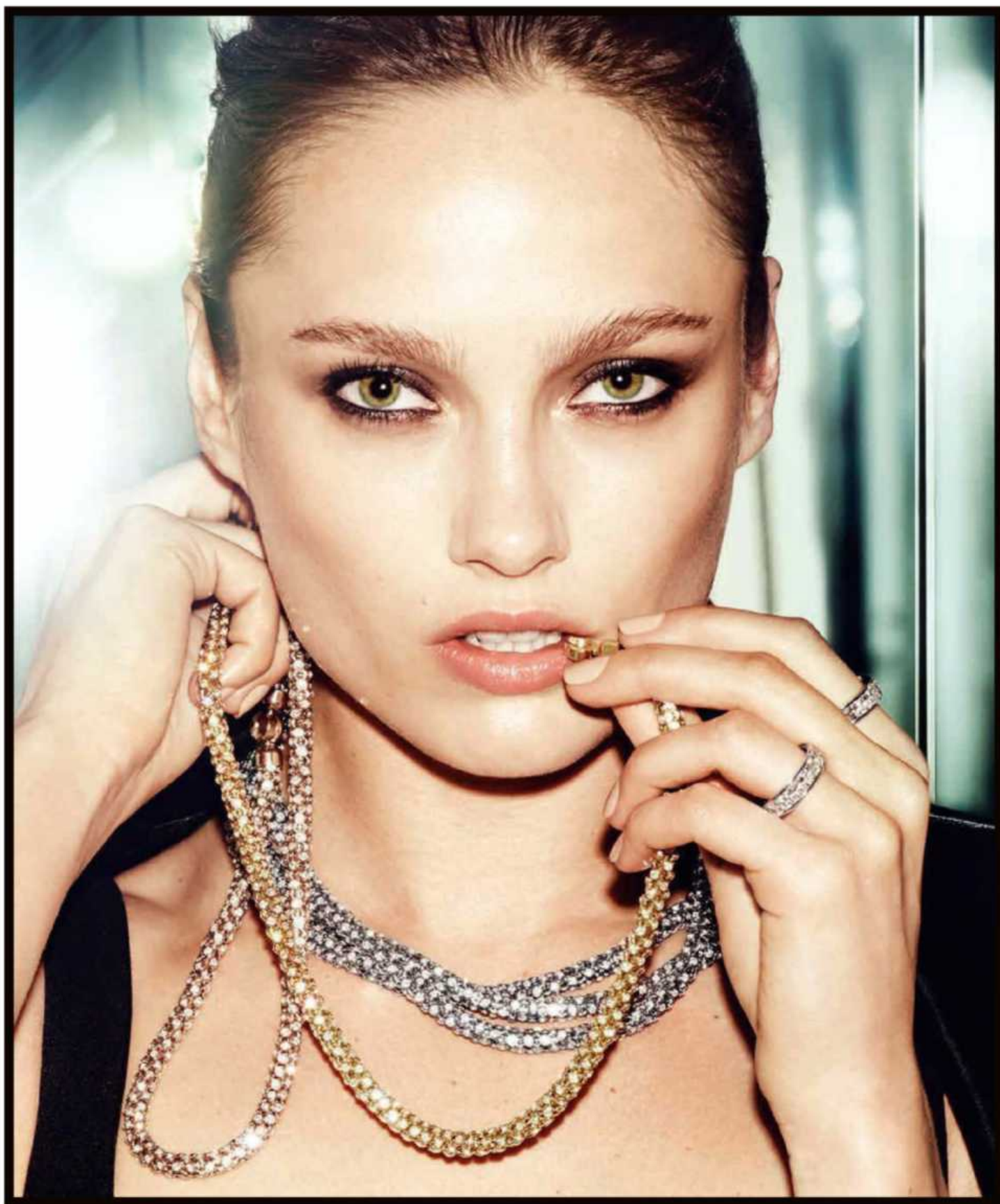


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See you next year!

justine



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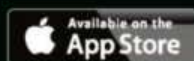
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ELLE FIRST LOOK

DARK DESIRES

Latino passion meets Victorian romance in this black devoré-velvet update on Givenchy's cult Antigona bag. It's the perfect excuse to lose yourself in the new Australian store, opening in Sydney this month.



LOVE SONG DEDICATIONS

Pay homage to a cult classic bag with these romantic (and very cool) melodies.

"This Love" by Ryan Adams, from 1989



"Wildflower" by Beach House, from *Depression Cherry*



"Can't Do Without You" by Caribou, from *Our Love*

Bag, \$3,800, Givenchy, (02) 8197 0420

TREND

touch & go

Prepare to party in *the season's most tactile twosome*: velvet and lace

*Photographs by Sylvè Colless
Styling by Dee Jenner*

Jacket, \$460, pants, \$365,
both **Arielle Mermin**,
ariellemermin.com; bra,
\$125, **Agent Provocateur**,
(02) 9221 1003; cuff,
\$199, **Pushmataaha**,
pushmataaha.com
(worn throughout)



Top, \$389, **IRO**, (02) 9362 1165; bra, \$89, **Lover**, loverthelabel.com; skirt, \$370, **Maje**, (02) 9327 3377; necklace, \$159, **32.4**, thirtytwopointfour.com



Dress, \$395, **Arielle Mermin**, ariellemerrin.com; boots, \$828, **Chloé**, chloe.com (worn throughout); stylist's own necktie (worn throughout)



Jacket, \$458, pants, \$294, both **Topshop Unique**, (02) 8072 9300; bra, \$115, **Lonely**, lonelylabel.com; heels, \$460, **Kurt Geiger**, kurtgeiger.com.au

JEWEL TONES AND *touches of lingerie*

MAKE FOR RICH PICKINGS.



Jumpsuit, \$299,
Line & Dot,
cutshowroom.com

EASE INTO EVENING

WITH *silky textures*

AND ROMANTIC

PROPORTIONS.



Vest, \$125, **Line & Dot**, cutshowroom.com; dress, \$139,
H&M, hm.com/au; ring, \$190, **Natalie Marie Jewellery**,
nataliemariejewellery.com (worn throughout)




Dress, \$2,250, **Ellery**,
elleryland.com



paco rabanne

The new fragrance for her

A woman with long, wavy brown hair is standing in a doorway, leaning against the right door frame. She is wearing a black and white patterned blazer with a deep V-neckline and black thigh-high boots. The background shows a white door and a wooden floor.

KNEE-HIGH BOOTS AND

A TROPHY BLAZER:

Parisian chic SORTED.

Blazer, \$499, **Balmain**
X **H&M**, hm.com/au; boots,
\$2,750, **Gianvito Rossi**,
gianvitorossi.com

Hair and makeup: Jasmin Lo
at Union. Model: Elodie C
at Premium Models

THE NEW FRAGRANCE
FOR WOMEN

BOTTEGA VENETA
KNOT
EAU FLORALE



ANTHONY VACCARELLO

Ring, \$280, Sarah & Sebastian,
sarahandsebastian.com

Belt, \$189, Peter Lang,
peterlang.com.au

Sunglasses, \$240, Pared,
paredeyewear.com

Earrings, \$1,200, Alinka,
alinkajewellery.com

Scarf, \$240, Mulberry,
(03) 9600 4888

Necklace, \$1,600, Alinka,
alinkajewellery.com

Shirt, \$459, Equipment,
(07) 5591 7233

Shirt, \$345, MacGraw,
macgraw.com.au

Trainers, \$620,
Golden Goose Deluxe Brand,
net-a-porter.com

Tag, \$200, A-Esque,
a-esque.com

Pouch, \$600, A-Esque, a-esque.com

Bracelet, \$145, Claire Aristides Fine
Jewels, aristidesfinejewels.com

Necklace, \$1,749,
Givenchy, givenchy.com

Coat, \$845, Coach, coachaustralia.com

ANTHONY VACCARELLO

TREND

rock stars

The best and brightest
come out at night

PHOTOGRAPHY: SEYAK BABAKHANI AND JAMES EVANS (STILL-LIFE);
JASON LLOYD-EVANS. STYLING: DANIELLE CARTISANO





Emporium Melbourne • Chadstone Shopping Centre • Highpoint Shopping Centre
Myer Melbourne • Westfield Sydney • Macquarie Centre Sydney • Rundle Place Adelaide
Queen Street Mall Brisbane • Visit our online store shop.swatch.com.au

swatch 

A full-page advertisement for Jimmy Choo Illicit fragrance. The image features a blonde woman, Sky Ferreira, standing in a doorway with sheer pink curtains. She is wearing a light pink high-cut bodysuit and silver high-heeled sandals. She is holding a large, clear, rectangular bottle of Illicit fragrance, which has a gold-colored cap and label. The background shows a view of a body of water and distant hills under a soft, hazy sky. The text "JIMMY CHOO" and "ILLICIT" is overlaid in a large, black, serif font.

JIMMY CHOO

ILLICIT

SKY FERREIRA
FOR THE NEW WOMEN'S FRAGRANCE
JIMMYCHOO.COM/ILLICIT

MYER
FIND WONDERFUL



MYER

FIND WONDERFUL



GUESS

SHOPPING

bring the magic

When it comes to the festive season's most bewitching looks, *the devil is in the details*

Ring, \$2,760, **Chanel**,
1300 242 635

Bag, \$19,995,
Altuzarra,
barneys.com

Diorshow Fusion Mono
in Blazing, \$50, **Dior**,
(02) 9295 9022

Heels, \$995,
Dolce & Gabbana,
dolcegabbana.com

EMBELLISHMENT

Beads and sequins just make everything better

Pants, \$350, **Sass & Bide**,
sassandbide.com

Dress, \$990, **Aje**,
a-j-e.com.au

Top, \$150, **Witchery**,
witchery.com.au

Dress, \$695,
Zimmermann,
zimmermannwear.com

Bra, \$49.99, briefs, \$34,
both **Palindrome**,
palindromestudio.com.au

Boots, \$2,700, **Christian Dior**,
(02) 9229 4600

Blazer, \$2,250, **Ellery**,
elleryland.com

Dress, \$160, **Bec & Bridge**,
becandbridge.com.au

Earrings,
\$750, **Givenchy**,
givenchy.com

EMILIO PUCCI

ALTUZARRA

INSPIRATION
Altuzarra's opulent offerings and the glam girl owning the dance floor last Friday night.



Buy these products right now by scanning with the free viewa app. See page 28 for details

ISABEL MARANT



VALENTINO



INSPIRATION
Valentino's clouds
of loveliness
and a timeless
boy/girl mix.



Earrings, \$195,
Peter Lang,
peterlang.com.au

Heels, \$1,473, **Givenchy**,
givenchy.com



Argan Enlightenment
Illuminising Wand, \$40,
Josie Maran, mecca.com.au

RUFFLES

Float on by in femme layers grounded by a monochrome palette



Dress, \$2,384,
Giambattista Valli,
net-a-porter.com



Jacket, \$2,450, **Ellery**,
elleryland.com



Dress, \$465, **Maje**,
(02) 9327 3377



Top, \$590, **Ellery**,
elleryland.com



Top, \$900, **Maticevski**,
tonimaticovski.com



Bag, \$2,063, **Givenchy**,
givenchy.com



Skirt, \$320, **Shona Joy**,
shonajoy.com.au



Bodice, \$99.95, **Interval**,
(02) 9256 8450



Skirt, \$280, **Stevie May**,
steviemay.com.au



Brooch, \$930, **Chanel**,
1300 242 635

Chloé

EAU DE PARFUM



Rouge Allure Luminous Intense
Lip Colour in Rouge Noir,
\$52, Chanel, 1300 242 635

Top, \$2,134,
Proenza Schouler,
net-a-porter.com

Necklace,
\$2,001, Lanvin,
farfetch.com

TOM FORD

Earrings, \$30, Kookaï,
kookai.com.au

Scarf, \$99, Albus Lumen,
albuslumen.com

Heels, \$618, Pierre
Hardy, net-a-porter.com

INSPIRATION
Tom Ford's goth
goddesses and
a *Great Gatsby*-esque
joie de vivre.

FRINGING

Smoulder in swishing hemlines and tasselled jewels

Pants, \$550, Lover,
loverthelabel.com

Blazer, \$2,195, Balmain,
parlourx.com.au

Bag, \$2,160, Victoria Beckham,
victoriabeckham.com

Dress, \$450,
Christopher Esber,
christopheresber.com.au

Heels, \$160, Seed,
seedheritage.com

Skirt, \$590, Dion Lee,
dionlee.com

Skirt, \$299, Country Road,
countryroad.com.au

MAX FACTOR X

NEW

LIPFINITY ALL-DAY LUSCIOUS LIPSTICK

Transform your look with all-day luscious lips. Up to 8 hours' colour and moisture for vibrant colour with a nourished and luxuriously soft feel.

Lipfinity Lipstick, for a classic glamour look.
#MAKEGLAMOURHAPPEN

Recreate Candice's transformation: Lipfinity Long Lasting Lipstick in Always Chic and Facefinity All Day Flawless Foundation.

Available in Priceline, Target, Big W and selected Myer stores.



THE MAKE-UP OF MAKE-UP ARTISTS

Top, \$150, **Seed**,
seedheritage.com

Belt, \$289, **IRO**,
(02) 9362 1165

Boots, \$1,100, **Acne Studios**, (02) 9360 0294

Dress, \$459, **Khalo**,
khaloshop.com

Necklace, \$2,050,
Christian Dior,
(02) 9229 4600

Ring, \$25,
Kookai,
kookai.com.au

Skirt, \$140, **Bec & Bridge**,
becandbridge.com.au

Earrings, \$14.95, **Seed**,
seedheritage.com

Bangle, \$349,
Thomas Sabo,
thomassabo.com

INSPIRATION
Calvin Klein's
modern tribute
to '60s chicks –
and the ultimate
mod chick Nico.

STUDS

Luxe fabrications get the heavy-metal treatment

Earrings, \$940, **Christian Dior**, (02) 9229 4600

Couture Kajal Eyeliner in
Noir Ardent, \$60, **Yves Saint Laurent**,
mecca.com.au

Skirt, \$60, **River Island**,
au.riverisland.com

Bag, \$1,405,
Alexander Wang,
alexanderwang.com

Top, \$850, **Sass & Bide**,
sassandbide.com

Jacket, \$1,599, **IRO**,
(02) 9362 1165

Dress, \$300, **Warehouse**,
warehouse.andotherbrands.com

VALENTINO

VALENTINO
DONNA
THE NEW FEMININE FRAGRANCE



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Together, we can keep blonde beautiful.

This colour reviving collection by John Frieda keeps blonde, BLONDE.

Create and maintain fresh salon-quality colour with tailored colour correcting treatments, for illuminated blonde that lasts.

Me & John & Sheer Blonde®. Together we can.

JOHN FRIEDA.

LONDON PARIS NEW YORK

john



schedule E L L E

From first-drops to cult collaborations, take note of *these* *fash-centric dates*

IN STORE

2.12.15

Chains and leather for the chicest club rat. Don't miss Miu Miu's Club bag, now in boutiques.



Striped bag, \$3,680, white bag, \$3,420, black bag, \$3,680, all Miu Miu, (02) 9223 1688



IN STORE

1.12.15

Found: your dream party shoe. The Poppy Delevingne X Aquazzura collection hits Net-A-Porter today.

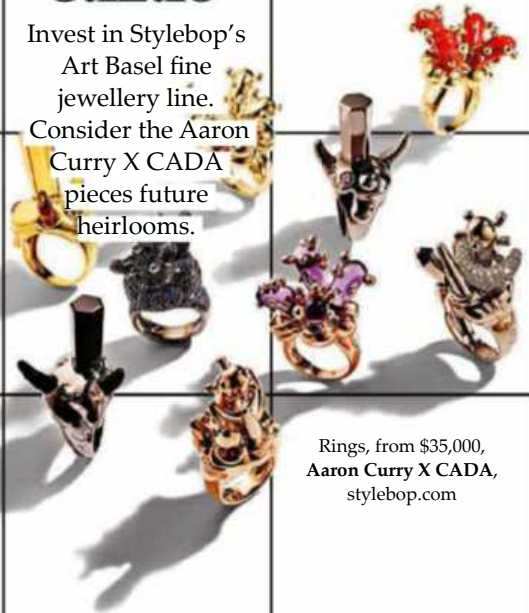
Heels, from \$951, Poppy Delevingne X Aquazzura, net-a-porter.com



IN STORE

3.12.15

Invest in Stylebop's Art Basel fine jewellery line. Consider the Aaron Curry X CADA pieces future heirlooms.



Rings, from \$35,000, Aaron Curry X CADA, stylebop.com

IN STORE

4.12.15

Summer's perfect throw-on drops today.

Playsuit, \$99.95, Seed, seedheritage.com



IN STORE

15.12.15

The All I Want Lipstick from M.A.C's Mariah Carey collaboration is as festive and fabulous as one would expect. Stock up now.

Lipstick, \$36, M.A.C, maccosmetics.com.au



RELEASED

17.12.15

Star Wars: Episode VII – The Force Awakens is in cinemas – show your allegiance with an official *Star Wars* piece.



Necklace, \$118, Malaikaraiss, malaikaraiss.com



VERSACE EROS

THE NEW FRAGRANCE FOR MEN AND WOMEN



BRISBANE
PERTH
EMPORIUM
CHAPEL ST
HIGHPOINT
SYDNEY
MIRANDA
CHATSWOOD OPENS NOVEMBER



TOPSHOP

NEED TO KNOW

net worth

As if plum positions at Net-A-Porter weren't enough to brag about, this *fashionable duo has turned office inspiration into a must-have style app*. Here's how...

It's no surprise that employees at Net-A-Porter's London HQ needn't look far for fashion inspiration. "We were seeing culottes around the office before they were on anyone's radar," says 30-year-old creative director of social commerce Alexandra Hoffnung of the workplace fashion parade. "Seeing trends like that is validation that it's a good look – or at least gives you more confidence to try it," adds 34-year-old vice president of social commerce Sarah Watson.

With that idea in mind – that the best style suggestions often come from those around you – Hoffnung and

Watson conceived The Net Set, the latest offering from the brand launched by Natalie Massenet in 2000. The app, which debuted in May and boasts 100,000 downloads to date, aims to enhance shoppers' experience by letting users rely on the wardrobes of actual individuals, not clothing racks or search fields, to drive their browsing. You can, for example, track the Net-A-Porter purchases of tastemakers like

"WE'RE ALWAYS ON THE HUNT FOR A PERFECT DAY-TO-EVENING OUTFIT... YOU CAN CHUCK ON SOME HEELS OR RED LIPSTICK WITHOUT A TOTAL OVERHAUL"

Poppy Delevingne and Nicole Warne, or use your own history to chat with customers who have similar tastes (in Net Set-speak, members of the same "Style Tribe"). Should you find yourself in, say, Collins Street, admiring the camel coat of a passerby, simply snap a pic, and photo recognition software will reveal the closest Net-A-Porter matches in seconds. "It takes you down this amazing path of inspiration you wouldn't go otherwise," says Watson.

The duo use the technology to dress for the office. "It sounds clichéd, but we're always on the hunt for a perfect day-to-evening outfit," says Hoffnung. "It's so useful because you can chuck on some heels or red lipstick without a total overhaul." For their own evenings out, the two women often head to The Ivy, a recently renovated iconic watering hole in London's Covent Garden. "We think [The Ivy's] like a physical version of the Net Set because it's always full of really interesting people in the industry," says Watson. Tracking style muses IRL? How analog. □

Hoffnung wears:
jacket, \$3,595, dress,
\$2,995, both **Burberry**
Prorsum, au.burberry.
com; knit, \$1,020,
Roland Mouret,
rolandmouret.com

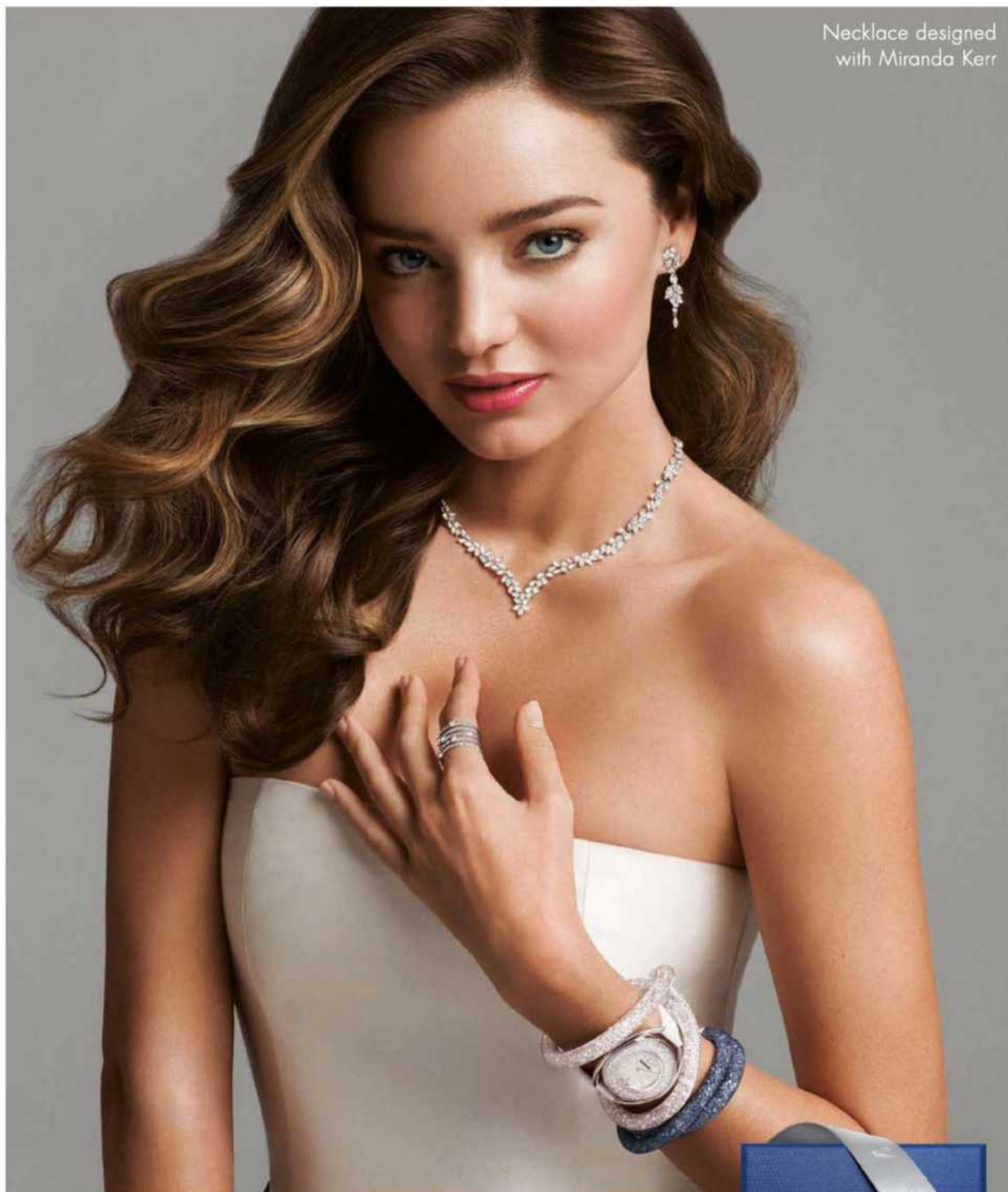
Heels, \$1,925,
Francesco Russo,
net-a-porter.com

Dress, \$2,743, **Temperley London**,
exclusively for net-a-porter.com

Watson wears:
dress, \$3,870,
Preen By Thornton
Bregazzi, from
a selection at
net-a-porter.com;
bag, \$4,655, **Moynat**,
moynat.com

Watson (left) wears: dress, \$2,565, **Stella McCartney**,
net-a-porter.com; pumps, \$900, **Balenciaga**, balenciaga.com
Hoffnung wears: top, \$995, **Isabel Marant**, isabelmarant.com;
skirt, \$260, **Frame Denim**, edwardsimports.com; pumps,
\$955, **Jimmy Choo**, (02) 8666 0606 (worn throughout)

Necklace designed
with Miranda Kerr



Collection from \$119


SWAROVSKI





GUCCI

Earrings, \$10,700



Necklace, \$8,250

Necklace, \$16,500



fit to be tied

Because even girl bosses *wear bows* sometimes

ong before digital to-do lists and pop-up calendar alerts, memory-challenged multi-taskers were forced to tie a piece of string around their finger to remember something – or someone.

Ring, \$6,300



“Designers are mixing bold bows with bad-ass styling for a look to knock Minnie Mouse’s spots off”

Now Tiffany & Co. has put an infinitely more chic spin on the quaint tradition, with a collection of 18-carat rose and white gold loops and knots adorning chokers, cuffs and rings.

In recreating the classic bow for the holiday season, design director Francesca Amfitheatrof has brought back the feminine symbol in a cooler context, and dusted it with diamonds. “The new interpretations are about reimagining these signature styles and really being able to emphasise the individual strength of each piece.”

The pretty pieces echo the loopy ribbons, bow ties and pussybows seen wrapping up the AW15-16 collections. And as if to prove they are well-suited to a modern woman’s wardrobe, designers are mixing bold bows with bad-ass styling for a look to knock Minnie Mouse’s spots off.

At Gucci, feminine bows peeked out of the top of boyish suiting, worn by androgynous models brandishing handfuls of chunky rings. Karl Lagerfeld referenced le garçon at Chanel with his waitstaff-inspired ties adorning a black and white palette, while Giles shocked the sugar out of sash bows by tying them around models wearing gothic black lipstick. Even Miuccia Prada weighed in, pinning down borderline-twee grosgrain ribbon bows with brooches laden with chunky crystals, adding in armpit-high leather opera gloves. We suggest you get in the loop. □

Cuffs, \$12,400 each



All jewellery
Tiffany & Co.,
tiffany.com.au

Bracelet, \$5,450





EVERYTHING REDUCED BUT THE THRILL

THE OUTNET.COM
THE MOST FASHIONABLE FASHION OUTLET



MAX MARA



Shirt, \$130, shorts, \$69.95, both Love Stories, theiconic.com.au



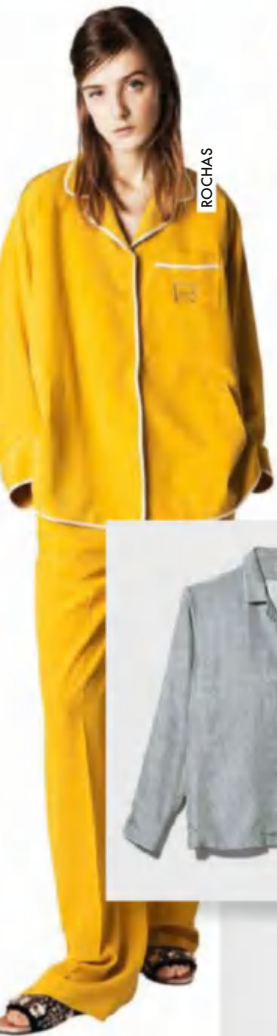
TREND ALERT

up all night

Join the *pyjama party* – the morning after has never looked so chic



MARNI



ROCHAS



Shirt, \$375, pants, \$275, both All At Sea, northcollective.com.au

Fresh, insouciant and a little bit cheeky, the pyjama suit is officially the chicest way to shimmy into the holiday season. But like all great trends, PJs teeter that fine line between crazy-cool and just plain crazy. Note: this is not about merely rolling out of bed. The key to taking your slumber to the street is all in the details.

In the tradition of their homeland's *riposo* (read: afternoon snooze), Italian labels Marni and Max Mara opted for classic silky separates in punchy patterns for resort 16. Meanwhile, a new squad of luxe sleepwear labels has heralded the return of contrast piping and tailored sashes, mastering the bedwear-to-bar trend. Francesca Ruffini Stoppani, whose own monogram matches that of her label FRS (For Restless Sleepers), dominated the street-style scene with her Art Deco silk sets. Quick to pick up on the trend, the diviner of all things cool, Kate Moss, opted for a striped combo by London label Olivia von Halle while on holiday. And Selena Gomez had the internet abuzz after she paired a silky navy set by Derek Rose with sexy red heels.

For a summer-friendly take, look to Masini & Chern and Love Stories, which utilise cool fabrics such as cotton and breathable viscose – perfect for afternoon soirees. Pair with sandals or platforms to avoid the I-woke-up-like-this connotations (you can keep the bed hair). And, if you're not one for twin-sets, a silk piped shirt tucked into skinny jeans or drawstring pants is what sweet dreams are made of. □



SELENA GOMEZ



Shirt, \$162, pants, \$141, both Sleepy Jones, net-a-porter.com



KATE MOSS





EVERYTHING REDUCED BUT THE THRILL

THE OUTNET.COM
THE MOST FASHIONABLE FASHION OUTLET

THE PIECE

hold everything

Remember, *good things come in mini*
(and multiple) packages

Bag, \$POA, **Dolce & Gabbana**, dolcegabbana.com

Bag, \$1,941, **Saint Laurent**, ysl.com/au

Bag, \$399, **Furla**, furla.com

Bag, \$3,040, **Bulgari**, bulgari.com

Bag, \$1,730, **Prada**, (02) 9223 1688

BALMAIN

PARIS

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BALMAIN.COM



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FIND WONDERFUL

Cheyenne Tozzi

Introducing the NEW Jergens collection of body moisturisers.

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FASHION CODES

style lessons TO TAKE YOU INTO 2016

Inspired by this year's
best fashion moments,
we've updated our
sartorial rule book.
Pay attention
and you'll be the
coolest kid in class

lesson #1

EMMA WATSON



TRY FANCY PANTS

Trousers have never
been so fun. Take note
of Emma Watson
and Diane Kruger's
unexpected slim leg
and side sash:
premiere-grade
panache.

DIANE KRUGER



SIENNA MILLER



lesson #3

EMBRACE LACE

The biggest news
of 2016: lace will
be everywhere.
Start off soft with
angelic flared sleeves,
à la Sienna Miller
in Michael
Kors Collection.

JEANNE DAMAS



lesson #2

MARY-KATE AND ASHLEY OLSEN



AYMELINE VALADE



YOU CAN WEAR FLATS ANYWHERE

This year, uproar ensued
when Cannes attendees
were denied entry into
a premiere for wearing
flats. But these models
and moguls prove the
black-tie rule is worth
breaking. Try metallics
this party season.

KARLIE KLOSS



lesson #4

ROUGH IT

How do the French
master that "can't-
put-my-finger-on-it"
cool? It's all in the
pretty-punk pairings:
tweed coats and
messy hair, full skirts
and smudged
lips. Marine, Jeanne
and Caroline have
the look nailed. ➔

CAROLINE DE MAIGRET



MARINE VACHT



KENDALL JENNER

GIGI HADID

lesson #5**FIND A PLUS ONE**

Outfit feeling a little risky?
Phone a friend and
convince them to join in.
Coordinating besties
are the new black.

ALEXA CHUNG

POPPY DELEVINGNE

DAKOTA JOHNSON

ELIZABETH OLSEN

lesson #8**SKIN IS IN**

A strategic sliver
of flesh is all that's
needed to outshine even
the most famous of
family members. Make
like these pedigree
actresses and try
sheer panels and skirt
slits for an elegant
take on sultriness
(that won't scandalise
your parents).

LILY ALDRIDGE

lesson #6**IT'S NEVER
TOO LATE FOR
A REINVENTION**

Emily Ratajkowski
shows you can run
the gamut from
coquette to cool girl
(and back again).

EMILY RATAJKOWSKI

OLIVIA PALERMO

lesson #7**KNOW YOUR
SWEET SPOTS**

Shoulders are
tipped to continue as
fashion's favourite
erogenous zone. Opt
for voluminous and
intricate textures to
keep the look from
entering basic territory.

lesson #9**SET THE TONE**

Take summer dressing to the
next level by sticking to a single
neutral in varying shades. It
takes some planning, but the
effect is effortless. □

the first fragrance
by narciso rodriguez



narciso rodriguez
for her



rimmellondonau
au.rimmellondon.com

1/125 F5.6

3..2..1..

Georgia May Jagger wears Match Perfection Foundation shade 200.



RIMMEL

GET THE **LONDON** LOOK

REC

PICTURE PERFECT

NEW

MATCH PERFECTION FOUNDATION

WITH PORE BLURRING EFFECT

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NEW

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WITH SPF 25

Protect, fix and extend
wear for up to 7 hours.



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FOR REVIEWS

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Swimsuit
\$44

Lourdes
Bikini
\$40



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boohoo.com
TWENTYFOUR | SEVEN | FASHION

"Three words:
maxi, shirt, dress.
Invest in one now,
love all season."

STREET STYLE

goin' downtown

Word on the street is: *fun is back* in style. (So that's why everyone's smiling.)

Associate editor Genevra Leek
spots the joy-seekers



"New York City has the
utilitarian look on lock.
Flat shoes, no-fuss frames
and a go-anywhere bag
cement the effect."



"Never underestimate
the mood-lifting effects of
a fine day, flirty dress and
first-rate cup of coffee."



"Three shades of berry give this
jeans and shirt combo a juicy
twist. Neck scarf essential." ➔

"Add jumbo earrings to a sunburst yellow coat dress and you're laughing."



"Far from a fashion flunk, the slogan sweatshirt is a geek-chic girl's go-to."



"Miu Miu's mock croc mini-dress plus pointed flats gives a modern spin to '60s styling."



"The freshest look to hit the city streets this summer: a pyjama suit and matching nail polish."



"The best way to recapture your free-spirited five-year-old self? A denim pinafore." □

"Animal print
glasses never go
out of style."

ALEX PERRY
Fashion Designer

#SpecsaversStyle



Alex Perry 2 pairs single vision **\$199**, 2 pairs multifocal **\$349**



Alex Perry 2 pairs single vision **\$199**, 2 pairs multifocal **\$349**



Alex Perry 2 pairs single vision **\$299**, 2 pairs multifocal **\$449**



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Prices complete with PENTAX standard lenses. Extra options not included. Price for other lens types may differ. Prices correct at time of print. Second pair must be from same price range of frames and lens range or below. Must be same prescription. Frames available while stocks last.

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IT'S THE
THOUGHT
THAT
COUNTS**



*I'm thinking ghd
- the platinum one*



If leaving Christmas in their hands will only end in tears, point them to something you really want – like the ghd platinum® styler. Available as part of the ghd arctic gold range, in the finest salons and ghdhair.com. **#hintghd**

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15 NEW REASONS TO WEAR A WATCH

ELLE's definitive guide to rediscovering *your left wrist*



Watch, \$15,960, Chanel, 1300 242 635

1.

YOU'RE KNOWN FOR RAIDING YOUR MAN'S WARDROBE

Chanel's Boy.Friend watch means you no longer have to – it can be yours and yours alone. Inspired by the bottle cap of Chanel N°5, which in turn is said to be inspired by the geometry of Paris' Place Vendôme, it's like the quintessence of French-girl coolness wrapped up in a perfect timepiece.

2.

YOU LIVE FOR COCKTAIL HOUR

The smallest Longines watch case yet at 16mm, the Mini subscribes to the small is beautiful philosophy – but the 42-diamond-rimmed bezel means it won't go unnoticed flashing next to your champagne flute.

Watches, \$1,775 each, Longines, longines.com



4.

YOU ENJOY GAZING AT THE MOON

Translating to "radiant" in Danish, Skagen's "Gitte" Moon Phase Steel Mesh Watch features a crescent-shaped window that displays the different phases of the moon so you're ready for whatever your stars throw at you.



Watch, \$345, Skagen, 1800 818 853

5.

You have a weakness for drama

Paying tribute to the swirling of one of Monsieur Dior's sweeping ballgowns, this watch – complete with white mother-of-pearl "pleating" – is the modern woman's answer to the Cinderella complex. ➔

Watch, \$21,700, Christian Dior, (02) 9229 4600

3.

You're a minimalist at heart

A Sydney start-up making waves internationally, Christian Paul is fast mastering the value of an understatement with a range of simple, affordable unisex watches featuring a fuss-free marbled design.

Watch, \$269, Christian Paul, christianpaul.com.au



6.

You love the finer things in life

Tiffany & Co.'s Cocktail watch is the kind of piece we can imagine Holly Golightly salivating over in the window of the jeweller's Fifth Avenue store. In 18-carat white gold with 1.16 carats of diamonds, it's a none-too-shabby addition to an LBD.

Watch, \$20,000, Tiffany & Co., tiffany.com.au

7.

YOU'RE A SPY-GIRL TYPE

The Huawei Watch may look like a traditional timepiece, but the simple exterior is just as deceiving as the way you say the brand name (it's Wah-Way). It's actually a smart watch with full circle display, wi-fi connectivity and a heart-rate sensor – plus it pair ups with your phone. Consider it your new undercover lover.

Watch, \$649, Huawei, consumer.huawei.com/au

9.

YOU'RE ONE OF A KIND

Cut from a raw stone sheet and polished to a low sheen, each black stone watch face from The Horse is unique, meaning no two pieces are the same. Because individuality, like your time, is precious.

Watch, \$220, The Horse, thehorse.com.au

10.

You only wear black

Larsson & Jennings knows a fair whack of our wardrobes is darker than a fashion hater's heart, so its directional black-on-black design, the CM Black, combines a matt black bezel and case, a black dial detailed with gun-grey hands and indexes, and a jet mesh stainless-steel strap. ➔

Watch, \$450, Larsson & Jennings, Incu, (02) 9266 0244

Watch, \$1,480, Givenchy, net-a-porter.com

8.

YOUR MOTTO IS FUNCTION FIRST

Named after Riccardo Tisci's lucky number, Givenchy's Seventeen watch looks impressive, sure. But the utilitarian good looks are backed up by interchangeable nylon and leather straps, a gold-plated steel body and scratch-proof lens, meaning this baby is never coming off.

OROTON

SINCE 1938





Watch, \$55,500, Cartier, 1800 130 000

11.

YOU'D WITHER AND DIE WITHOUT JEWELS

Clé de Cartier (Cartier key) is so named for the unique rectangular crown used to reset the time and date. And if this sapphire-studded "key" isn't enough to get you ticking, the pink-gold case with brilliant-cut diamonds and the Bordeaux alligator-skin strap might help.



14.

YOU LOVE INTELLIGENT LUXURY

The new Apple Watch Hermès Double Tour wraps twice around the wrist and comes in a choice of four leather colours, Fauve (tan), Etain (grey), Capucine (red) and Bleu Jean (blue), each with a stainless-steel case. It's frontline tech meets French tradition.

Apple Watch Hermès, \$1,950, Apple, apple.com/au



Watch, \$3,800, Louis Vuitton, 1300 883 880

12.

You're a fashion classicist

While the square steel case of Louis Vuitton's Emprise timepiece is reminiscent of the house's famous trunks, the white opalescent dial and black grosgrain ribbon-patterned calfskin strap are all about the runway. Note the number-free face, because even Nicolas Ghesquière would agree that minimalism is timeless.

13.

YOU LIKE YOUR BUYS IT-GIRL APPROVED

With over 21 million Insta-followers and a huge modelling career, Cara Delevingne could choose any watch she wants. But it's the Tag Heuer Carrera she's put her stamp on, literally. The back of the case features the head of a lion (a nod to her finger tattoo) and the inside of the strap bears her autograph.



Watch, \$5,150, Tag Heuer, tagheuer.com/au

15.

You're a hopeless romantic

If you've been dreaming about wafting around in Gucci's vintage-style florals and geek-chic footwear, the brand's Diamantissima may be the perfect finishing touch. With a black lacquered dial, pink-gold case, diamanté patterning and shiny leather strap, it's one way to bring your vision to reality. □



Watch, \$1,220, Gucci, 1300 442 878



*"Life is either
a daring adventure
or nothing at all."
- Helen Keller*

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A person's arm and hand are visible on the left side of the frame, splashing water. The background is a blurred outdoor scene with greenery and a body of water. A large, semi-transparent gradient overlay covers the right half of the image, transitioning from light blue on the left to bright pink on the right. The text is centered over this gradient.

ELECTRIFY YOUR SUMMER

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MZD Connect standard on Genki model shown. *Optional. MAZ11623_E

IMAGINATION DRIVES US



THE YEARS OF LIVING STYLISHLY

STYLE SEA CHANGE

Anouk Colantoni devised a "quick glam" wardrobe to fit her New York lifestyle

It took a move to the other side of the world, a step down from sky-scraping heels and some new-found curves for Anouk Colantoni to let *her true fashion flag fly*

Back in 2011 I uprooted my life in the Sydney fashion scene in search of change and a challenge. I was obsessively fit, flaunted my pins in sky-high designer heels and hadn't worn jeans since tencel was all the rage – I felt they were "lazy". I collected high-waisted slacks from the '50s, blouses, cardigans and brooches. "Dressing down" entailed leotards and cropped pants à la Audrey Hepburn in *Funny Face* and my nickname among colleagues was "Grandma Fluffy", because I dressed like I was in my seventies (in a super-sexy way, of course).

I had a man, a fantastic beachside apartment

and a small but amazing group of friends. My vegan and raw diet was a way of life and I regularly abstained from alcohol, mostly because of vanity – I wanted to look perfect at all times. Most of my socialising was done at industry events. Weekends that weren't consumed by work were spent making up fun, playful and fashion-world friendly looks so I could dress up every day looking killer (and often semi-ridiculous).

To elongate my stance and prop up my ever-needy ego, I kept three pairs of sky-high stilettos under my desk at the office. A pair of YSL Cage booties, gold glitter Miu Miu dancing shoes and Givenchy black satin pumps never failed to make me feel powerful ➡



@ANOUKCOLANTONI

"JUST AS THE CITY AND I STARTED TO MOVE IN SYNC, I TURNED 30 AND GREW HIPS AND A BUST... THE WORDS SENSUAL, SEXY AND WOMANLY BECAME PART OF MY VOCABULARY"

and fabulous. Never mind that I had to hail a cab to haul myself 50 metres down the street; my calves were killer and so was my trajectory to a successful career – I had it all worked out.

But then burnout took over. The demanding hours, insidiously competitive environment and exhaustingly high standards (most often self-inflicted) were consuming me. In a cliché worthy of *The Devil Wears Prada*, I had devoted my life to fashion, and there wasn't much room left for anything else. So I turned to Julia Cameron's self-help book *The Artist's Way*, listened to Alicia Keys sing about an empire state of mind, and made up my mind to sell off all my possessions and head overseas to New York. Where, unlike in Sydney, to be 27 and looking for a career change was standard, and a style and lifestyle reinvention was practically mandatory.

I arrived in downtown New York with a suitcase sans sweats (because they were for people who let themselves go). Instead, it was full of things I felt I could wear to the events I was manifesting in my new life: a Gucci gown, killer heels, a fur stole. I didn't pack any heavy coats – I had no idea how to dress for a real winter – nor did I have shoes I could walk further than a few blocks in. Sneakers were a dirty word. I may have been in the land of Supremes and Nikes, but I felt they were for mums needing "comfort". I'd only put trainers on if I was off to Equinox to train my perky ass off.

My epiphany only arrived after I found myself on a bicycle – my favourite mode of transport in the non-stop city – riding down Sixth Avenue wearing my velvet Marc Jacobs 12cm-high wedges and waisted hotpants. When I narrowly missed being flattened by

a cab I realised it was time to take a step back... or down. I caved and bought my first pair of Vans, but made them my own "Sexy Sneakers" by hand-illustrating the toes with two girls lounging in their panties. Not only was I newly nurturing the artist within, I was putting my own stamp on practicality, pin-up girl style.

I think Elizabeth Taylor summed up my new outlook on life and new "quick glam" approach to styling when she said: "Pour yourself a drink, put on some lipstick and pull yourself together." Ready for the crazy, fast pace of NYC life, I was thrilled at never knowing where I would end up in any given 24 hours – and I wasn't going to say no to life because of my footwear. My new nickname "Party Panties" came from my new friends' amusement at my boundless energy – styling clients in luxury wardrobes in the morning, illustrating in the afternoon, then heading to an opening or dinner where I'd inevitably end up chatting to an heiress, royalty, artists, writers or bankers. This required practical, hardworking outfits that could take me from 9am to 9pm.

Then there was my body. Just as the city and I started to move in sync, I turned 30 and grew hips and a bust. I went from being a tiny, broad-shouldered girl wearing a size six, to buying new underwire bras. I self-loathed for months, too poor to buy a suitable wardrobe to drape over this foreign figure. But the reaction to my body from men was alarming – no-one called me fat or unfit. The words sensual, sexy and womanly became part of my vocabulary. The image I was portraying with my curves was one of confidence. Shopping at a food market in a fitted navy coat trimmed with white fur one Sunday morning, I found a handsome, to-remain-anonymous actor eyeing me over the aubergines. A few weeks later he found me on Instagram and asked me out on a date. I had found power in dressing to flaunt my figure – and strangely become a champion for positive body image.

Today, I rock out a '50s straw hat from Venice Beach, California, that cost me \$10 and makes me feel like Audrey Hepburn. I'm not just the sassy girl who thought flats were pedestrian. I say yes to life and yes to opportunity, yes to dressing "expensive" for my uptown styling clients, and yes to reconnecting with denim jeans – a cute pair of Levi's 501s – for the life I lead around my home in Brooklyn. I choose elegance over exaggeration. Flattering over fashionable. Because life is too short to dress dully I have kept elements of the girl I was – I have a jumper my old flatmate calls my "Insane Clown Posse" – but I dress for the woman I am and the woman I want to be. Because I am each of these women, and we need to wear comfortable shoes. □





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ELLE CULTURE



FRENCH PEDIGREE

Style icon Lou Doillon is heading south for the summer. The model, singer and actress is as famous for her idiosyncratic fashion sensibility as she is for her family tree (she's the daughter of '60s It-girl Jane Birkin and director Jacques Doillon), but right now she's focused solely on one thing – her music.

Her sophomore album, *Lay Low*, dropped in October to glowing reviews and she lists artists like Dolly Parton, Patti Smith and Australia's Courtney Barnett as inspirations. "I'm obsessed with a generation past but at the same time

I realise all the new poets are around me right now," she says. The 33-year-old used music to step out of her family's shadow and forge her own path.

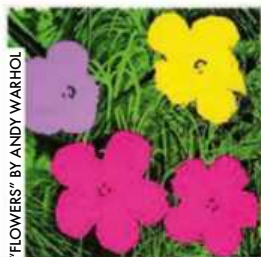
"I started acting when I was 12, so I'd been in the business for 16 years and it still wasn't easy.

I just thought, 'Ugh, I don't think I can do it anymore'. I was playing with my guitar at home wondering how I was going to, A) stumble upon a millionaire, make babies and do music on the side or, B) find a new job." Luckily for fans of her bittersweet songs, Doillon decided to ditch acting, and hits Melbourne and Sydney in January to play *So Frenchy So Chic In The Park*.

sofrenchysochic.com.au

statement makers

In a world first, the works of two iconic artists – *Andy Warhol and Ai Weiwei* – will be shown together in a Melbourne exhibition. *We get you up to speed*



"FLOWERS" BY ANDY WARHOL

In 1987, the year Andy Warhol died, Chinese artist Ai Weiwei took a self-portrait in front of the pop-artist's own self-portrait hanging at New York's Museum of Modern Art, adopting the same gesture. While the two never met, they ran in the same NYC circles for six years and Weiwei has spoken of Warhol's influence on him.

Andy Warhol | Ai Weiwei, National Gallery of Victoria from December 11; ngv.vic.gov.au

For the past three years, a team from the National Gallery of Victoria – led by senior curator of contemporary art Max Delany – has worked with Weiwei and The Andy Warhol Museum in Pittsburgh, US, to produce a landmark joint exhibition of the two artists' creations. "It allows us to bring together the work of two really significant artists, with very different cultural backgrounds... but interesting points of intersection between their work and their influence, not only in the art world but the wider world." Here's your cheat sheet...



"COLOURED VASES" BY AI WEIWEI

ANDY WARHOL



"SELF-PORTRAIT NO. 9"

Pittsburgh, Pennsylvania.

ORIGIN

Beijing, China.

20th-century modernity, known as the "American century".

PERIOD

21st century, and what's being called the "Chinese century".

Warhol was a filmmaker, author, founder of *Interview* magazine and helped produce The Velvet Underground's debut LP, *The Velvet Underground & Nico*.

BEYOND ART

Weiwei is also a curator, architect (most notably designing Beijing's National Stadium for the 2008 Olympics) and political activist critical of China's human rights practices.

1949-1987.

YEARS IN NYC

1981-1993.

His NYC studio, The Factory, was a creative space and hangout for other artists, bohemians, socialites and politicians. Its iconic red couch was found on a sidewalk by a member of Warhol's crew.

STUDIO CULTURE

His Beijing studio, Fake, is a collaborative space filled with architects, designers, researchers and local craftspeople working with porcelain, wood and glass.

"Everyone will be world-famous for 15 minutes."

FAMOUS WORDS

Weiwei is less known for words as he is a gesture, specifically, flipping the bird.

His pioneering approach to modern art has made him one of the most popular and influential artists ever, but many of Warhol's films were once considered too scandalous to be screened. One in particular, called *Blue Movie*, featured a 33-minute sex scene. In 2005, it was screened publicly for the first time in more than 30 years.

COURTING CONTROVERSY

In 2008, an earthquake in China's Sichuan province killed thousands, including more than 5,000 schoolchildren. Frustrated by the government's silence (and suspecting poorly constructed schools were partly to blame), Weiwei launched a "citizen's investigation". Constantly under surveillance, he's been beaten by police, jailed and had his passport seized.

In this exhibition, more than 500 polaroids, taken in the '70s and '80s by the artist, will be on display. Spot Bianca Jagger, Truman Capote and more...

SHEER SCALE

A new addition to his Forever Bicycles series will be on show at the exhibition, built using 1,496 bicycles and measuring nine metres high, 16 metres wide and four metres deep.

"To me, his 'Electric Chair' painting [left] is an intense, extraordinary work. People think about Warhol as being quite surface, but he could be very profound," says Delany.

CURATOR'S PICKS

"Ai Weiwei is an advocate of cultural heritage, and I think his piece 'Dropping A Han Dynasty Urn' [right] delivers an anxious chill and thrill in the viewer."

"CAMPBELL'S SOUP II: TOMATO-BEEF NOODLE O'S"



"ANDY WARHOL IN TIANANMEN SQUARE" BY CHRISTOPHER MAKOS



"DEBBIE HARRY"



"AT THE MUSEUM OF MODERN ART"



"S.A.C.R.E.D."



"FOREVER BICYCLES"



WORDS: LAURA COLLINS PHOTOGRAPHY: WOLFGANG CHRISTOPHER MAKOS THE ANDY WARHOL FOUNDATION FOR THE VISUAL ARTS: ANDY WARHOL/ARS: AI WEIWEI: GAO YUAN





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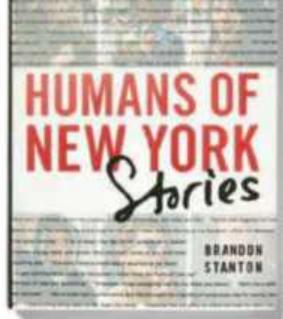


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20-45 minutes to conduct an interview



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fans on Facebook

BOOKS

HUMANS OF NEW YORK *by numbers*

The *man behind the lens* lets us in on what makes his hit blog tick

Every day, photographer Brandon Stanton walks the streets snapping portraits of his fellow New Yorkers, learning each character's unique story and posting it all online for his blog, Humans Of New York. The website has become so popular Stanton is now a star in his own right, regularly being approached on his daily pilgrimage by someone with a story to tell (or just for a selfie). As his new book hits the shelves, featuring both new stories and some old favourites, he shares a few figures...

30 seconds for someone to rattle off an answer they've pre-prepped in hope of bumping into Stanton at some point in their lives

33.3 per cent kerbside rejection rate

44th
President of the United States Barack Obama – Stanton's most famous subject

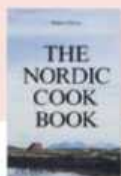
5 years in (and still going strong)

487 tales shared in *Humans Of New York: Stories* (\$39.99, Macmillan), out now

THE TASTIEST BOOKS THIS MONTH *(that we couldn't fit in our Christmas gift guide on p201)*

AN APPETITE FOR EXCLUSIVITY: *THE NORDIC COOKBOOK*

Magnus Nilsson is head chef of Fäviken Magasinet in Sweden's north, noted as the world's most remote gourmet restaurant. Save yourself a very long journey with this book, full of his modern takes on Nordic classics.
\$59.95, Phaidon



A CRAVING FOR ICE-CREAM: *GELATO MESSINA: THE CREATIVE DEPARTMENT*

This sweet guide from the gelato kings is almost as mouth-watering as their Instagram. Yes, it's easier to buy a ready-made cake from them, but that takes all the fun out of it, right?
\$55, Hardie Grant



A HANKERING FOR HYPED-ABOUT FARE: *THE BROADSHEET MELBOURNE COOKBOOK*

Melbourne is famous for its vibrant food scene and this communal cookbook means you can now get your fix of some of the city's best dishes, without having to brave the queues.
\$49.99, Plum



A THIRST FOR A FINE DROP: *WINE TRAILS*

Wannabe sommeliers will consider this tome more essential to a weekend away than a change of clothes. It's packed with winery reviews, places to stay, dinner options and really pretty pictures from Australia and beyond.
\$34.99, Lonely Planet





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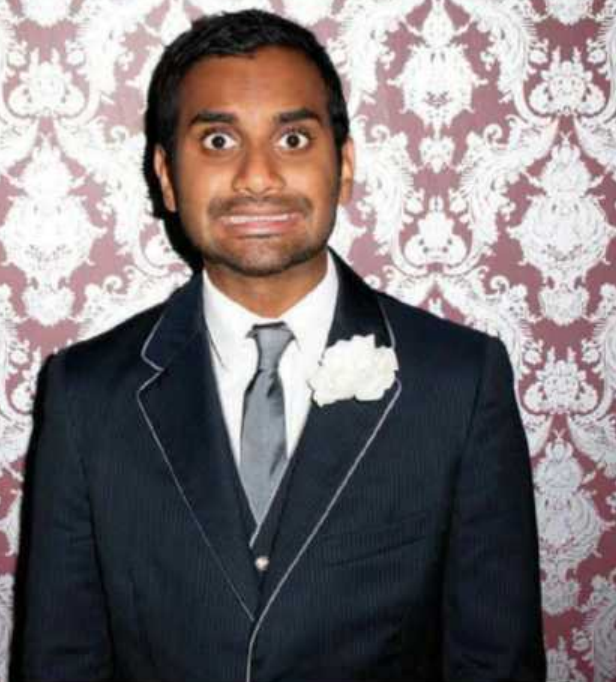
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FILM AND TV

hunger games



Comedian, actor, author and pasta enthusiast *Aziz Ansari* now has a Netflix series to call his own

Aziz Ansari loves food. So much so, he started the Food Club with friends, dressing up in sea captain's hats, dining at buzzed-about restaurants and rewarding them with special plaques if they deemed the establishment worthy. Of course, most people don't know him from the resulting Food Club YouTube video – they know him from his stand-up comedy shows or as the dapper and enterprising Tom Haverford (also a foodie) from cult comedy series *Parks And Recreation*. It's clear, however, that everything he surrounds himself with in life needs to be appetising.

It's been a busy year for Ansari since *Parks* wrapped up in February. He wrote a book, *Modern Romance*, with sociologist Eric Klinenberg that investigates how romance and technology interact (and details Ansari's search for the ultimate ramen). His research went on to influence his new Netflix series *Master Of None*, following the personal and professional life of 30-year-old actor Dev in New York. In stark contrast to the show that helped him break into the mainstream, it seeks to emulate the subtle humour of '70s films. "Some shows now, it's like joke, joke, joke, joke, joke – it just doesn't feel real to me," he says. "People don't talk like that."

A PLETHORA OF PASTA

Ansari's tasted his fair share of Italian dishes (as evidenced below), but one stands out: "It's called bucatini alla gricia [thick spaghetti with cheese and bacon] at Da Cesare al Casaletto in Rome."



Master Of None also addresses big issues, some of which Ansari has faced firsthand, like racism in Hollywood. Was there ever hesitation over spotlighting such controversial subject matter? "I was never not sure about it; I stand by the stuff in the episode. You look at any movie poster or TV show and it could really be called, 'What are these white people up to?' It's still an overwhelmingly white-male-dominated industry."

But with the power that comes from having your own TV show comes responsibility. "With *Parks*, I just went in for a couple of hours, a few days a week, dicked around and I was done. I was just hanging out when I wasn't shooting. With *Master Of None*, I was shooting all the time [either in front or behind the camera]; I definitely wasn't hanging out as much because I was trying to make sure the show turned out great."

There's still time for some fun though, as displayed by Ansari's Instagram feed which shows him eating his way around Italy (see: #LivingSoItalian) with his girlfriend, former Momofuku Milk Bar chef Courtney McBroom, as well as hanging out with the likes of Amy Schumer and his one-time *Parks* co-star Chris Pratt. Yep, he's having his ramen and eating it too. □

Master Of None is on Netflix now

@AZIZANSARI

THE BEST ON BOXING DAY

Head to the movies when you need a break from eating leftover ham



JOY

WHO TO TAKE: Your best friend.
WHAT IT'S ABOUT: JLaw plays real-life entrepreneur Joy Mangano, whose Miracle Mop invention turned her into the matriarch of a home-shopping dynasty.



TRUMBO

WHO TO TAKE: Your grandma.
WHAT IT'S ABOUT: Another biopic; this one, set in the '40s, charts the rise and fall of a Hollywood screenwriter (played by Bryan Cranston) who's blacklisted from the industry for his Communist ties.



DADDY'S HOME

WHO TO TAKE: Your boyfriend.
WHAT IT'S ABOUT: Brad (played by Will Ferrell) is gearing up to receive his #1 stepdad mug when the free-lancing father (Mark Wahlberg) of his wife's two children shows up and a good old-fashioned "dad-off" ensues.



YOUTH

WHO TO TAKE: Your "cultured" cousin who flew in from the UK.
WHAT IT'S ABOUT: Old friends Fred (Michael Caine) and Mick (Harvey Keitel) holiday together at a Swiss spa, contemplating their past, present and future.



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MUSIC

mere mortal

We try our hand at unravelling the musical mystery that is *Unknown Mortal Orchestra*



PORTLAND MASSIVE
From left: UMO bassist Jacob Portrait, frontman Ruban Nielson and drummer Riley Geare

Ruban Nielson is the man, or more aptly, the voice, behind band Unknown Mortal Orchestra.

After working on a third album from his basement studio, the 35-year-old is open about drawing on his experience as part of a polyamorous relationship when writing the songs. (He and his wife had a live-in love triangle with a younger woman for a year.)

Unconventional subject matter aside, the title track "Multi-Love" is upbeat and playful, echoing endlessly out of speakers since last summer. The album of the same name has been deemed their best yet and this month they tour Australia.

YOU GREW UP IN NEW ZEALAND BUT LIVE IN PORTLAND. HOW DOES THE CITY INFLUENCE THE MUSIC YOU'RE PRODUCING?

Portland has a cool energy. I first came here to visit family and for a small town there seemed to be a lot happening. Every single bar and record store I went to had a favourite record of mine, or I'd Shazam what they were playing and it would become a favourite record of mine later.

UMO HAS A UNIQUE SOUND. HOW DO YOU DESCRIBE YOUR MUSIC?

It always seems like a funny thing to try and do so I just try to make it fun. We started calling our music "dad wave". I used to call it "psychedelic R&B", that was the first joke, then "depression funk". We always come up with these really silly genres, because ultimately it's just pop music.

WHEN YOU MAKE A SONG OR RECORD, AT WHAT POINT DO YOU SAY, 'OK, I'M FINISHED AND TOTALLY HAPPY WITH THIS'?

I usually just keep working on it until I start to get this overwhelming feeling, like a high. I make the songs for myself and at some point, I get this feeling where I have to keep listening to it over and over again and I figure if I'm doing that, other people will want to as well – whatever I've put in there has got that weird addictive quality, like junk food.

YOU'RE IN AUSTRALIA THIS MONTH TO PLAY A BUNCH OF GIGS AND FESTIVALS. NEWCOMERS MIGHT BE SURPRISED TO HEAR THE DIFFERENCE BETWEEN YOUR LIVE SHOWS AND ALBUMS...

Yeah, when I'm making my music I'm usually by myself, so it's more meditative and mellow. I started out in punk bands so a good live show, to me, has those kinds of intense elements (and that's not really what I'm thinking about when I make a record). We try to play different shows every time, to be the kind of band that people come and see again and again. I want people to feel like they got something special from it; for it to be a real experience. The idea of a "band" is disappearing,

but one of my favourites is Led Zeppelin; I always loved how each member of the group held their own and was showcased in their own way on stage. I get excited about the idea of being part of a unit where all the members are strong and spotlighted at different times. I also think it's cool to have musicians playing with me and contributing something; I don't want it to be the Ruban Nielson show. ☐
Unknown Mortal Orchestra tours Australia from December 3

→ **ADELAIDE** He's more than just Cara D's bestie. Sam Smith hits town on December 1. theaec.net

→ **BRISBANE** Sonic Youth fans rejoice. Guitarist Thurston Moore's namesake band plays December 7. oldmuseum.org

GREAT GIGS THIS MONTH

Some epic acts have washed up on our shores for festival season

↑ **SYDNEY** Guitar funk electro at its finest. Ratatat will deliver the goods on December 3. metrotheatre.com.au

↑ **PERTH** Drum and bass done right. Rudimental will pump out their hits on December 1. metroconcertclub.com

← **MELBOURNE** Soulful love ballads and an epic beard. Father John Misty plays December 9. forummelbourne.com.au

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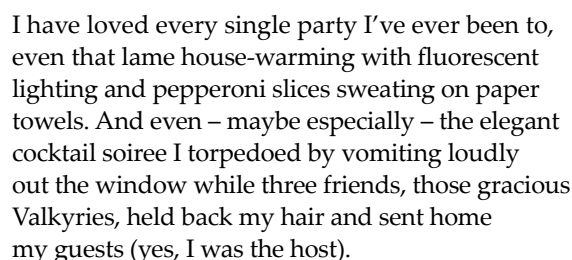


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An invitation to a party (such a simple, optimistic noun) launches me into a flight of pleasurable anticipation that lasts for days. What will happen? Who will I meet? What will I wear? Odds are I'll wind up cornered by a bore or snubbed by a snob but the potential for magic overrules such risks.

I've met boyfriends at parties but also friends. Like Jenny, who materialised several years ago at my annual Eggnog & Fancy as someone's plus-one. We were magnetically drawn to one another's outfits (her silver sweater, my op-shop emerald velvet gown) and fell into a long and fascinating conversation. The following year I invited Nikole, an old flame of my brother's I'd never met, who impressed me by showing up alone to a party where she knew not a soul. Today I count both women among my closest intimates.

I'll happily endure a thousand more Sunday-morning-afters of emptying out peanut bowls and ashtrays, washing eggnog cups and wine glasses, for the promise of such sparks and long-lasting warmth.

KATE BOLICK is the author of *Spinster* (\$27.99, Murdoch Books)

Ralph's 21st was a night to remember. It was 1975, Supertramp and David Bowie's "Young Americans" boomed and the pool table was covered in booze. The host, my ex-boyfriend Ben, had his custom-sprayed Honda motorbike parked centrestage, more like an object of worship than a mode of transport.

I ended up in the lounge room with his best friend Ralph, the guest of honour. Suddenly Ben was drunkenly lunging across the glass coffee table, grabbing me by the wrist. "It's been fun having you, Jane, but now you leave!"

Having witnessed me flung across the room to the sound of shattering glass, Ralph squared up to Ben but was restrained by friends. Then Ben threw everyone out. He lost a lot of mates that night. I still feel bad about that but, 40 years on, Ralph and I are still together.

JANE CARO is the author of *Plain-Speaking Jane* (\$34.99, Macmillan)



'Tis the season to make merry, and in honour of all the end-of-year bashes playing out across the world, we asked writers to recount their *most momentous celebrations* (eggnog, punch-ups and an SJP sighting included)



Just as nobody ever imagined Kendall Jenner giving Kim Kardashian a run for her money, having low expectations for parties is the best way to make them blow your mind. The nights you think are going to be jump-in-the-pool-fully-clothed good times? They never are. It's why I can't be bothered making New Year's Eve or Melbourne Cup plans.

All you need for a cracking party is a handful of people you love, a goodly amount of booze, a playlist that covers all bases (Kanye to Kylie) and decent carbs to soak it all up.

The best party I've ever been to was my first house-warming. I felt so grown-up to finally have my own place, and so proud to share it with my boyfriend.

Looking back, maybe I could have spent a little more on the drinks and not served my guests bottle after bottle of \$10 sparkling. Perhaps I could have warned my neighbours (oops). Or armed myself with a never-ending packet of aspirin for the morning after.

Try as I might, I could never recreate the buzz of that night. I'd crammed 50 friends into a tiny apartment, cranked up Fiona Apple at 2am for a '90s karaoke session and didn't care about the red wine stains on the carpet I'd mortgaged myself to the hilt for. It was never meant to be the best party ever, but it absolutely was.

LAUREN SAMS is the author of *She's Having Her Baby* (\$29.99, *Nero*)

It was 2007, and my publisher Grant and I had arrived at the entrance to a large, glamorous tent, erected just outside the Conservatory Garden in Manhattan's Central Park. We were clutching our invitations to a runway show and glittering black-tie dinner, celebrating the 40th anniversary of the iconic American designer Ralph Lauren. It was New York at its finest.

We scanned the crowd excitedly as we made our way to our seats. Carolina Herrera smiled and wished us good evening, elegant in emeralds. The front row was studded with American royalty: Robert De Niro, Mayor Michael Bloomberg, Dustin Hoffman... designers Diane von Furstenberg, Donna Karan and Vera Wang.

The typically elegant fashion show finished with Mr Lauren receiving a standing ovation, striding down the runway to the strains of Frank Sinatra's "The Best Is Yet To Come", stopping to kiss his wife Ricky.

The painted background was suddenly swept aside to reveal a starry, steamy garden, tinkling fountains and a phalanx of Hollywood-handsome waiters proffering crystal champagne flutes, all under a canopy of enormous Venetian chandeliers, illuminating a dining platform in the treetops. We gaped with awe, marvelling at the super triple-A crowd that included Martha Stewart, Diane Sawyer and Barbara Walters.

As I made my way up the stairs, my program poked a guest in the arm and I turned to apologise. Sarah Jessica Parker smiled broadly back at me and we skipped up the last few stairs together. That will forever be my New York Moment.

KIRSTIE CLEMENTS is the author of *Impressive* (\$45, Melbourne University Press)

THE SILENT TREATMENT

Breaking up has always been hard to do, but does our *modern reliance on mobile technology* mean we don't have to do it at all? Annie Stevens investigates

They're either a douche or they're dead," a colleague said with slightly alarming confidence when I asked what she thought about "ghosting". Clearly a victim, her words will ring true for anybody who's had a new crush or casual hook-up vanish without a trace. No "this isn't working" text, no abrupt unfollow on social media, definitely not a phone call and not even a Post-it note on the laptop in the manner of *Sex And The City's* Berger. They just... poof, simply disappear from your life.

It's nothing new. Ghosting – or the slow fade as it's sometimes called – has always been around (no doubt some caddish Neanderthals simply switched to another cave) but it's now become the way we

expect to be dumped. Or, at least, how we *know* we've been dumped. It's the opposite of consciously uncoupling and the antithesis of all that talk about "us" and "where is it going" and "it's not you, it's me" – and it's a break-up method that really defines our time.

"Dating communication has shifted lots thanks to mobile technology," says UK-based dating coach Hayley Quinn. "Now instead of fearing not getting a phone call, people are worried when they know their WhatsApp has been read but not responded to. As communication is much more constant due to chat-based messenger services, not responding is now a clear indicator 'it's over'."

Dr Nikki Goldstein, a Sydney-based sexologist, relationship expert and author of *#SingleButDating*,





agrees that an unanswered text in the age of constant contact (“if a guy’s into you then he’s picking up the phone”) is a fairly clear sign that somebody isn’t feeling it. There’s only so long you can convincingly tell yourself that they might be busy, or that maybe their dog died.

The thing is, breaking up has always been hard to do (thanks Neil Sedaka). It’s awkward, undignified and somebody usually cries. So it makes sense that a 2014 poll of 1,000 people commissioned by YouGov/*The Huffington Post* found that 11 per cent of Americans had ghosted someone, and a survey of 185 people by *ELLE* US found nearly 17 per cent of men and 24 per cent of women had done the disappearing act. A study by American think tank Pew Research

Center also found that among millennials, 15 per cent have experienced a break-up by a slow drift, while 31 per cent have been broken up with by text. This is despite the fact that 78 per cent stated that an in-person break-up is the most acceptable way to dump someone.

But there are consequences to trying to avoid “the break-up talk” by slowly fading out rather than talking it out. Goldstein says never really calling it quits properly can lead to an inability to deal with difficult situations. “We’re living in a society that’s scared to be awkward or uncomfortable – a quick-fix society looking for a quick solution,” she says. “And with relationships in general, we’re too scared to be honest and have these awkward conversations.”

Our current dating habits might make it easier to bail, but they’ve also made it harder to gain some much-needed distance. Geo-location dating apps mean there’s a chance your flatmate might bring home that man who never called you back. Meanwhile, if you can check Instagram and see what the guy you went on five dates with just had for breakfast, or if your hook-up added you on Facebook, can you ever truly vanish?

Goldstein calls it “recycle dating”. Or you could think of it as a soupy pond that everybody’s swimming in and, yes, they’re going to talk (maybe even rant online) about you. Consider Lulu: an app launched in the US and UK that lets female users rate males as if they were reviewing the corner cafe on Yelp. Think for a moment about the consequences of that for dating if it launched in Australia – or if a version to rate females was created. “Our behaviour can impact our dating future, who’s going to say what about you – if you’re not showing someone the common decency of giving them closure and a cut-off, there’s a risk they might take it out of proportion,” says Goldstein.

But just like never replying to that email from your high-school friend about the drinks neither of you really wanted to go to, ghosting *can* be an appropriate method of breaking up – like if a guy is scoring off the charts on the creepiness meter, or if the “not feeling it” is mutual and you’re in the very early days of dating when an official split would be kind of weird and unnecessarily dramatic.

For 32-year-old communications executive Matilda*, not quite breaking up is appropriate in some situations, with one caveat: don’t do it after you’ve been intimate. “After a few dates you can realise you’re not into someone and it’s awkward to tell them that – they might think it’s arrogant ➔

since you barely know each other," she says. "In those cases I fade out and stop replying to their messages, hoping they get the picture – they always do. But I can hand-on-heart say I would never, ever do that to someone I'd known longer or had sex with – you have to give anyone who may have emotionally invested in you the respect they deserve."

In the age of digital dating, Quinn says the old saying about treating others as you'd like to be treated is still pertinent. "Treat others well and have the self-confidence to be upfront – it will be a lot easier if you bump into them again, too." (Or when their profile pic inevitably pops up on your Tinder again.)

The impact of technology on the way we approach dating and break-ups can't be understated. For one thing, it's helped create a veritable buffet of options for potential partners – which can lead to not really making a choice at all. It's something particularly relevant in these FOMO-riddled days. As Quinn says, "We now have what scientists are calling a 'lack of mate scarcity', which means we have lots of options so find it harder to commit."

London-based lawyer Christopher, 33, who's now in a happy relationship after dabbling with dating apps, agrees that the modern way of meeting people can lead to a "grass is greener" culture – a particularly fertile one for bailing out. "[Dating apps] require little effort except the use of your finger to swipe right or left... so it's easy to see what else is out there for you," he says.

This choice creates what Goldstein refers to as a disconnected dating state. We might be swiping on more and more people and sending lots of carefully chosen emojis to them (hello, eggplant), but we may be missing out on genuine connections. "[We] have too many options so we become easily disposable," she says. "If you went on a date with someone who didn't quite tick all the boxes, you know you can jump on Tinder even before the date has finished and make plans to meet someone else. We're disconnected because we're distracted."

Another by-product of this disconnect, says Goldstein, is accidental ghosting. "I see it a lot where women go on a date with a guy and leave the date thinking he will call them, and believing that a woman should be pursued by a man and not

"TECHNOLOGY HAS HELPED CREATE A BUFFET OF OPTIONS FOR POTENTIAL PARTNERS... WE NOW HAVE WHAT SCIENTISTS CALL A 'LACK OF MATE SCARCITY', WHICH MEANS WE HAVE LOTS OF OPTIONS SO FIND IT HARDER TO COMMIT"

budging on that. At the same time, the guy is sitting there thinking, 'I haven't heard from her, she mustn't be keen'." Goldstein blames this on an over-reliance on "tactical dating" or game playing. "You don't want to seem eager, but he thinks you've ghosted him," she says.

It's not all grim though: choice is a good thing, not settling for second best should be commended and looking for real love – be it on a dating site, *The Bachelor* or at your local pub – is always a worthy pursuit. "The biggest thing is anti-distraction dating," says Goldstein. "Be mindful of not having a long dating checklist... [instead] be

open-minded to people in front of you. Be present."

Ultimately, putting yourself out there can lead to rejection and that sucks, regardless of who the snub comes from and whether it's via one final sad Snapchat sext, a face-to-face showdown or a vanishing act. Moving on, however, can be empowering, as is being upfront about what you do and don't want. And having a handle on that will only free up more time to carefully craft that eggplant-laden message – and send it to the right person. ▣

SO YOU'VE BEEN DIGI-DUMPED

Your heart hurts like hell. We get it. But there's life beyond crying into a tub of Ben & Jerry's or brooding over an Adele soundtrack. Try these tech tricks to help you recover.

RX BREAKUP This app is there for you when you're tempted to drunk dial your ex. It basically works as a 30-day program, teaching you how to sort through your feelings, giving you homework to do and helping you figure out the mistakes you're making in your love life. One reviewer described it as the "next best thing to professional help".

Free on iTunes

BLOCK YOUR EX Getting over a break-up is even harder when you can still read your ex's live tweets of the cricket or see who he went out with on Saturday night. Block Your Ex is a browser plug-in that lets you remove your former love's internet "presence" from your life. His Shane Warne jokes probably weren't that funny anyway.

blockyourex.com

HEADSPACE Everybody is talking about meditation and mindfulness, and even if you hate the thought of sitting still with your heartache, carving out the space for those feelings could be therapeutic. This program takes you through a guided meditation in 10 minutes, with the creators describing it as a "gym membership for the mind". Can't hurt, right?

headspace.com (free for first 10 days, then subscription-based)

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THIS IS
HOW IT
FEELS TO
HAVE
OCD

As her condition started to derail her life, Jemima Thackray had to discover how to *take back control of her mind*

I'm at the doctor again. "There's pressure in my head, behind my eyes – perhaps it's a tumour," I tell the poor young GP, who takes one look at my medical notes and then tries to find the most sensitive way to tell me these symptoms are, yet again, a figment of my imagination. He doesn't even examine me. He doesn't need to: I'm a completely healthy 21-year-old. Yet there *is* something growing in my head: the invasive thoughts of obsessive-compulsive disorder (OCD).

About three per cent of people will develop OCD at some time in their lives. This is a conservative estimate – many people suffer in silence because they're too embarrassed or don't realise they have a problem recognised by the medical profession. You'll identify the common manifestations of OCD from the TV. Most people think of the constant rituals. We flippantly say people who are super tidy are "a bit OCD". But that's not me. I don't wash my hands a hundred times a day. I don't hoard stuff or make sure everything is arranged in straight lines or endlessly lock doors. I have what psychotherapists sometimes call Pure O – my only compulsion is to dig deeper and deeper into an

anxiety-inducing thought. The process is known as “checking” – returning repeatedly to a fearful thought to check it isn’t true.

“What’s that flutter? A palpitation?” I’d think. “Perhaps my heart is failing. Come on, it’s fine, you’ve had your heart tested and it’s fine. I’ll just check though, just to be safe, because there might actually be a problem this time.” Then the floodgates would open. The moment I “checked”, the fear would take root – by giving the idea credence it would start to propagate. “Because that test was a month ago now. What if something has changed since then? Oh God, what if I die? What will happen to me? What if my body

dies but my mind lives on, just wandering around in oblivion?"

The vicious cycle of symptom-thought-check would continue throughout the day, whirring inside my head as I tried to get on with normal life, like background music on loop that I would keep tuning in and out of, get distracted from and return to. It was exhausting. My obsession was that at any moment I might drop dead from an undiagnosed illness – a rather introspective preoccupation, perhaps typical of a middle-class girl with no real problems.

At the height of my OCD, I would think about death and what might be wrong with my body every hour of the





"I WOULD THINK ABOUT DEATH AND WHAT MIGHT BE WRONG WITH MY BODY EVERY HOUR OF THE DAY. EVERY PHYSICAL SENSATION WAS ANALYSED"



day. Every physical sensation was analysed and could trigger a barrage of overwhelming thoughts. It didn't help that the resulting anxiety did in fact give me physical symptoms – tight chest, dizziness, numbness in my extremities – which would further convince me I was seriously ill.

In hindsight, I realise my need to "check" had been a feature of my thoughts for years. From childhood I had the habit of searching back through my mind for worrying thoughts I'd forgotten, just to be safe; I would re-read lines in books to "check" I had taken everything in. But the trigger for my period of full-blown OCD was a university summer holiday spent working in Uganda in 2004, aged 20. (The twenties is the most common time for women to develop OCD, while men tend to succumb during their late teens.)

I woke up one morning with a fever – I remember shivering uncontrollably even though I was wearing three coats in the heat of the day. A local doctor pricked my finger, smeared the blood on a dirty piece of glass and announced I had malaria (I later found out, "malaria" was a catch-all term for flu-like symptoms). A private doctor in the city said the cause was more likely an amoeba. Whatever it was, I took some drugs and was fine within a few days.

For someone whose worst illness was previously a bad cold, the experience of being diagnosed with a potentially life-threatening infection while on my own in Africa was a trauma that my OCD-prone mind could not cope with. I returned to university for my final year, but over the following months I became increasingly preoccupied with my health. The fact that my English degree involved only seven hours in class a week meant I had even more time to obsess and the problem quickly snowballed out of control. Instead of reading, I would spend hours googling imaginary symptoms, convincing myself I had every type of cancer, HIV (a common preoccupation for OCD sufferers, I would later learn), a heart defect... the list was endless.

After several medical investigations – copious blood tests, a referral to a specialist and an electrocardiogram to check for heart abnormalities – one

perceptive GP realised my illness was mental rather than physical. Hearing him say my mind, not my body, was the problem produced mixed emotions. There was relief (a diagnosis at last, even if it wasn't the one I was expecting), but also shame about how catastrophically my rational faculties had let me down.

I was so distracted that I was finding it hard to cope with everyday social situations. Normal conversation was almost impossible – even my friends were becoming increasingly exasperated spending time with me and would seem frustrated each time my sentence trailed off and my eyes glazed over. I think they felt powerless to help me as I began taking my pulse for the umpteenth time; their words of reassurance weren't getting through.

Fortunately, my boyfriend (now husband) had endless patience and learned ways to distract me. He used to call these episodes of paralysis my "schemozzles", a word from his Jewish upbringing describing my state of fear and confusion. We had known each other from school, so were already good friends when we got together. Without this foundation, I'm not sure we would have made it: OCD can take its toll on relationships because it makes the sufferer turn in on themselves in a way that can seem selfish and self-indulgent to the outside world.

By the time I was midway through my final year at university, I could barely concentrate on studying. So the GP and my university department came up with a plan to allow me to finish my degree from home. Back in my parents' house, Mum would bring me cups of tea and we'd talk for hours, trying to figure out what had gone wrong with my head. But it was only when I was referred for cognitive behaviour therapy (CBT) that I began to notice the first signs of improvement.

CBT is known to be the most effective treatment for OCD due to its focus on thought control. Although I was desperate for help, I was sceptical at first: "What do you mean, don't think my thoughts? They just come into my mind; they're who I am!" But what I initially wrote off as insensitive advice from an overly rational clinician, who

I felt was failing to understand someone as finely tuned as me, actually turned out to be the key to my recovery.

The principles of thought control in CBT have helped me and thousands of others see that we are not, after all, the product of our musings; that everyone has weird, intrusive stuff come into their heads. Some know instinctively how to push these thoughts away, while others, like me, may have to learn how to do this with the help of a few mental tools. My mental tool was to categorise my thoughts into truths and lies, sorting them into piles as soon as they entered my head, putting all the negative thoughts on a rubbish pile that I wasn't to touch.

At first I might only manage to "throw away" one thought, then spend the rest of the day obsessing. It felt like the tiniest of victories when I had a whole war to fight; it was hard not to get discouraged. But progress soon became rapid and within a few months – a year since the OCD had started, and just a few months after I had graduated – I had gained enough control to start my first postgraduate job.

It's now been 10 years and I can honestly say it's like I've had my brain rewired. I spent much of my twenties putting CBT principles into practice and now, not only do I bat away fear-driven thoughts almost automatically, but I also mentor women who are going through the same thing. I don't feel regretful or ashamed, because I've learned our thoughts are changeable and fluid and certainly not the last word on who we are. But nor are they merely the by-product of randomly firing neurons: they are a fragile and beautiful part of being human. □

For more information about OCD, visit beyondblue.org.au

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A close-up portrait of Keira Knightley. She is wearing a vibrant, multi-colored geometric patterned headscarf (red, purple, pink, white, and blue) tied around her head. She has purple eyeshadow, bright red lipstick, and large hoop earrings. Her hands are raised, touching the scarf. The background is a clear blue sky.

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KEIRA KNIGHTLEY

Whenever Keira Knightley is talking, she does so with the urgency of having just witnessed a robbery attempt. No matter the topic, you can feel her need to say what she needs to say concisely and clearly, in a rush of words wrapped and ribboned in her English accent. Everything sounds all very exciting. It's a genetic trait – the D in her DNA being drama.

Two years married to indie rocker James Righton, with whom she has a new baby called Edie, the actress celebrated her 30th birthday in March, the events of which she's regaling us with unintermittent speed: "I was heavily pregnant, I couldn't drink – what's the point of having a 30th birthday if I couldn't get phenomenally drunk? But my husband took over, arranged a lovely lunch at one of my favourite restaurants, 20 of us, and they were all being so sweet, like, 'Look, you can have a great time and be sober!' And it's fine apart from the fact that they started drinking at about one. Then they came back to our house – they'd covered it in balloons that said my name and happy birthday and all that – and they got completely obliterated. They were there until two or three in the morning, absolutely drunk, and I was there eight months pregnant, completely sober. So it was lovely, but it wasn't what I'd imagined a 30th birthday was going to be."

Then she says something surprising: "My twenties were pretty crap." *Really?* With those mink eyes, the golden-ratio bone structure, the rosebud mouth and perfectly imperfect teeth? With more than 30 feature films and two Oscar nominations (for 2005's *Pride & Prejudice* and last year's *The Imitation Game*)? "My career was absolutely amazing; in fact, I don't think my career will ever get better than it was in my late teens/early twenties," says Knightley. "But as a person, you're changing so much and you're trying to figure stuff out. Some people go wild and have a great time and throw caution to the wind, and I was the complete opposite. I was very shy. It took me a lot of years to try to stop pleasing a lot of people and allow

myself to have fun. It's the difficult thing of getting out of your own head. To stop going, 'Oh, there's something I should be doing, there's a way I should be behaving, I should be dressing...' All of those shoulds, you can drown in them."

Let's discuss the curious case of Keira Knightley: the cool phenomenon of seeming older when she was young, and younger now she's turned 30. She was only 17 when writer-director Richard Curtis cast her as newlywed Juliet in *Love Actually* – already a veteran with 20 screen credits, but at the same time, "She didn't seem to be this actress," says Curtis, who wrote *Four Weddings And A Funeral*, *Notting Hill* and *Bridget Jones's Diary*. "The great problem with actors is that they get formal or become a heightened version of themselves." He chuckles. "We were having lunch the last day of shooting [*Love Actually*] and she was describing 'some pirate thing' she was going to do. No idea whether or not it would be good, and no particular interest. Just the idea she was going to be able to fight with a sword."

Eager to explore extremes, a barely-20 Knightley went from *Pirates Of The Caribbean's* cutlass-carving damsel Elizabeth Swann to literary heroine Elizabeth Bennet to the real-life drug-addicted bounty hunter Domino Harvey in such quick succession that *Pride & Prejudice* director Joe Wright recalls watching his star "wearing her empire dress out on the lawn, practising her nunchucks". He went on to cast her in his adaptations of *Atonement* and *Anna Karenina*, chronicling her growing up on-screen, "from a girl, to a sexualised woman, to someone liberated and brave".

"She always connects those period characters to the present," says indie filmmaker Lynn Shelton, who directed Knightley as an emotionally stunted slacker in the underrated *Laggies*. "You feel that physicality and modern spirit in all her roles. She's very real."

Such is her facility and screen impact that it took the actress only five days of shooting six scenes to break our hearts in the recently released *Everest*. Knightley portrays Jan Hall,

whose husband Rob, a professional climber and guide, didn't survive a 1996 Mount Everest disaster and famously called his pregnant wife via satellite phone from the top of the mountain, where he was stranded in a storm, to say goodbye to her. "When Keira's on-screen, she's us," says the movie's director Baltasar Kormákur. "She's at home with a child, and the guy is dying on the mountain. You need an extremely strong actor to do that in the moments she gets."

At 30, Knightley, having survived her "crap" twenties, is adventuring into a more interesting phase of her life and career...

You star in lots of films based on novels. I spoke with your Jack Ryan: Shadow Recruit director Kenneth Branagh, who said, "Keira never had a newspaper or novel out of hand". What books do you hold dear?

Somerset Maugham's book about Gauguin... oh, you can tell I've got serious baby brain! *The Moon And Sixpence*. Then Jeanette Winterson – huge influence. That kind of almost magical realism she creates and the gender bending and the droll female character. And *The Fountainhead*. As much as I'm not for the Ayn Rand politics, the idea of the Howard Roark character for anyone creative is an incredibly inspiring thing. I could go with Tolstoy – but that's so obvious. I read *War And Peace* when I was 18 and again when I was about 25. As much as everybody says it's the best book ever written – I think it is the best book ever written! – you feel like such a wanker when you read it. My husband read it last year, and it took him ages. He's like, "If I take this on the tube, people are just going to think I'm a wanker!" But you read it and you just think, "Yes, this sums up the whole of humanity".

What are your touchstone films?

Lost In Translation was a big one. I love that musical that Björk's in – *Dancer In The Dark*. I remember seeing it when I was making the second *Pirates*, so I reckon I was about 21, and I just sat there and sobbed in a very vocal way that I'd never done watching a film before. It's a painful experience ⇨

watching that, but it's also kind of so unbelievably... not life-affirming but it has that incredible cathartic quality. Which is why I've always loved drama so much. I love that thing of being forced to feel empathetic for people you don't know in situations you can't really comprehend. You're taught how to comprehend them through a film. It is manipulating your emotions, but in a way that allows you to grow if you let it. It's magical.

Can acting be a form of therapy?

I had a certain bit of work where I was really interested in exploring the things in myself I really didn't like, like jealousy. So *Never Let Me Go*, the character in that, I used her in a way to examine that emotion. I suppose in a funny way to try to expel it.

You don't strike me as the jealous type.

I played it before I was 25, and I'd watched people who were so, so amazingly... oh God... happy, maybe? [Laughs.] And I'd go, "How the fuck did that happen? How can you be such a sorted human being?" Probably I was jealous of that. People are always jealous of what they don't have or what they perceive themselves not to have. Compare yourself to anyone and you'll always find yourself wanting. You imagine that other life. Therefore you imagine it to be 10 times better than where you are. Therefore you feel jealous of that person or thing you're imagining. I definitely fell into that – and do fall into that – trap. In almost any other human emotion you can find something positive. But jealousy in itself becomes entirely corrosive.

Have you ever been in therapy?

Oh, fuck, yeah! [Laughs] I've totally done therapy. I highly recommend it. I don't do it at the moment. But in my early twenties when I found everything completely overwhelming, 100 per cent I did it. Are you kidding? I think when you're in those moments in your life and you want to get through them, you have to do whatever it is to help get over it. You have to give it a go. Try anything that might help.

I recommend drinking...

I have to say, at a certain point, going out, having a fucking good dance, getting drunk and falling over can

really fix a whole load of problems. I mean, until you turn into an alcoholic because that's the way you're coping with everything – obviously that's a whole other problem. But yeah, I say getting a load of girlfriends and going for a really stupid dance and getting drunk is an excellent thing!

You've been married for a little over two years. How did you know you were in love?

Hmm, I don't know. God... I don't know. Christ... how do you know when you're in love? Um, probably just when you want to spend all of your time with somebody? I think that's it, really. Yeah. It's someone you feel entirely comfortable being yourself with. That's it, really, isn't it? James and I were talking about this last night – we both have this nervous thing about silences. Particularly if we're going out to have a good time around dinner tables, we find that we just talk the whole time, and we were actually thinking that maybe we're going to be that couple that people stop inviting. Because we're just talking, and we're being really boring.

You have said that when you met, it wasn't love at first sight.

It was probably lust at first sight! [Laughs.] Love comes afterwards. I think it's humour. Humour is the big one. It's funny what attracts you to somebody. I have no idea what that thing is. You can't put it into words, can you? Have you ever tried to set two friends up? It absolutely never works. These two people like the same things, they like going to the same places, we're friends so they like the same people. That doesn't mean there will be anything between them. So it really is a mystery what makes people get on. We always think we can control everything, and you can't at all. I think it's very romantic.

Tell me about life with Edie.

The love thing is astonishing. It's a very primal love. That's quite extraordinary. And the ability to have no sleep and continue going. It's not pleasant – I never thought I could do it for the amount of time I've done it. Also, I have to say, as a woman, you hate certain parts of your body. You go through those periods where you

look in the mirror and you think, "If only I had different legs or arms or whatever". But you go through pregnancy and labour, then feeding the kid, and you go, "Wow, my body is totally amazing and I'm never going to not like it again, because it did this, and this is fucking extraordinary!"

You're fine with going topless on film, yet you won't show your bottom. What's up with that?

I have no idea! I'm so small, I just never had a problem [showing my breasts], and I always used to go on holidays in Europe, and if you go to the beaches, everybody's topless and my mum was always topless. So it was never an issue. I've always been completely fine with the top but not the bottom. And I still am, particularly now I'm breastfeeding because they're just out the entire time. It's a whole other thing with the bum. It's just one step too far. I understand it makes no sense. Humans, we're nonsensical beings.

I find it telling that when you were little, you thought you'd grow up to be a man.

I was convinced. I thought that's the way it works. Did you ever notice boys and girls playing? Girls are always in charge, very little ones; it changes when they're about 11. But before 11, the girls are the bossy ones – they come up with the games. The boys generally follow the girls. One of my best friends was a boy – he's a man now, we've been best friends since we were two – and I would always boss him around and tell him what to do, and I still do! So clearly girls grow up to be men and boys grow up to be women!

Much more fun to be a woman – the clothes, the makeup, the beauty contracts... Honestly, do you wear Chanel Coco Mademoiselle?

I do! It was my perfume before I signed to be the face of it. It was the first women's perfume I've ever worn because I always found them too sickly and sweet. I always wore men's scents before, and then a friend bought me Coco Mademoiselle for my 20th birthday. I signed with them at 21, and I've worn it ever since. And I'm not lying – it's lovely! I even got to go see how it's made.

Then there's the other side to you – you started doing charity work from a young age for UNICEF and Oxfam.

We went to Ethiopia, into the slums, when I was 18. I'd never seen poverty like it. And it began to rain and so many people came out of their houses and invited us in for coffee and shelter. I thought, "These are people with nothing: no running water, no sanitation, no access to medical aid. And they saw that it was raining and a group of strangers were walking down the street, and they said, 'Do you want to come in, take shelter, have a cup of coffee?'" Often I go to these places and I feel very unhelpful, because you go through a refugee camp and people think you're a doctor – because that would be helpful – or an aid worker, and you're like, "No, I'm an actress". And that's unhelpful in a refugee camp. The only thing you can help with is to try to raise money.

You've made your Broadway debut in an adaptation of Émile Zola's novel *Thérèse Raquin*. You've turned down the role of Thérèse more than once in the past.

Because I had no fucking idea how to do it, and I was terrified by it. I'm still terrified by it! I thought that was a good reason to say yes. I thought, "Fucking hell, I'm going to have to face it". In many ways she's a completely hideous creature and she does hideous things, yet what I find interesting is you can see how you could start at one place and end up doing the thing she does, which is murder. Zola is famous for being the king of realism. Really looking at humanity. Taking religion out of it and looking at people at their basest level – their wants and needs in a purely animalistic way. If you give into those desires, they can destroy you. It's a dark piece of work. It's almost on the cusp of being horror. It's about being haunted.

I'll raise a glass to that!

If I wasn't breastfeeding, I'd 100 per cent be having a glass of wine with you. Save a glass for me!

Where will we find you in 10 years?

The only goal I ever had was to become an actress and I did that. Set yourself goals and you also set

Jacket, \$6,906, belt, \$858, both **Ralph Lauren**, (02) 9410 2038; earrings, \$POA, **Pomellato**, pomellato.com; brass cuffs, \$1,765 each, both **Jennifer Fisher**, jenniferfisherjewelry.com; silver cuff, \$907, **Saskia Diez**, saskia-diez.com

BEAUTY NOTE

A plunging neckline calls for a sexy, feminine scent. Try *Coco Mademoiselle*, \$159 for 50ml, **Chanel**, 1300 242 635

yourself up for disappointment. I'm much more like, let's see where the wind will take us.

Are you game for a game? What comes to mind when you think of your *Pirates* co-star Johnny Depp? Johnny Depp is lovely and has lots of really good red wine.

Your *A Dangerous Method* co-star Michael Fassbender.

Fun, fun, fun, fun, fun! With lots of exclamation marks!

***The Imitation Game*, Benedict Cumberbatch.**

Aww, sweet. He's my mate.

***Begin Again*, Mark Ruffalo.**

One of the kindest men in the entire

world and positive – so amazing. ***Domino*, Mickey Rourke.**

I fucking love Mickey Rourke. He taught me how to box.

***Love Actually*, Hugh Grant.**

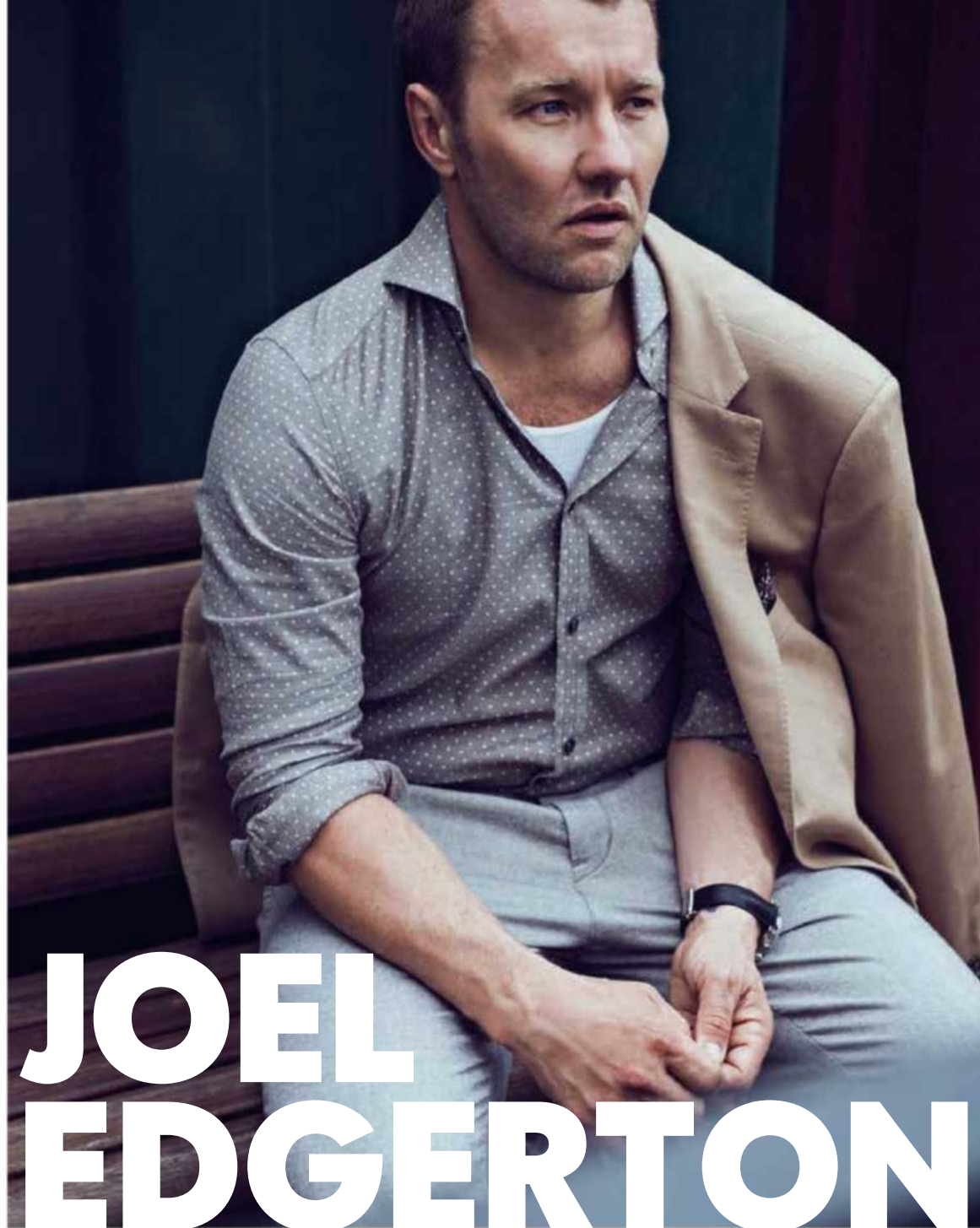
Driest wit ever. He's terrifying if you're on the wrong side of him and sensational if you're on the right side of him.

***Anna Karenina*, Jude Law.**

Lovely man, wonderful actor. He's so ridiculously good looking. People don't understand he's a character actor.

***Bend It Like Beckham*, Jonathan Rhys Meyers.**

I nearly knocked him out with a football to the head. So, I'm sorry! □



JOEL EDGERTON

You'd think with a directorial debut, multiple leading man roles and a business to run on home soil, this *triple threat* would be ready for a holiday.

But, as Laura Collins discovers, *he's not done yet*

Joel Edgerton is a quiet achiever. He's rarely in the spotlight, unless it's during a promotional tour, and you'll only find the occasional paparazzi photos online detailing his Saturday morning dip in the ocean. But this year alone, he's directed his first feature-length film, *The Gift*, and starred alongside Johnny Depp in the James "Whitey" Bulger biopic *Black Mass*. He's also gearing up to promote two new movies – Jeff Nichols' *Midnight Special* and Gavin O'Connor's *Jane Got A Gun* (Edgerton even

stepped in to do rewrites of the script at one point). When we speak, he's midway through a two-hour drive from the north of the US state of Virginia to its south, via the capital Richmond. He's there to film *Loving*, based on the true story of a couple sentenced to prison in 1958 for their interracial marriage. To say this has been a busy year for the guy would be an understatement.

For a directorial debut, *The Gift* was impressive – taking more than \$16 million on opening weekend in the US and winning over audiences and critics.

In case you missed it in cinemas (and don't worry, it's out on DVD this month), here's the gist: it's a suspense thriller about a young married couple whose lives are disturbed when the husband's old schoolmate appears. Edgerton plays the supremely creepy friend, Gordo, opposite leads Jason Bateman and Rebecca Hall (who was so disturbed by her co-star's fake teeth, he'd have to remove them before directing her). The 41-year-old also wrote the script, the story of which stems from his wondering what would happen if you ran into someone from your past who you'd wronged. Edgerton says it was an eye-opening experience to step into the director's chair:

"Interestingly enough, it taught me [even more] about the heartbreak of being an actor. I [now] know what it's like to cast the tiniest role in a movie."

Of course, he spends a lot less time seeking out his own roles these days. "I mean, I do still sort of hustle and chase after stuff. Like I hear about things that are going on or I hear a particular director has a script going and I try to seek it out." But his latest turn, playing FBI agent John Connolly opposite Depp in *Black Mass*, came about completely by chance. The production was brought to a halt following a pay dispute by Depp, and suffered from a number of cast and crew shake-ups. "I know that for every job I get, probably two or three people have turned it down before it comes to me. To think that you're always the first choice for something is potentially a bit naive. Unless you're, like, Brad Pitt, I guess. I'm sure he's not waiting for other people to turn stuff down."

At this point, I suspect he's being a little too humble. Edgerton's international breakthrough came in 2002, playing a young Owen Lars (Luke Skywalker's uncle) in *Star Wars Episode II: Attack Of The Clones*. Later, he starred in *The Great Gatsby* opposite Leonardo DiCaprio, *Exodus: Gods And Kings* alongside Christian Bale (who he tells me is nothing like the press make him out to be) and *Warrior* with Tom Hardy. Sure, some roles might have landed in his lap thanks to divine intervention, but talent and a dedication to his craft play a big part, too. "Every time I pick up a script, I have this weird feeling – this could be a script that I'm opening that I love, that becomes six months of my life in some city I never even thought I would go to. Or it could just be a pile of paper that I never look at again." He also knows a great opportunity when it arises, even if it's not in a lead role. Case in point: after wrapping

"I KNOW THAT FOR EVERY JOB I GET, PROBABLY TWO OR THREE PEOPLE HAVE TURNED IT DOWN BEFORE IT COMES TO ME. TO THINK YOU'RE ALWAYS THE FIRST CHOICE FOR SOMETHING IS NAIVE. UNLESS YOU'RE, LIKE, BRAD PITT"

Midnight Special in New Orleans, he travelled to Toronto for a two-day shoot opposite Robert Pattinson in the James Dean/Dennis Stock biopic *Life*.

Though his recently acquired place on the A-list would have you believe otherwise, Edgerton's been writing and producing since 1996. Initially, it was shorts with Blue-Tongue Films, the production company he launched (and continues to operate) alongside a group of fellow filmmakers including Kieran Darcy-Smith, David Michôd and his brother, Nash Edgerton. Growing up in Sydney's north-western suburbs, he attended drama school and eventually began appearing on stage for the Sydney Theatre Company. Sharing a house in Sydney's Glebe with Darcy-Smith, and the guidance of his stuntman-slash-director sibling Nash, put film on Edgerton's radar, and the influence of those closest to him, he says, was pivotal to

his early success. "I just love people who take matters into their own hands. It becomes contagious. Nash is definitely someone who has that attitude. He carved his own career out as a director without having any formal education." In fact, when the youngest Edgerton took his turn in front of the camera on the set of *The Gift*, big brother Nash filled in for him as director. "It's very inspiring, [knowing that] whenever I have something going on he's there to support me."

Edgerton has done a killer job of positioning himself in the industry, and by all accounts, he's right where he's meant to be. "The present is bright. It's a good time to be a male actor... But I've also experienced times when I didn't feel that satisfied by acting; I didn't feel that satisfied by what was on the table. Knowing that that's probably something which will happen more as I get older, [it made sense] to get behind the camera now." With so many Australians in Hollywood, I suggest to him that he's the one leading the pack. "Every time I see a movie these days, it's got an Australian in it," he says. I'm sure some people are saying the same about him right now. He laughs, "We're like a virus, I guess. A good virus." □

FROM A GALAXY FAR, FAR AWAY

Edgerton isn't the only Australian who's scored a pay cheque thanks to George Lucas

ROSE BYRNE

Played Padmé Amidala's handmaiden Dormé.



CLAUDIA KARVAN

Played Sola Naberrie, Padmé's older sister.



JACK THOMPSON

Played Cliegg Lars, Owen's father (and Luke's step-grandfather).





Liv wears: knit, \$5,500, **Valentino**, mytheresa.com



@MISSLIVLITTLE



WHAT I KNOW

how to take it as it comes (from someone born into fame)

Liv Tyler knows the importance of living in the moment

The daughter of a model groupie and a rock star, Liv Tyler's backstory is an extraordinary one. At age 10, she discovered her father was Aerosmith frontman Steven Tyler, not record producer Todd Rundgren, as her mother Bebe Buell had led her to believe. Now, she says, she has benefited from having two dads, gaining a lifetime's worth of lessons and stories from each of them.

Getting her start as a teen model, Tyler landed a *Seventeen* magazine cover and appeared alongside Alicia Silverstone in Aerosmith's music video for "Crazy". She then broke into film with roles in *Stealing Beauty* and as Ben Affleck's love interest in doomsday blockbuster *Armageddon*. These days, the 38-year-old is raising two boys (Milo, 10, and Sailor, nine months) and starring on HBO fantasy drama *The Leftovers*. She's also dressing up in Valentino for Mytheresa.com's Women series, which profiles females with "great style, smarts and creativity".

LEARN TO TRUST YOUR GUT FEELINGS "I always try to listen to my intuition and if I am doing something that doesn't feel right, I literally feel sick, so I always go with what feels right."

FACE YOUR FEARS "If I have learned anything [from my parents], it's to not be afraid, to ask questions and to grow and take risks."

EMBRACE THE MOMENT "We all get so caught up in our stress and everything that is going on in our lives. Sometimes when you just stop and put everything down, you really are present with someone."

UNDERSTAND THE STYLES THAT FLATTER YOU "I look for the shape of things that suit me. I like a good jumpsuit or pair of culottes. So if I find those pieces, I'll always collect them."

DON'T JUDGE OTHERS "When meeting anyone in life, I [approach them] with a blank canvas. Sometimes people just surprise you and they are amazing, and sometimes people are not who you thought they would be."

TRY TO LOOSEN UP "You need to take some things very seriously, but in general my motto in life is 'live a little.'" □



FRIENDS LIKE THESE

Tyler praises the power of female support. Take a peek at her #girlsquad...



KATE MORRIS, founder of the *Adore Beauty* shopping site, SHARES HER APP ADDICTIONS



TRIPIT

I can never remember where I'm staying when I'm travelling. This app takes note of my flight and hotel booking confirmations. *Price: free*



GLYPSE

The GPS tracker is handy for those times you're on your way to a meeting and need to let the other person know exactly how far away you are. *Price: free*



CAMCARD

This turns pictures of business cards into contacts in my phone. I rarely scrounge through my bag for someone's card these days. *Price: free*



MOVIES BY FLIXSTER

I am a total film buff and this app means I can check out release dates, reviews and session times at my favourite cinemas. *Price: free*



BEANHUNTER

We're spoilt with access to some of the best coffee in the world in Australia – this app helps me sniff out good cafes when I'm overseas. *Price: free*



RUNKEEPER

This is a great way to track workouts, plus it nags me to go for a run if I'm lazy and skip a few days. It's an excellent motivator. *Price: free*

WORDS: LAURA COLLINS. PHOTOGRAPHY: ALAMY. INSTAGRAM: @MISSLIVLITTLE

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Georgia May Jagger wears Dolce & Gabbana 372077.

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THE ELECTRICITY

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RED-CARPET RUN-DOWN

All the action, designer dresses and famous faces from the party of the year.

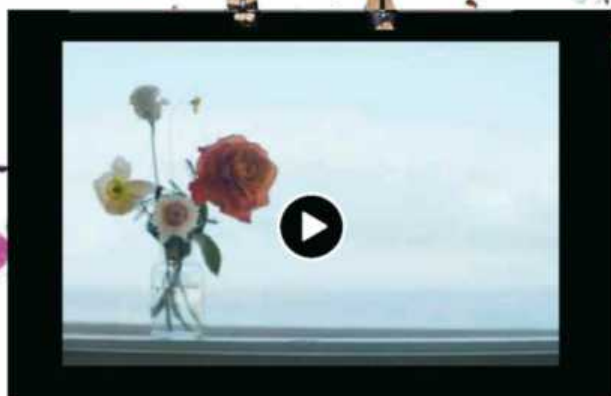


ELLE TV

Your backstage pass to the ELLE Style Awards...

REEL TIME >

Check out our first-ever fashion film, *Cherchez La Femme*, shot in virtual reality.



GIRL'S GOT A GOPRO >

Behind the scenes with ELLE's editor-in-chief Justine Cullen as she gets ready for the big night.



INSTAGRAM LOVE



@elle_ferguson:

Thanks for having us
@elleaus #elleausstyleawards.
Thanks for being my date
@tashsefton in #balmainnation



@bambilegit:

Last night with
@dangerousdanman with his
new handbag #pourlesamour.
In love with our matching
Burberry outfits.



@chanelnouanrasy:

About last night #samsung
#virtualreality #orheadsets
#elleausstyleawards
#latergram @elleaus



@laraworthington:

Thank you @justine_cullen for
a beautiful evening. Wearing
@elleryland and Saint Laurent.
Thanks @mafoninastylist



@zimmermann_:

Thanks @elleaus for having
us – and the award!
@mcm_pr @stylemeromy xNZ

TOPSHOP



MAX FACTOR X

ELLE FASHION

THE MIDNIGHT RUN

This month's play on girl-boy glamour is designed to carry you far into the night (and the wee hours of the morning after).

Top, \$1,715, pants, \$1,228, both **Stella McCartney**, stellamccartney.com; trainers, \$490, **Golden Goose Deluxe Brand**, sneakerboy.com; ear cuffs, \$900 each, **Alinka**, alinkajewellery.com; earrings, \$450, **Chelsea De Luca**, chelseadeluca.com

STRONG SUIT

THE NEW BLACK-TIE

CODE: COOL TAILORING,
LOW-KEY TRAINERS
AND A HINT OF RAZZLE
DAZZLE. RSVP: YES


Photographs by Holly Blake

Styling by Sara Smith

Jacket, \$1,870, pants, \$765, both
Gucci, 1300 442 878; trainers, \$490,
Golden Goose Deluxe Brand,
sneakerboy.com (worn throughout);
ear cuffs, \$900 each, **Alinka**,
alinkajewellery.com (worn
throughout); earrings, \$220 for pair,
ManiaMania, themaniamania.com
(worn throughout); brooch,
\$220, **Harlequin Market**,
harlequinmarket.com

Jacket, \$2,873, **Bottega Veneta**,
(02) 9239 0188; bodysuit, \$3,935,
skirt, \$3,935, both **Hermès**,
(02) 9287 3200; earrings, \$29,800,
Bulgari, bulgari.com; stud earrings,
\$395, **Sarah & Sebastian**,
sarahandsebastian.com
(worn throughout); brooch,
\$930, **Chanel**, 1300 242 635





Jacket, \$1,149, **Hugo Boss**,
(03) 9474 6355; shirt, \$3,000,
Chanel, 1300 242 635; ear cuff,
\$301, **Oscar De La Renta**,
matchesfashion.com




Top, \$3,410, belted trousers, \$2,325,
earrings, \$899, all **Céline**, celine.com;
cuff, \$650, **Harlequin Market**,
harlequinmarket.com

Jumpsuit, \$POA,
Versace, (02) 9221 6741;
earring, \$320 for pair,
Harlequin Market,
harlequinmarket.com;
clutch, \$6,450, **Louis Vuitton**,
au.louisvuitton.com





Jacket, \$899, **IRO**, (02) 9362 1165;
shirt, \$250, **Willow**, willowltd.com;
skirt, \$695, **Josh Goot**, joshgoot.com; ring
\$825, **Tiffany & Co.**, tiffany.com.au;
earrings, \$99, **Kirstin Ash**, kirstinash.com;
brooch, \$690, **Kenneth Jay Lane**,
pierrewinterfinejewels.com



Bustier, \$1,334, **Proenza Schouler**,
net-a-porter.com; T-shirt, \$24.95,
Bonds, bonds.com.au; pants,
\$990, **Ellery**, elleryland.com;
earrings, \$319, **Chelsea De Luca**,
chelseadeluca.com; cuff, \$103,000,
Dior Fine Jewellery, (02) 9229 4600



Jacket, \$1,250, **Ellery**,
elleryland.com; trousers, \$560,
Acne Studios, (02) 9360 0294;
earrings, \$99, **Swarovski**,
swarovski.com; necklace, \$1,250,
Tiffany & Co., tiffany.com.au;
bag, \$11,300, **Christian Dior**,
(02) 9229 4600; rings, \$40,000
each, both **Dior Fine Jewellery**,
(02) 9229 4600



Top, \$69.95, **H&M**,
[hm.com/au](https://www.hm.com/au); drop earrings,
\$110, **Pushmataaha**,
[pushmataaha.com](https://www.pushmataaha.com)

Dress, \$7,100, **Christian Dior**,
(02) 9229 4600; ear cuff, \$299,
Peter Lang, peterlang.com.au

Photography: Holly Blake
at Vivien's Creative. **Hair:** Alan White
at MAP using R + Co. **Makeup:**
Peter Beard at Work Agency. **Model:**
Lise Bjørgen Olsen at IMG Models





Blouse, \$85, **Topshop**,
(02) 8072 9300; flower earrings,
\$26,000, **Dior Fine Jewellery**,
dior.com (worn throughout);
gold ring, \$5,650, **Cartier**,
au.cartier.com (worn
throughout); diamond ring,
\$3,650, **Tiffany & Co.**,
tiffany.com.au
(worn throughout);
on model's right hand:
cross diamanté cuff,
\$349, pearl bracelet,
\$159, both **By Charlotte**,
bycharlotte.com.au
(worn throughout); link
bracelet, \$2,280, **Cartier**,
au.cartier.com (worn
throughout); diamond
bracelet, \$40,000, **Dior Fine
Jewellery**, dior.com
(worn throughout)

SITTING PRETTY

Romantic lace, undone ruffles, risqué hints
of skin... Take your *lingerie-led* looks out to play

Styling by Rachel Wayman

Photographs by Stephen Ward



Top, \$499, skirt, \$499,
both **Michael Lo Sordo**,
michaellosordo.com;
on model's left hand: flower
ring, \$19,000, white gold
ring, \$3,100, diamond ring,
\$7,500, all **Dior Fine Jewellery**,
dior.com (worn throughout)

Blouse, \$150, **Witchery**,
witchery.com.au; ear cuff,
\$199, **By Charlotte**,
bycharlotte.com.au
(worn throughout)





Dress, \$650, **Thurley**, thurley.com.au;
lace briefs, \$790, **Gucci**, gucci.com/au
(worn throughout); diamond and
rose gold ring, \$5,600, **Cartier**,
au.cartier.com (worn throughout)



Playsuit, \$695, Zimmermann,
zimmermannwear.com

Dress, \$6,570, Gucci,
[gucci.com/au](https://www.gucci.com/au)




Top, \$495, skirt,
\$795, both **Lover**,
loverthelabel.com;
earrings, \$390,
Gucci, gucci.com/au
(worn throughout)



Dress, \$POA, Givenchy By Riccardo
Tisci, givenchy.com; horseshoe pendant,
\$1,800, flower necklace, \$6,800, both
Tiffany & Co., tiffany.com.au





Dress, \$3,197,
Stella McCartney,
stellamccartney.com/au;
slip, \$1,700, **Tome**,
tomenyc.com

BEAUTY NOTE

Give soft, feminine frocks
an edge with a sexy spritz.
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Dress, \$4,750, **Burberry Prorsum**,
au.burberry.com; brooch, \$1,070,
Prada, prada.com

Photography: Stephen Ward. **Hair:** Alan White at
MAP using De Lorenzo. **Makeup:** Molly Warkentin
at Company 1. **Model:** Maggie Laine at IMG Models

Wallpaper, \$99 per roll, **Wall Candy Wallpaper**,
wallcandywallpaper.com.au

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*inside
the...*

ELLE STYLE AWARDS 2015

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With the best of *Australian talent on show*, this wasn't just any old excuse for a party...

This is Toni Maticevski – smiling because he's just been handed the *ELLE* Style Award for Australian Designer of the Year (by model Chanel Iman, no less). It may also be because he was relieved to have survived his climb to the stage to stand by our very own editrix Justine Cullen. Or because the crowd applauding was peppered with extraordinary women dressed in his extraordinarily glamorous designs. Afterwards, he confirmed it was a combination of all three, safely stowing his trophy and hitting the dance floor to celebrate with a few hundred of the industry's best and brightest.

Because that's the kind of party the second annual *ELLE* Style Awards was. The event was a true celebration of Australian design and creativity, so of course a few thousand fresh blooms had been shipped in, along with artist Kitty Callaghan's outsized floral collages, to give the historic courtyard of Sydney's The Mint a spring-tastic "florcore" makeover. Then there were the knockout guests (think Nicole Trunfio, Nicole Warne, Lara Worthington), a mind-blowing virtual reality experience and a flower-bombed photo booth that kept people posing far longer than was appropriate – us included. So while Toni has his award, we've got the following pages to remind us of all the amazing couture, cocktails and ice-cool dance moves that made up our ultimate night. ➔



MAX FACTOR X

the winners

ELLE WOMAN OF INFLUENCE:

Liane Moriarty

AUSTRALIAN DESIGNER OF THE YEAR:

Toni Maticevski

ELLE FASHION INNOVATOR:

Jodie Fox, Shoes of Prey

ELLE EDITOR'S CHOICE AWARD:

Nicole Trunfio

ELLE MAN OF THE YEAR:

Mick Fanning

CONTEMPORARY FASHION BRAND

OF THE YEAR:

Zimmermann

ELLE MODERN ICON:

Lara Worthington

EMERGING DESIGNER OF

THE YEAR PRESENTED BY TOPSHOP:

Georgia Alice



DIGITAL INFLUENCER OF THE YEAR:

Margaret Zhang

party prosecco

We lost count of the amount of corks that were expertly popped at the Brown Brothers bar but the bubbles never stopped flowing and we have these Victorian vintners to thank for the generous amounts of pinot grigio and chardonnay consumed, too. Peroni added to the empty-bottle tally while Fiji Water was on hand for following the one-off-one-on rule.



ZANITA WHITTINGTON IN TOPSHOP UNIQUE



virtual encounters

Celebrating two years of *ELLE* in Australia, 70 years of the brand internationally and our tagline *cherchez la femme* (look for the woman), our fashion film produced in partnership with Topshop saw director Taylor Steele of Poor Specimen team up with Rapid Virtual Reality to produce an awesome VR experience, prompting the craziest shapes seen on or off the dance floor. View the film at ELLE.com.au/elle-style-awards/.

NICOLE WARNE (LEFT) AND EDITOR JUSTINE CULLEN



GARY BIGENI



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and smile...

What do you get when you hang a floral backdrop, add in jumbo-sized paper artwork by Paperform's Benja Harney, throw in a few floral crowns and invite your hottest hashtaggable fashion friends along? The Topshop X *ELLE* photo booth – responsible for hours of fun. ➡



HEIDY DE LA ROSA (LEFT) AND CHEYENNE TOZZI



LARA WORTHINGTON



JAI STEVENS



NATHAN JOLLIFFE (LEFT) AND RYAN GINNS



insta love...



KELLY COATES

the perks of being a wallflower...

Illustrator Mekel – aka Kelly Coates – jetted in from Perth to get to work on the night, creating an amazing mural purely from Max Factor makeup to congratulate prize winner Toni Maticevski. (We also loved her sequinned jumpsuit.)





THE FLORAL BRIEF:

BIG, BOLD AND BEAUTIFUL. SEED FLORA TOOK THE "FLORCORE" THEME AND RAN WITH IT, CREATING BLOOMING MARVELLOUS ARRANGEMENTS OVERFLOWING FROM VASES BY DINOSAUR DESIGNS.



VALERIE YUM

play mates

DJ Valerie Yum got the party started with a killer set of summer tunes while the boys from Set Mo took time out on the eve of their national tour to turn up the dance tracks.



JODI ANASTA (LEFT) AND PIP EDWARDS



PASSIONFRUIT MARTINI

INGREDIENTS

- 45ML ABSOLUT ELYX
- 25ML BOIRON PASSIONFRUIT PUREE
- VANILLA SUGAR
- PASSIONFRUIT SLICES, TO GARNISH

METHOD Shake and fine strain into a chilled martini glass. Serve with a shot glass of champagne on the side.



PARMA VIOLET MARTINI

INGREDIENTS

- 45ML ABSOLUT ELYX
- 3 DROPS ORANGE BITTERS
- 20ML LEMON JUICE
- 15ML VIOLET LIQUEUR
- ORANGE RIND TO GARNISH

METHOD Shake and fine strain into a chilled martini glass. Garnish.

hit mixes

If there's one thing we love more than a cocktail, it's a cocktail we can recreate at home, so after sampling the exotic offerings at the Absolut Elyx bar we couldn't help but follow up for the recipes – these three are set to be on high rotation all summer long. ➡



BLANC MARTINI

INGREDIENTS

- 45ML ABSOLUT ELYX
- 2 BAR SPOONS WHITE CRÈME DE CACAO
- 15ML COCO LÓPEZ COCONUT CREAM
- TOASTED COCONUT FLAKES, TO GARNISH

METHOD Shake and fine strain into a chilled martini glass. Garnish.



disco inferno

Flashing jewels, liquid shimmer, luxe lace...
the ELLE Style Awards winners
came here to par-tay

Photographs by James Nelson

Styling by Romy Frydman

FROM LEFT Chantal wears: dress, \$1,700, **Alex Perry**, alexperry.com.au; necklace, \$420, **Anton Heunis**, pierrewinterfinejewels.com; Zanita Whittington wears: dress, \$495, **Topshop Unique**, (02) 8072 9300; earrings, \$310, **Ryan Storer**, ryanstorer.com; her own ring; bag, \$499, **Furla**, furla.com; Selma wears: dress, \$4,450, **Burberry Prorsum**, au.burberry.com (worn throughout); earrings, \$650, **Oscar De La Renta**, pierrewinterfinejewels.com (worn throughout)



***Lara Worthington,
ELLE Modern Icon,
and Margaret Zhang,
Digital Influencer
of the Year***

FROM LEFT Lara wears: dress, \$6,500, Ellery, elleryland.com; Chantal wears: top, \$3,850, skirt, \$1,950, both Ellery, elleryland.com; Margaret wears: dress, \$899, Michael Lo Sordo, michaelloosordo.com; her own earrings; Charlee wears: top, \$1,330, dress, \$2,120, both Miu Miu, (02) 9223 1688 (worn throughout); Nicolas wears: jacket, \$2,880, pants (worn throughout), \$1,025, both Gucci, gucci.com/au



FROM LEFT Jai wears:
shirt, \$89.95, Calvin Klein,
calvinklein.com (worn throughout);
jeans, \$170, Levi's, levis.com.au
(worn throughout); stylist's own
belt; Chantal wears: dress, \$1,400,
Dion Lee, dionlee.com; designer
Dion Lee wears his own pieces



FROM LEFT Heidi De La Rosa wears: black dress, \$790, **Yeojin Bae**, yeojinbae.com; Charlee wears: dress, \$6,950, top, \$5,350, both **Louis Vuitton**, louisvuitton.com.au; Chanel Iman wears a custom Balmain dress; Cheyenne Tozzi wears her own Balmain dress; Jai wears: jacket, \$5,055, pants, \$1,075, both **Gucci**, gucci.com/au; shirt, \$89.95, **Calvin Klein**, calvinklein.com



Toni Maticovski, Australian Designer of the Year

FROM LEFT Lara wears: top, \$260, skirt, \$240, both Alice McCall, alicemccall.com; Toni wears his own pieces



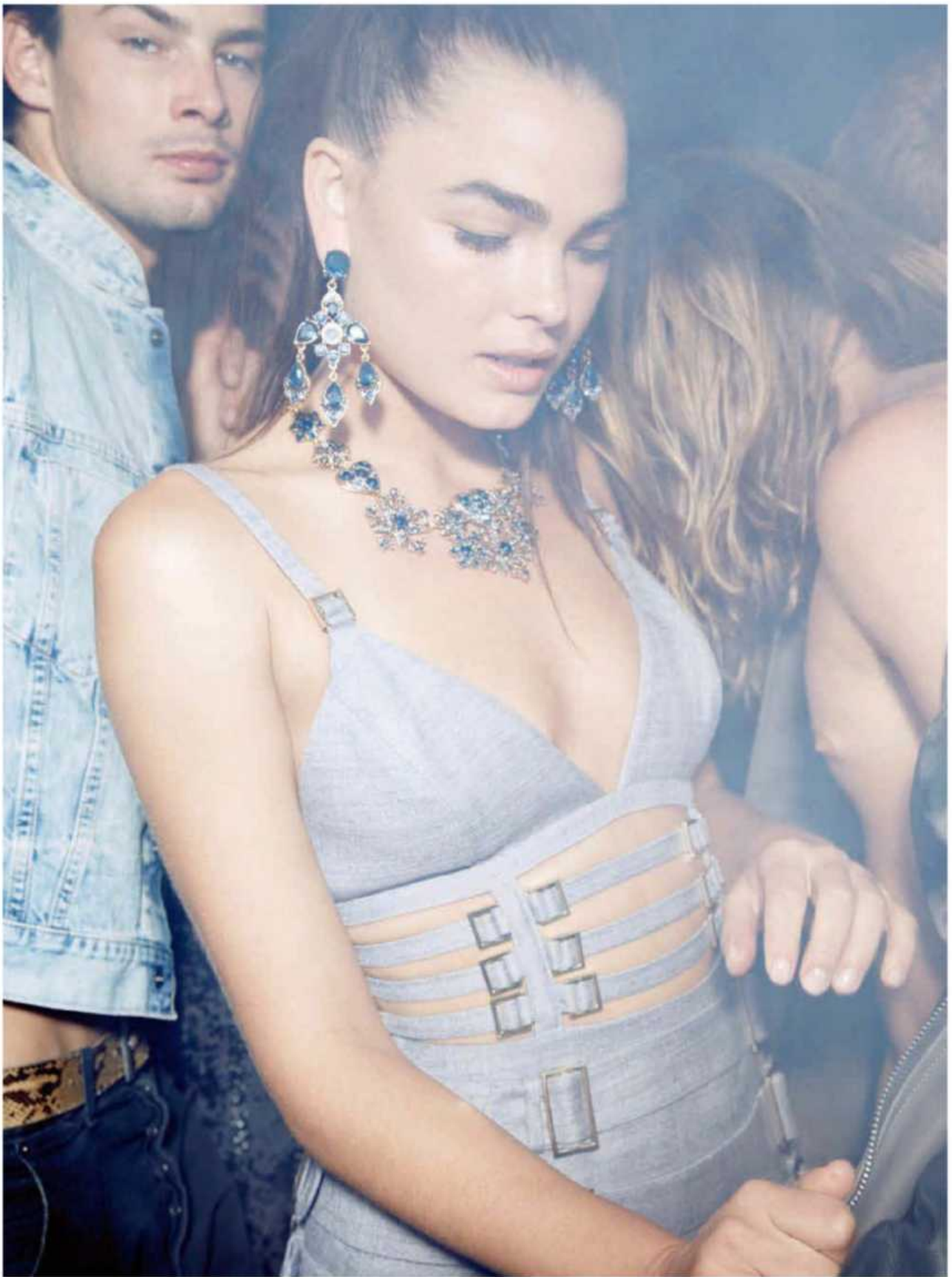
**Nicole Trunfio,
Editor's Choice
Award**

FROM LEFT Chantal wears:
bodysuit, \$3,240, **Chanel**,
1300 242 635; headpiece,
\$2,200, **Viktoria Novak**,
viktorianovak.com.au; Nicole
wears: dress, \$1,950, **Ellery**,
elleryland.com; earrings, \$129,
bycharlotte.com.au; arm cuff, \$349, both **By Charlotte**,
bycharlotte.com.au; bracelets, from
\$10,000, both **Trunfio Universe**,
trunfiouniverse.com; Lara wears:
sequinned dress, from \$8,000,
Steven Khalil, stevenkhalil.com;
Nicolas wears: leather jacket,
\$POA, pants, \$POA, both **Louis
Vuitton**, louisvuitton.com.au
(worn throughout)



***Georgia Currie
of Georgia Alice,
Emerging Designer
of the Year***

FROM LEFT Chantal wears: dress, \$2,750, Zimmermann, zimmermannwear.com; Selma wears: dress, \$3,500, Zimmermann, zimmermannwear.com (worn throughout); Georgia wears: top, \$149, skirt, \$749, both Georgia Alice, georgiaalice.com



FROM LEFT Jai wears: vest, \$340, **Bassike**, bassike.com; Bambi wears: dress, \$1,850, **Zimmermann**, zimmermannwear.com; earrings, \$650, necklace, \$1,420, both **Oscar De La Renta**, pierrewinterfinejewels.com



FROM LEFT Bambi wears: dress, \$2,500, **Zimmermann**, zimmermannwear.com;
 Nicole Warne wears: dress, \$6,300, **Valentino**, valentino.com/au; her own earrings;
 Lara wears: dress, \$4,900, **Gucci**, gucci.com/au (worn throughout); hat, \$990, **Hatmaker**,
hatmaker.com.au (worn throughout); Nicolas wears: shirt, \$770, **Gucci**, gucci.com/au



***Zimmermann,
Contemporary Fashion
Brand of the Year***

FROM LEFT Simone Zimmermann wears: dress, \$1,200, **Zimmermann**, zimmermannwear.com; Lara wears: heels, \$1,060, **Miu Miu**, (02) 9223 1688; Nicky Zimmermann wears: custom dress, \$POA, **Zimmermann**, zimmermannwear.com

Photography: James Nelson at Company 1. **Styling:** Romy Frydman. **Hair:** Katie Angus at DLM. **Makeup:** Claire Thomson at Company 1. **Models:** Bambi Northwood-Blyth, Charlee Fraser, Jai Stevens and Nicolas Pesto at IMG; Selma at Chadwicks; Chantal Monaghan at Chic Management; Lara Bender at London

FEEL THE

For a passionate Italian designer marking 10 years at the helm of a cult French house, New York was the only place to celebrate. Sylvia Jorif gets deep with *Givenchy* artistic director *Riccardo Tisci*

Photographs by Matthew Kanbergs



FACE TIME

Riccardo Tisci ponders the line-up for his spring/summer 16 collection for Givenchy

LOVE

It was just how he wanted his sunset. A golden light draping New York City in a pale rosy glow. Perhaps his prayers were heard, because only the day before, Manhattan was deluged with rain. But for his 10th anniversary with the house of Givenchy, the heavens gave Riccardo Tisci their blessing and he celebrated with a spectacular outdoor fashion show in the shadow of One World Trade Center.

The date on the invitation read September 11, and while America was commemorating this indelible date, Tisci joined in the emotion to mark a career milestone. The timeslot had been attributed to him by the Council of Fashion Designers of America, the organisation that handles the New York Fashion Week scheduling, and Tisci, with the typical superstition of a passionate Italian, took it as a sign of encouragement to make the underlying themes align with the hashtags he repeats on his Instagram account: #love, #gang, #family.

As evening fell on the docks of the Hudson River – and a stage composed of wooden pallets and recycled sheet metal – spectators were greeted by a Buddhist monk chanting a mantra. A host of characters played out tableaux amid scenography created by Tisci's friend, artist Marina Abramović. Some were motionless, as if frozen in a timeless passion, others held up fragile trees, while others danced a slow ballet around a trickle of water.

"I don't think of these past 10 years as a 'golden number' to be honoured, but rather as a time to stop and celebrate life," says Tisci. "I wanted a suspended moment impregnated with an essential value – love. I wanted it to be an honest show that projects me."

Plainly speaking, Tisci was reflecting on his personal journey. "I was born into a very poor family. I was so young when my father died that I have to plumb the depths of my memory to retain what remains of his image. I was brought up by my mother and eight sisters. I had to go to work when I was 12 to help them. We didn't have anything, but I was so loved. My mother and sisters had nothing to give me except their love. Love gave me courage; it sustained me and kept me alive."

Tisci has no fear of the clichés the word "love" might convey. He put all his heart into this show. So when it begins, with a series of



Hebrew, Arabic and Hindu religious chants, it is met without cynicism. "Marina and I did it all, including the music," he says. "We thought maybe we were going too far. And then, after all, like it or not, it didn't matter. This moment will remain. Marina and I wanted to show what is most tender in us."

And sharing in Tisci's dream were thousands of his biggest fans. There was the classic assembly of fashion professionals, as well as an impressive gathering of celebrities, from Julia Roberts to Pedro Almodóvar, Uma Thurman and Liv Tyler. Plus Debbie Harry, Courtney Love, Nicki Minaj, Erykah Badu, Margot Robbie, Naomi Campbell, Kanye and Kim. But it wasn't just about the sensational front row. Tisci had organised a lottery that anyone could enter to receive an invitation, and hundreds of fashion students were also invited. Those who couldn't get in were able to watch the show on giant screens scattered throughout Manhattan. "I love my tribe, but fashion is for everybody and I wanted to invite the greatest number of people, to open my podium to all, so that a maximum number of people could experience the dream that is fashion," explained the designer. "I come from the street and I wanted to pay homage to the street."

As the sky turned dark blue, the models arrived, déshabillé in lace, silk, open-work pyjamas, lustrous negligees and tuxedos flirting with transparency and draping. Tisci's trademark black and white was interspersed with marvels of haute couture featuring the kind of agonisingly exquisite work that has defined his career.

"Without question, it is the most Parisian of my collections and I wanted to show it ⇨





**"HE WONDERED WHAT HE, A YOUNG, PENNILESS
DESIGNER WITH A GOTHIC INFLUENCE, COULD BRING
TO THIS MAUSOLEUM OF PARISIAN ELEGANCE"**





in New York because this is where Hubert de Givenchy became famous," said Tisci. "I wanted to re-establish this link between this profoundly French house and the enthusiasm of the Americans. To transport the idea of the French woman in an evanescent gown, legs bared, with a man's jacket, stiletto heels and a cigarette in the corner of her mouth. An ideal woman I have fashioned over my 10 years at Givenchy."

It's been a decade of emotion and initiations for Tisci. Arriving as an unknown at a prestigious house fatigued by the fleeting passage of various artistic directors, he wondered what he, a young, penniless designer with a gothic influence, could bring to this mausoleum of Parisian elegance. The story goes that he accepted the job because his mother was forced to sell the family house which his father built with his own hands. "I believed in this project and I took the plunge. I had to find a new identity for the label, which richly deserved to return to the limelight. I devoted all my energy, creativity and faith to it.

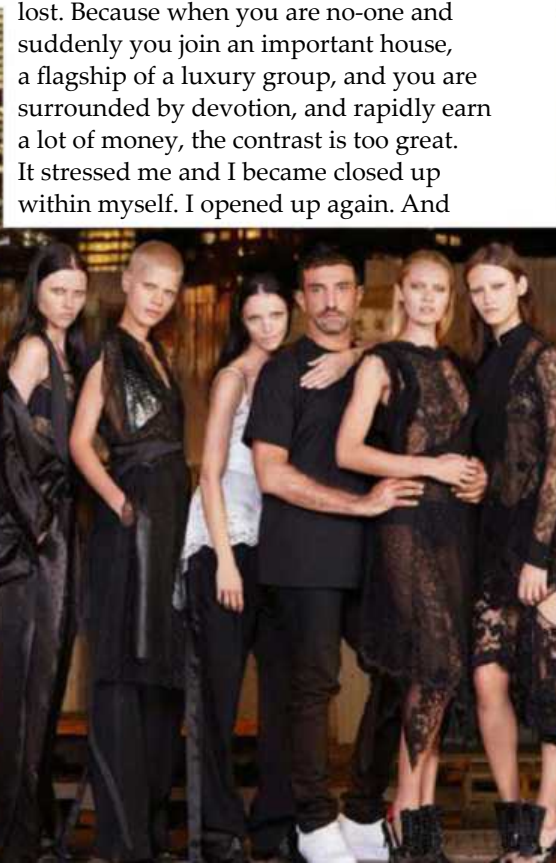
"At one point, I felt as if I was becoming lost. Because when you are no-one and suddenly you join an important house, a flagship of a luxury group, and you are surrounded by devotion, and rapidly earn a lot of money, the contrast is too great. It stressed me and I became closed up within myself. I opened up again. And

then, after five years, I raised my head. I became aware of how lucky I was to be in this business, to work with wonderful people, and together with my team – my gang – make this dream a reality. I met incredible people, discovered extraordinary cultures. I realised I could make people dream. That's a frightening feeling. I also learned to have confidence in what I was doing, and that was fantastic, too. Givenchy changed my life and the lives of those I love. That's what I wanted to express through this show."

So Tisci indulged himself and invited all his friends. Even guests who didn't know him felt part of his #love #gang #family community. "We Italians live in clans," he says. "I need people I love around me. It's my base. As a child I was terrorised by the idea that my mother and sisters would die before me and I would be alone in the world. Around this initial gang, my family, I created another gang, my friends, who are, in fact, my family too. My luxury is to know I will never be alone."

He works and lives with his friends, and has them pose in his campaigns: Mariacarla Boscono, Joan Smalls, Donatella Versace, Lea T, Karen Elson, photographers Mert Alas and Marcus Piggott. Wherever they are in the world, they are there when he calls.

After the show, Tisci joined them in a garage transformed to host a wild party. In the darkness, a neon sign, an assertion glowed: "I believe in the power of love." □



HOUSE PARTY
Tisci with his
runway models at the
Manhattan celebration

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Temptu Air, \$260, Airpod Makeup, from \$40, all Temptu, net-a-porter.com

MIST OPPORTUNITIES

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Airbrush Root Touch-Up Spray in Dark Brown, \$42, **Orbe**, 1300 725 122

Hair Art in Violet Haze, \$10.99, **Fudge Urban**, 1300 764 437

Tint Shot Root Concealer in Light Brown, \$25.95, **Joico**, 1300 764 437

comeback kids

Pining for a *long-lost beauty love*?

Social media is rallying
to *bring back beloved heroes*

You know how it goes: you meet, you fall hard, you stay devoted for years and then one day the smiling face behind the counter tells you it's over. No longer available. Discontinued. Finding a beauty soulmate only to have it ghost can be more crushing than seeing your Instagram "likes" stuck in single figures.

Rather than let the tears well up, you can relax. Social media has given the people a voice, and if the collective voice shouts (and tweets and 'grams) loud enough, you might just be able to stage a resuscitation. Be inspired by these formerly defunct buys now mending broken hearts...

Lip Gloss in Chelsea Girls, \$39, Nars, mecca.com.au

At the height of shiny-lip mania back in 2001, Nars birthed the perfect pink-peach-nude shade of gloss, Chelsea Girls, housed in a frosted glass pot (because if you didn't have a pot or three rolling around in the bottom of your handbag back then, you had zero street cred). Like all early iterations of the texture, it was gloriously thick, sticky and more reflective than the Chrysler Building. It got the bump in early 2014 and fans took to online forums to lament their loss.

Nars listened and recovered the uber-flattering shade a few months ago, now with a far more 2015-appropriate application – the wand.

Beach Blonde Ocean Waves Sea-Salt Spray, \$16.99, John Frieda, 1800 468 3188

It took a full decade and an online petition to convince John Frieda it was time to revive its signature Salt Spray, the now-iconic hair body builder with the perfect summery, coconut scent. But not before bottles of the stuff had sold for upwards of \$100

on eBay and 1,300 people had added their names to a list pleading for its return. Celebrity hairstylist and John Frieda international creative consultant Harry Josh blames misuse for the original demise. "You needed to know how much to spray and how to diffuse it to get the best results," he explains. With an improved formula (less crunch, more soft volume) but the same matt finish and summery scent, it's been back – and once again giving flawless beach babe minus the time on the sand – since the start of the year.



Le Vernis in Ballerina, \$39, Chanel, 1300 242 635

New releases of the fashion house's polishes are guaranteed to spark shopping frenzies around the globe. But that's nothing compared to the melee that ensued in stores and online forums when, in 2012, Chanel threatened the removal of Ballerina, a blush pink nude, after seven years in existence. The result? Salvation before it had even been removed from shelves, and it's been going strong (on the bestseller list, we might add) ever since.

Nail Lacquer in Black Cherry, \$48, Tom Ford, 1800 061 326

When Tom Ford's Fall Color Collection launched in January this year, the dark and glossy Black Cherry polish caught everyone's attention, its deep aubergine shade flattering a multitude of skin tones. Designed to be limited-edition, not even the savviest trend forecasters could have anticipated it would sell out in just four weeks. The waiting lists got so long the brand took the hint and made it a permanent shade in July.

Perfect Cleavage Firming Lotion, \$87, This Works, mecca.com.au

This wonder serum merrily firmed and added shimmer to the décolletages of women around the world when it launched in 2006. When it was phased out in 2013, owners of precariously perky bosoms started to inundate the brand with pleas for its resurrection. An upgraded, uber-nourishing formula, rich in pomegranate, rose and frankincense oils, returned to our shelves in August.

Ambient Lighting Palette, \$87, Hourglass, mecca.com.au

Originally launched as a limited-edition trio of powders to celebrate last year's party season (and our collective obsession with "filtering"), these finely milled illuminators walked out the door faster than you could say "cheese", selling out in a fortnight. So beloved were the soft-focus, filter-like powders (which can be used separately or blended for a super-flattering glow), the compact was added to the permanent collection in May.

Lip Pencil in Bobbi, \$38, Bobbi Brown, bobbibrown.com.au

Back in 2011, lipsticks were on top and liner fell out of favour. Bobbi Brown quietly discontinued its Lip Pencil in Heather Beige – and the backlash began. Customers flooded Facebook and review pages, begging the brand to bring their beloved burnt-brown shade back to counters.

WANT TO DUST OFF AN OLD FAITHFUL? Estée Lauder brands (Bobbi Brown, Tom Ford and Clinique, to name a few) have a program called Gone But Not Forgotten, where they will track down discontinued products and let you purchase six at a time. It's currently only offered in the US, so find an American friend who can make the call for you. M.A.C also launched the second generation of the M.A.C By Request program in 2014. The brand shouts out on its Facebook page for fans to vote for a discontinued favourite and the winning collection is sold exclusively online. #peoplepower

"It wasn't long before we heard about it from our customers through social media. So last year we decided to bring back Heather Beige and renamed it Bobbi because it's one of my personal favourites," explains the woman herself.

Eau Parfumée Au Thé in Rouge, Vert and Blanc, \$112 each for 75ml, Bulgari, davidjones.com.au

Bulgari's Eau Parfumée Au Thé collection, inspired by ancient tea rituals, left Aussie shelves eight years ago. Since then, the only way to get a fix has been to stay at one of the brand's luxurious hotels in Milan, London or Bali, or to fly in the pointy end of an Emirates plane and score some in the amenities kit. David Jones recently ended Bulgari's hiatus, bringing the brand back exclusively to its stores. "The unisex appeal of the fragrances meant we had male and female customers inquiring after it, so to reintroduce it to our stores made perfect sense," says Christiaan Hobson, buyer of designer beauty and fragrance brands for David Jones.

Tea For Two, \$186, L'Artisan Parfumeur, (02) 8002 4488

Few beauty products inspire the level of devotion that a signature scent can. So when L'Artisan's delightfully smoky and sweet Tea For Two, which originally launched in 2000, was removed from sale in 2012, it wasn't long before the beloved elixir started popping up on auction sites fetching exorbitant price tags. The boutique perfumer finally caved to incessant requests and 2014 heralded the scent's triumphant return. □





say it



with



scent





Bottle? Brand? Notes? A woman's *relationship with perfume* has never been more complicated. Sara McLean investigates the intricacies of today's *fragrance tribes*

Fact: the most likely place to catch a whiff of a woman's perfume is also the least sexy: standing at an intersection waiting on the traffic lights. But you only need those few seconds to learn a thing or two about her. In the same huddle there's the young executive doused in Marc Jacobs Daisy (closeted free spirit), the new mum pushing a pram and leaving a trail of Dior J'adore (sophisticated old soul) and another woman rocking white culottes as her Byredo Gypsy Water wafts through the mix (she's popular on Instagram).

In their 2009 book *Perfumes: The A-Z Guide*, Luca Turin and Tania Sanchez reported that the most commonly asked question at the perfume counter is: "What scent drives men wild?" But it now goes beyond attracting someone simply with a lovely smell. Today, fragrance has the power to say just as much about a woman's ethos as the labels she wears and the music she listens to. We're aligning ourselves to the brand we want the world to see (and smell) us as.

With an influx of designer perfumes, celeb offerings and niche blends, there are more ways than ever to make scent part of *your* unique brand. Gucci's latest, Bamboo, reflects its luxury status, with a bottle modelling the iconic bamboo synonymous with the fashion house's high-end accessories. Purchasing the scent is buying into the perception of who the Gucci girl is, someone actress Gal Gadot embodied in the campaign. "On a beauty shoot there's an idea to convey – the focus is on how the woman looks and her attitude," says Gadot. "With Gucci, it's confidence and glamour."

The quest to personify a brand is big business. Research by IBISWorld showed Australia's online perfume and cosmetics sales expanded by nearly 20 per cent each year between 2009 and 2014, and were forecast to hit \$259 million in 2015, proving consumers no longer linger over a blotter to buy scent. How a bottle looks styled in an Instagram snap is becoming just as important as how it smells on the skin. "Fragrance is more accessible," says Erica Moore, fragrance evaluator for Fragrances Of The World. "It's less common for people to have one signature scent reserved only for special occasions. This has seen the market expand."

But ultimately the selection process still taps into personal preference. "Fragrance is emotive, it enhances certain elements of your personality," says Celine Roux, fragrance director for Jo Malone London. "You don't have to have one scent for life; just choose one to suit a particular mood on a particular day and if you still love it as it shifts and evolves on your skin, then you've found a good match."

With thousands of bottles vying for your allegiance, finding your next match can be a daunting task. Use our guide to help spot your scent society. ➔



The One Essence, \$118 for 50ml, **Dolce & Gabbana**, 1800 651 146



From left: Rose Radiant Gold, 24K Brilliant Gold, White Luminous Gold, \$110 each for 50ml, all **Michael Kors**, 1800 061 326



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ALTUZARRA



DOLCE & GABBANA



Bamboo, \$110 for 75ml, **Gucci**, 1800 651 146

navigate the fragrance tribes



Citron Vert, \$220 for 100ml, **Malin + Goetz**, mecca.com.au

THE MINIMALIST

TOP TRAITS: With a wardrobe of monochromatic basics in lush fabrics, the Minimalist's idea of a "pop of colour" is a flash of the red interior of her Mansur Gavriel bucket bag (she had it way before it was "a thing").

LOOK FOR: Perfectly imperfect air-dried hair and chic slip dresses that take her from day to night.

NATURAL HABITAT: Browsing the racks at Bassike for new tanks to wear to Pilates.

SIGNATURE LABELS: The off-duty Minimalist seeks out clean, crisp scents from hard-to-find labels like Malin + Goetz, Le Labo and Byredo. They're preferably imported, usually difficult to pronounce and ideally founded by a handsome hipster who stumbled into perfumery when he got tired of his modelling career.

Chanel No.5, \$116 for 35ml, **Chanel**, 1300 242 635



Rose Of No Man's Land, \$235 for 100ml, **Byredo**, mecca.com.au

THE GLAMOUR WHISPERER

TOP TRAITS: Ultra feminine and sophisticated, the GW prefers to let her style sigh, not scream, sex appeal. A sultry twist seduces every outfit, but just because sparking a conversation with a GW is easy, it doesn't mean she is.

LOOK FOR: A sheer knee-grazing dress and top-handle bag with serious status-symbol weight (even if her wallet, phone and keys don't all fit at the same time).

NATURAL HABITAT: Jumping the queue at the latest no-reservations restaurant after tapping her Jimmy Choo pumps at the maître d'.

SIGNATURE LABELS: She demands a scent that looks as glamorous on her dressing table as it smells on her skin, so opts for the aesthetics of luxury brands like Chanel, Gucci and Dior. The bottles are too precious (and heavy) to toss in her handbag, so she buys the highest concentration she can afford. ➔



CELINE

WES GORDON



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Introducing the new Foaming Cleanser and Mask. Now you can get a boost of hydration at every step of your daily skincare regime.



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*vs. one application of Hydro Boost® Water Gel
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Neutrogena®

CHLOÉ

CHLOÉ

THE GROUNDED GIRLIE GIRL

TOP TRAITS: She has a fondness for florals and feminine dresses, but her newsfeed is a smart mix of politics and culture.

LOOK FOR: Subtle winged liner and a Chloé Hudson tassel bag swinging from her shoulder.

NATURAL HABITAT: Standing in line for tickets to a French film festival.

SIGNATURE LABELS: Florals from fashion-darling brands like Chloé and Bella Freud feed her free spirit, but the juice must have enough staying power to last all day despite her spray-it-in-the-air-and-walk-through application.



Je T'Aime Jane, \$168 for 50ml, Bella Freud, mecca.com.au

Chloé Eau De Toilette, \$100 for 50ml, Chloé, 1800 812 663

ALEXANDER WANG



Alaïa Paris, \$168 for 100ml, Alaïa, (02) 9695 5678

SAINT LAURENT



MATTHEW WILLIAMSON

ERDEM

THE MODERN ENGLISH ROSE

TOP TRAITS: Juggles a successful career with thrice-weekly workouts and DIY dinner parties. This is the girl-next-door grown up.

LOOK FOR: Breton tops, tea dresses and bouncy blow waves. Sure, she's skilled enough to tong them herself, but she keeps standing appointments at the salon purely for the catch-ups.

NATURAL HABITAT: Hovering around the Thomas Dux deli aisle, rose gold iPhone in hand. She's likely on hold with her florist, wondering why her peonies were late this week.

SIGNATURE LABELS: A well-behaved rose is her baseline scent, but she'll mix it up with injections of green citrus or peony from fragrance houses made for women, not girls. Jo Malone, L'Artisan Parfumeur and Aerin Lauder's namesake Aerin are good places to start.



Lime Basil & Mandarin Cologne, \$185 for 100ml, Jo Malone London, jomalone.com.au



Rose De Grasse, \$290 for 50ml, Aerin, esteelauder.com.au/aerin



Private Blend Venetian Bergamot, \$298 for 50ml, Tom Ford, 1800 061 326



THE REBEL ELITE

TOP TRAITS: She has a penchant for skin-baring threads and thigh-high splits with the attitude to match. The Rebel isn't afraid to let a potential wardrobe malfunction get in the way of a memorable sartorial moment.

LOOK FOR: A worn-down tube of Tom Ford's Cherry Lush lipstick lost at the base of her Saint Laurent Sac Universit .

NATURAL HABITAT: Sipping her way down the exy cocktail list at a dimly lit bar, flanked by her equally cool friends (an up-and-coming hip-hop artist and an underground sculptor-slash-makeup artist).

SIGNATURE LABELS: Her spritz must make an expensive and sexy statement – she doesn't want to smell like everyone else. Dissident fragrance labels such as Ala a, Commes Des Gar ons and Tom Ford all make mixes that turn in-the-know heads. Yes, they can also put off the timid, but she's okay with that – her scent deliberately weeds out the weak. □

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Crème De La Mer, \$420,
La Mer, 1800 661 392



Immediate Moisture
Facial Hydrosol,
\$25, Aesop, aesop.com/au



Lip De Luscious SPF 25+,
\$28, Mecca Cosmetics,
mecca.com.au

@SARAH LUCERO GLAM



TÊTE-À-TÊTE

making faces

Sarah Lucero is the go-to girl for some major Hollywood talent – and knows a *party trick* or two...

Pure Cotton Buds
Applicators, \$2.99
for 100, Johnson's,
1800 029 979

Los Angeles-based makeup artist Sarah Lucero has been in the industry for more than a decade, working on shoots and backstage at fashion week as part of her role as Stila's global executive director of creative artistry. While most of her work is done behind the scenes, if you're the type who pays close attention to detail, you'll have seen her face pop up in the Insta pics of her long-time client Victoria Beckham.

"The red carpet is less about trends; instead I find what makes celebrities look their most beautiful," she says. "Making them feel comfortable is important – it shows in how they carry themselves." No wonder she's got a long roster of A-list fans, from Kerry Washington to Brooke Shields.

VICTORIA BECKHAM GIVES GREAT SMOKY EYE. HOW DO YOU DO IT?

I love Stila Kajal Eye Liners.

They're versatile – you can mix them with pawpaw cream for a glossy eye. Or you can do a quick smoky eye using just mascara and a medium-toned palette – you can't go wrong with warm browns. Wrap the shadow right under the lower lash line with a small brush. It makes the look complete.

GOT ANY HACKS FOR WINGED LINER?

Put mascara on first. It helps you see the true eye shape and where you should lift the wing from. Speed helps – being too careful and too slow with liquid liner shows up in the flick. And straighter lines are more flattering, so don't curve too much. If it all goes wrong, get in there with a cotton tip and have another go.

IS THERE A SECRET TO RADIANT SKIN?

The key is balance – not too shiny, not too powdery. I use Stila One Step Illuminate a lot – under foundation, as a highlighter or by itself. It gives a beautiful lit-from-within finish that wakes up your makeup and makes you look fresher. And I love Laura Mercier Secret Brightening Powder for under the eyes and across the nose – it's a great flawless texture.

WHAT'S A COMMON MISTAKE YOU SEE?

Your makeup should change depending on what's going on with your skin. Don't just wear something because it's always been your routine – experiment with products. That's one of the biggest differences with professionals – they use the one product in lots of different ways.

WHAT ARE YOUR BEAUTY MUST-HAVES?

There isn't a day that goes by that I don't wear Stila Convertible Colour. It's the first thing I grab for my own face and for shoots, the red carpet or the runway. With three shades – Peony, Camellia and Poppy – I can pretty much do anyone's makeup. They look great on cheeks and lips. I also like perfumes that aren't overpowering. I don't want to have too much fragrance on when I'm in someone's personal space.

WHAT ELSE IS ALWAYS IN YOUR KIT?

Cleansing water. It's great when I'm working backstage because it doesn't leave a residue. Wipes can irritate the skin, so the water is more gentle. I love face mists, too. They give a quick refresh and feel a bit indulgent. And of course a great moisturiser and lip balm.

GLITTER MAKEUP – YAY OR NAY?

I prefer sheen or shimmer. Adding a little shimmering shadow to the centre of the lower part of the lid opens up the eye. If you do use anything with glitter, have tape handy – it's the best way to clean up any that's loose on your face. □

Sensibio
H₂O Solution
Micellaire,
\$29.99,
Bioderma,
priceline.com.au

Convertible Colour
in Camellia (above)
and Peony (below),
\$36 each, Stila,
mecca.com.au

One Step Illuminate, \$52, Stila,
mecca.com.au

Stay All Day
Waterproof Liquid
Eye Liner, \$29, Stila,
mecca.com.au

Secret Brightening
Powder in #1, \$48, Laura
Mercier, (02) 9663 4277



SKIN RITUALS



Step into the shower and emerge a new (and more zen) woman

CLEANSE AND CHILL

Bliss out as you lather your body with Rituals Zensation Shower Foam. The unique gel-to-foam formula pampers skin with nourishing rice milk, while the fragrance of cherry blossom soothes your senses. A small amount of this ultra-caring foam is all you need to cleanse your whole body.

YOUTH IN A JAR

Restore your skin's youthful appearance and gently remove dead skin cells with Rituals Rice Scrub. On contact with water, it transforms into a silky

exfoliation cream. It's a two-in-one combination of a cleansing body scrub and moisturiser, enriched with nourishing organic rice milk and the delicate scent of cherry blossoms.

MAGIC RITES

With its airy whipped texture and unique blend of antioxidants, vitamin E and healing centella asiatica, Rituals Magic Touch softens and strengthens the skin. The rich and velvety cream intensively nourishes and firms the complexion, leaving you with the sweet fragrance of rice milk and cherry blossoms.

■ RITUALS.COM.AU
■ @RITUALSCOSMETICSAUS



THE RITUALS SAKURA RANGE

From left: Magic Touch, \$32; Sakura Scrub, \$39; Rice Scrub, \$19; It's A Wrap, \$19; Carpe Diem, \$19; Sakura Spring, \$19; Zensation, \$15; Blossom Water, \$34; Hanami Heaven, \$29

MAKING YOU FEEL WONDERFUL FROM THE OUTSIDE IN,
THE RITUALS SAKURA COLLECTION COMBINES NOURISHING
RICE MILK AND A MOOD-BOOSTING CHERRY BLOSSOM SCENT



the beauty edit

New buys *tried, tested and approved*
by ELLE's beauty team



JANNA JOHNSON

O'TOOLE

BEAUTY & FITNESS
DIRECTOR

JANNA Firm and brighten with this cocktail of seriously luxe (and scientifically backed) ingredients: black diamond truffle extract, refined 24-carat gold and South Sea pearls. Re-Nutriv Ultimate Diamond Transformative Energy Eye Creme, \$320, **Estée Lauder**, 1800 061 326

JANNA This clever oil intensifies fragrance notes, so dab onto pulse points and follow with your go-to scent to create a bespoke variation on an old favourite. J'adore Touche De Parfum, \$159, **Dior**, (02) 9295 9022

AMY Nobody does bottles as clever and kooky as MJ. This one is a handbag on a toddler-sized scale. The scent, with iris, rose, jasmine and vetiver, is sexier and more grown-up than you might expect. Decadence, \$150 for 50ml, **Marc Jacobs**, 1800 812 663

AMY A summer-perfect shade that gives great party eye – the formula is soft enough to be fingertip-friendly, too. Ombre Iridescente in Aquatic Rose, \$34, **Clarins**, (02) 9663 4277

JANNA All the goodness of La Mer's iconic creams in a lightweight oil, aka "liquid gold" (the affectionate nickname I use as I slather it on at night). The Renewal Oil, \$320, **La Mer**, 1800 661 392

AMY Finer-than-fine powder that gives a dreamy wash of shimmer – perfect for the cheek and collarbones. Using it makes me feel like two times the lady. Diorific State Of Gold Illuminating Pressed Powder in Luxurious Beige, \$105, **Dior**, (02) 9295 9022

JANNA Forget plunging necklines, a statement nail job is the chicest way to turn heads this silly season. Le Vernis Nail Colour in Rose Fusion (right), Le Top Coat Lamé Rouge Noir (far right), \$39 each, **Chanel**, 1300 242 635

AMY STARR

BEAUTY & LIFESTYLE
ASSOCIATE

PROOF IN REAL LIFE!



SHARON STONE, ACTRESS

The beauty industry is famous for showing extreme looks and altered images and it can be hard to trust the results of aesthetic treatments just by looking at an image. This is why dermal fillers and skin hydration boosters were put to the test. At an event in Berlin, hosted by Sharon Stone, leading representatives from the beauty and wellbeing industry were invited to mingle with the proof - ten sets of identical twins. Only one sibling in each set of twins was treated, so the guests could see the real-life results, with and without aesthetic treatments.

Visit ProofIRL.com/au to see the results for yourself and contact your practitioner for more information.

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 GALDERMA

my weekend in products

"I prefer not to leave the house without concealer and great lashes. You never know who you'll run into!"

Lifestyle entrepreneur **Kyly Clarke's** beauty routine combines luxe buys with *low-key* favourites



"I love staying in after a busy week and lighting one of my relaxing candles"

"I LIKE TO KEEP MY BEAUTY REGIMEN SIMPLE. SKIN HYDRATION IS VERY IMPORTANT AND DIY FACIALS ARE ONE OF MY FAVOURITE TREATS."

@_LYFESTYLED_

FRIDAY

FROM LEFT Base Perfector Primer, \$150 (part of set), **Sheer Cover**, 1300 786 072; Pro Longwear Concealer, \$32, **M.A.C**, maccosmetics.com.au; LashXtend Lengthening Mascara, \$22, **ModelCo**, modelcocosmetics.com; C2 Collagen Firming & Moisturising Facial Mask, \$39, **LonVitalité**, lonvitalite.com.au; Hawaiian Grapefruit & Lemon Candle, \$49, **Lyfestyle** By **Kyly Clarke**, lshomewares.com.au; Advanced Night Repair Eye, \$95, **Estée Lauder**, esteelauder.com.au; Advanced Night Repair Synchronized Recovery Complex II, \$95, **Estée Lauder**, esteelauder.com.au; Hydrationist Maximum Moisture Creme, \$75, **Estée Lauder**, esteelauder.com.au

"Up at 5.30am for a 45-minute fitness session"

"I use rosehip oil on my face, then apply a drop of lavender on my wrists for a good night's sleep"

SATURDAY

"I mix these foundation shades to adjust the tone for summer and winter"

FROM LEFT Replenishing Rose Mist Facial Mist, \$20, **ModelCo**, modelcocosmetics.com; Dramatically Different Moisturizing Lotion +, \$29, **Clinique**, clinique.com.au; Shade & Illuminate, \$110, **Tom Ford**, 1800 061 326; All Day Luminous Weightless Foundation in Barcelona (left) and Punjab, \$70 each, **Nars**, mecca.com.au; Lipstick in Lady Danger, \$36, **M.A.C**, maccosmetics.com.au; Eye Shadow in Swiss Chocolate, \$33, **M.A.C**, maccosmetics.com.au; Eye Shadow in Mahogany (left) and Charcoal, \$42 each, **Bobbi Brown**, bobbibrown.com.au; Certified Organic Rose Hip Oil, \$24.95, **Kosmea**, 1300 130 320; Lavender Pure Essential Oil, \$35, **Jurlique**, jurlique.com.au

"I started using this bubble bath during my dancing days and still soak with it whenever I train"

SUNDAY

FROM LEFT Young Again Wash, \$37.95, **Kevin Murphy**, 1800 104 204; Young Again Rinse, \$38.95, **Kevin Murphy**, 1800 104 204; Dramatically Different Moisturizing Lotion +, \$29, **Clinique**, clinique.com.au; Eye Shadow in Swiss Chocolate, \$26, **M.A.C**, maccosmetics.com.au; Muscle Soak, \$5.99, **Radox**, radox.com.au; Omnia Crystalline, \$96 for 40ml, **Bulgari**, (02) 9695 5678; Hard As Nails, \$12.45, **Sally Hansen**, 1800 812 663; Complete Salon Manicure in Almost Almond, \$14.95, **Sally Hansen**, 1800 812 663

WORDS: SARA MCLEAN, PHOTOGRAPHY: PABLO MARTIN (STILL LIFE), STYLING: ANNY STARR, FROM \$24.95, INCA, INCA.COM.AU

SALUTE THE SUN

New day, fresh start. Discover one ELLE reader's yoga mojo and why you really don't want to sleep in this Saturday

It's a tick after sun-up and Sophie Palmer's eyes are open. Actually, she's already on the beach and in a headstand. Since first clicking with yoga 10 years ago, Sophie has rolled her mat out on the sand to jumpstart every morning. She teaches an early class even on weekends. "It's a beautiful time to move the energy around the body and set the foundation for a peaceful, calm and grounded day," she swears. Bonus: while the UV index is low, Sophie soaks up vital vitamin D with bare arms and legs. "I wear SPF to protect my face, though – a light but really hydrating lotion packed with active antioxidants. Yoga is when I focus on nourishing my entire self."



SEE SOPHIE'S YOGA MOVES

Use the free **viewa** app and scan this page to watch an interview with Sophie and see her yoga moves.



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BE A MORNING PERSON

Sophie's yoga tips

Flex, then fuel

My favourite post-yoga brekkie is a homemade bowl of seasonal fruit, berries, coconut flesh, nuts and chia seeds. Plus warm water with lemon.

Feel the vibe

I like to mix up my yoga playlist – Edo and Jo, Xavier Rudd, Bon Iver and Alt-J.

Get zen in the dark

Before the rest of the world starts to stir, I like to do my meditation practice. It's a really special time of the day.

Do it everywhere

I've recently returned from studies in Bali and India and I love to teach outdoors. Wherever there's space for a mat, there's space for yoga.

@sophiepalmer yoga
 Yoga with Sophie

WEAR: Dr. LeWinn's Private Formula Day Cream Moisturiser Light SPF 15, a sheer new take on the original cult moisturiser.

WHY: Instant hydration sinks in faster than you can wiggle into lycra, and refreshes skin all day. It's an un-greasy base for foundation if you're going to breakfast right after a workout.

BEST FOR: All multi-taskers.

This is sun protection, anti-ageing action and deep moisture in one. Clinical trials show it boosts hydration by 50 per cent in one hour.*

POWERED BY: It's practically a super smoothie for a morning face – a dose of Hydroviton® Plus, blended into a trio of revitalising berry extracts, antioxidant argan oil, cell-renewing vitamin A and SPF 15.

*Clinical study on 10 women aged 20-60 over a two-week period.

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10 (UNEXPECTED) FOODS

THE EXPERTS WON'T TOUCH

We know *lollies and soft drinks* are grocery-basket contraband, but there are *less obvious offenders* sabotaging our weekly shop. Health and wellness know-it-alls reveal the items they stroll right by



LOW-FAT AND FAT-FREE DAIRY

"When food companies remove fat from products, they're essentially taking away the taste and feel factors and replacing them with **high levels of sugar or other nasty chemicals** to ensure it still tastes great. I'll always choose a full-fat Greek yoghurt over a fat-free flavoured variety. Often the calorie content is exactly the same and the full-fat option is much more natural."

— *Phoebe Di Tommaso, personal trainer*

NUT MILKS

"Cow's milk alternatives made from almonds, rice, quinoa and oats are marketed as healthy, but **many are loaded with sugar**. For example, rice milk is twice as sugary as soy milk. Look at the ingredients list

of milk alternatives and you'll often see sugar listed within the top three – even cane or organic versions are still highly

processed and recognised as sugar by the body. Go for unsweetened varieties or make your own – almond milk is particularly simple to DIY."

— *Kirsty McLean, health coach, personal trainer and founder of Body Clarity, bodyclarity.com.au*

PROCESSED OILS

"I avoid canola, sunflower, soybean, safflower, cottonseed and corn oils at all costs. They are usually highly chemically processed, often genetically modified and high in omega 6s – not to be confused with beautiful omega 3s – which makes ➔



them a **potent, inflammation-causing 'fake' food**. They are linked to serious health issues such as heart disease and obesity. I use cold-pressed organic olive oil for cooking, coconut oil in moderation for frying at high temperatures and macadamia and flaxseed oils for salad dressings."

– *Pip Reed, nutritionist and founder of The Health Clinic, thehealthclinic.com.au*

AGAVE SYRUP

"Often touted as a healthy sugar alternative, agave is very high in fructose (up to 90 per cent) and **similar in chemical makeup to high-fructose corn syrup**, a big no-no. It also varies greatly in quality so it's best to avoid it altogether."

– *Emma Seibold, founder of Barre Body, barrebody.com.au*

MUESLI

"Muesli can be a real hidden health menace. While grains and nuts on their own can be healthy, when combined with processed dried fruit and covered with yoghurt or chocolate, they end up far from where they started. Be mindful of the ingredients, including sugar (listed under many names such as fructose, invert sugar, glucose, honey, golden syrup and erythritol), **vegetable oils of questionable quality, preservatives and mysterious 'flavours'**. A much tastier and healthier alternative is raw unsalted nuts and seeds with fresh fruit."

– *Danielle Steedman, naturopath for Blackmores, blackmores.com.au*

"WHEN FOOD COMPANIES REMOVE FAT FROM PRODUCTS, THEY'RE ESSENTIALLY TAKING AWAY THE TASTE AND FEEL FACTORS AND REPLACING THEM WITH HIGH LEVELS OF SUGAR OR OTHER NASTY CHEMICALS"



STORE-BOUGHT GLUTEN-FREE FOODS

"Avoiding gluten is an essential health decision for many people, but **don't assume that because something is 'gluten-free' it's healthy**. Many commercial gluten-free breads, baked goods, snacks and cereals are laden with processed sugar, preservatives, additives, dairy products and flavour enhancers. Be wary of any product with a long list of ingredients, and steer towards whole, plant-based food for your gluten-free choices."

– *Kirsten Harvey, naturopath, nutritionist, herbalist and founder of Orchard St, orchardstreet.com.au*

SHREDDED CHEESE

"I avoid heavily processed dairy and foods with artificial colouring. Shredded cheese **contains non-clumping agents, while the orange colour can be the result of food dye**. Stick to minimally processed, natural cheese and grate it yourself."

– *Associate professor Greg Goodman, Dermatology Institute of Victoria*

WHEY PROTEIN ISOLATE

"A common and relatively unknown side effect of whey protein isolate (WPI) is **hair loss in men and women**.



I noticed this four years ago when I developed intense shedding about three months into a workout program which included WPI. I lost nearly half of the volume of my hair over a period of eight weeks and it was frightening. A colleague of mine, Dr Larry Shapiro, has seen hundreds of patients who were losing their hair at an accelerated rate from using these supplements due to the increase in testosterone. Now I use a specifically developed protein product to allow muscle growth and support healthy hair and nails."

– *Dr Sara Kotai, Man Cave Sydney, mancavesydney.com.au*

DELI MEATS

"I completely understand it's unrealistic to eat 100 per cent organic, however, when it comes to animal products I just won't compromise on quality. I only buy organic eggs and meat products and will not touch processed deli meats. These meats **tend to come from animals raised in poor conditions and pumped with growth promoters and antibiotics**. They are also filled with preservatives, additives, flavourings and dyes. Yes, it is important to have protein in your diet, but you need to look at the quality of the source."

– *Teresa Boyce, nutritionist for Bounce, au.bouncelifestyle.com*

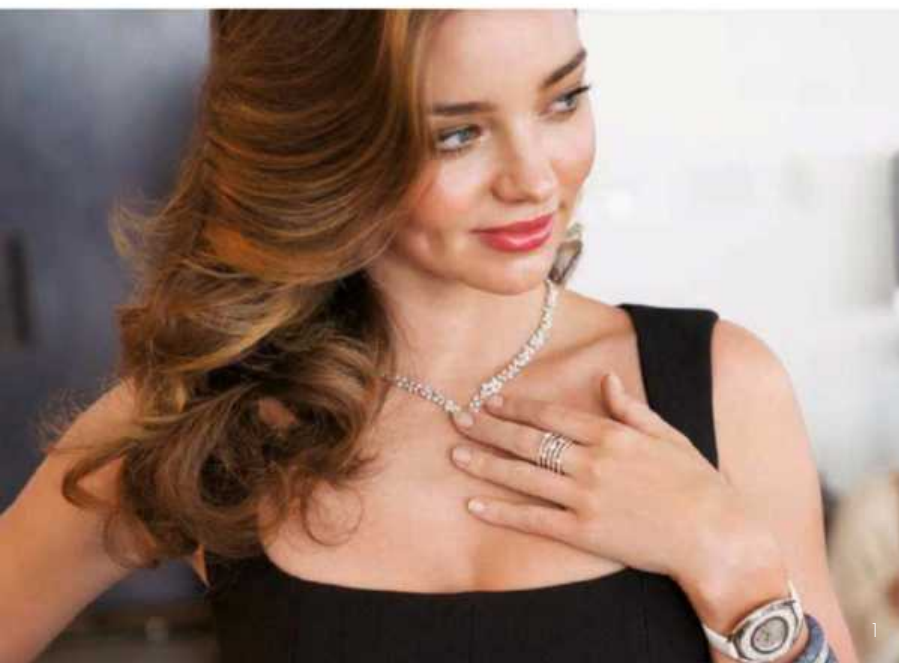
CEREAL BARS

"Cereal and meal bars may seem like a healthy on-the-go choice but some actually have very high amounts of sugar and other unhealthy additives. Make sure you read the nutrition information panel before you buy it – **the amount of sugar, calories and carbs may surprise you.**" □

– *Sherree Banh, nutritionist for Swisse, swisse.com/au*

SEASON'S BEST WISHES

Miranda Kerr and Swarovski elevate the joy of giving with an inspired new collection of jewelry that is close to the supermodel's heart and perfect for everyone on your list.



1. **BRILLIANCE** reflect your inner beauty
2. **STRENGTH** live with confidence
3. **SPIRIT** celebrate your unique magic
4. **LOVE** follow your passions, live for love
5. **LUCK** may good fortune find you
6. **GRACE** go forward with freedom and strength
7. **JOY** radiate your light

On the set of the new campaign shoot for her collaboration with Swarovski, Miranda Kerr beams as stylists and makeup artists buzz about, comparing jewelry options and adding the finishing touches to her total look.

"I could never pick a favorite," says Kerr, her bright blue eyes shining with no less brilliance than the v-shaped necklace draped around her neck. Taking meaningful jewelry to the next level, each sparkling piece represents an uplifting message, from joyful stars and lucky clovers to frozen blooms of breathtaking sparkle. "The first necklace I knew I wanted to give someone was the snowflake which serves as a reminder that uniqueness is magical and perfect", Kerr continued,

"I'm giving that one to my best friend." Perfect for everyday, the collection features a mixed metal approach, designed to be layered together for a custom message that's as powerful as it is personal.



"I'VE ALWAYS LOVED GIVING GIFTS TO PEOPLE THAT NOT ONLY MAKE THEM HAPPY, BUT INSPIRE THEM TOO."

1. Diapason All-around V Necklace \$299.00
2. Duo Pendant Evil Eye Pendant \$99.00
3. Duo Snowflake Set \$179.00
4. Duo Heart Medium Pendant \$199.00
5. Duo Clover Pendant \$ 99.00
6. Duo Pendant Wing \$99.00
7. Duo Star Medium Pendant Star \$199.00

Words by Janna Johnson O'Toole

THE RIGHT *ANGLES*

Step aside six-pack, move over triceps – *a defined jaw* is the new object of desire

'm due for a jab," confessed a friend as she juttied her jaw back and forth. "For my teeth grinding," she quickly qualified, lest I would judge (I wouldn't). A few weeks later I noticed her face looking ever-so-slightly thinner, the naturally round shape taking on new angles as her jaw became more defined. Like all good injectable work, it was subtle, likely only detectable by the trained eye of an inquisitive beauty editor, but there was no denying the treatment, which involves Botox injections in the jaw muscles, made her face slimmer and more contoured. Is teeth grinding the new "deviated septum"? Possibly. A defined jawline – that V or upside-down triangle shape – has become the new status of youth.

"As we age, we lose structure and volume as we reabsorb the fat pads and bone in our face," explains Sydney-based cosmetic physician Dr Sara Kotai. This loss of volume can make jaw muscles look more pronounced, so a neurotoxin such as Botox injected into the masseter muscles not only relaxes them (halting any grinding) but also reduces their size. If volume loss is creating jowls, Dr Kotai restores fullness with dermal filler injected on either side of the jaw, tightening the skin and creating that slimming, coveted V.

Needles sound scary? Consider the latest from Zeltiq CoolSculpting: the CoolMini. Designed to tackle double chins and turkey necks, the applicator uses fat-freezing technology to cool fat cells until they crystallise. Over the following few months, 20 to 25 per cent of the icicle cells die, expelled through the lymphatic system, never to taunt another selfie again.

If you prefer to DIY, handheld face massager NuFace Trinity uses micro-current technology (the secret to many professional facials) to stimulate circulation and de-bloat for sharper contours, while L'Occitane's new Immortelle Divine Cream Mask comes with a dual-ended, 24-carat gold tool designed for a series of exercises that perk up lax skin (the full, mesmerising routine is on YouTube). Top off treatments with a firming product

– Estée Lauder's latest, New Dimension Shape + Fill Expert Serum, uses a pro-collagen complex proven to increase volume for lifted cheeks and a tauter jaw.

And if makeup is your weapon of choice, stealth shading can coax out contours with minimal effort. "For a more chiselled jawline, play with light and dark to create a 3D effect," says Clinique's national education manager Melissa Elvin-Jensen, who recommends the brand's Chubby Stick Sculpting Contour and Highlight products for a fuss-free application.

Glide the Sculpting Contour along the bottom of your jawline, starting behind the ear until you reach the tip of chin, blending as you go. Repeat on the opposite side, then follow with the Sculpting Highlight on the chin, above the jaw and towards the cheek, ensuring you've blurred any telltale lines of demarcation. A good friend may look past a little white teeth-grinding lie, but they won't let bad blending slide. □

self-taunt

Keep your chin up with these tools of the trade

From top: Chubby Stick Sculpting Highlight in Hefty Highlight, \$42, Chubby Stick Sculpting Contour in Curvy Contour, \$42, both **Clinique**, clinique.com.au

New Dimension Shape + Fill Expert Serum, \$140, **Estée Lauder**, 1800 061 326

Trinity, \$458, **NuFace**, mecca.com.au

Divine Immortelle Divine Cream Mask, \$165, **L'Occitane**, (02) 8912 3000

MADE FOR **SUMMER**

Hot and bright, feel the heat this summer with domayne outdoor.



D O M A Y N E[®]

Visit domayne.com.au to browse our full range of furniture, bedding and homewares.

WHITE HOT DINING

The Pontoon dining table brings luxury and comfort to outdoor entertaining, with eye-catching lines and a striking frosted glass top.



Stylish foldable dining setting with powder-coated aluminium frame.



Front Cover Furniture

Breeze Aluminium Square Dining Table Taupe, \$899.

Breeze Aluminium Chairs White & Taupe, \$179 each.

Front Cover Homewares

Hive Bowl White, \$69.95.

Corsica Acrylic Rim Jug, \$29.95;

Tumbler, \$9.95 each.

Mother Tongue Pot Plant, \$189.95.

Left Furniture

Pontoon Glass Top

Dining Table, \$2499.

Artena Dining Chair, \$229 each.

Left Homewares

Frost Hi Ball Glasses, \$39.95

Set of 4. Melamine Water

Jug in Grey, \$29.95.

Above Furniture

Rosy Foldable Dining Table, \$599.

Rosy Folding Chair, \$129 each.

Above Homewares

Melamine Small bowl Red & Mint, \$9.95 each; Tumbler Mint & Red, \$5.95 each.



DOMAYNE®

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LONG LUNCHING

Extendable to three metres the Capri dining table features a contemporary faux-timber look and is perfect for the long lunch.



*Matching
Capri day-bed
completes
the look*



Left Furniture Capri Extension Dining Table, \$1999 (200-300w x 96d x 75h cm). Capri Dining Chair, \$179 each.

Left Homewares Melamine Serving Platter Grey, \$24.95 each; Shallow Bowl Grey & White, \$34.95 each; Tumbler White, \$5.95 each.

Above Furniture Capri Daybed, \$2399 includes back and seat cushions.

Above Homewares Mother Tongue Pot Plant, \$189.95. Riviera Stripe Square Cushion Cement, \$59.95.

D O M A Y N E[®]

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CALMING CORNERS

Clean lines and a timeless neutral palette make the Cube sofa a standout, a sturdy steel frame and UV-resistant cushions complete it.



*Armchair
available
for smaller
stylish spaces.*



Left Furniture

Cube Modular, \$4999; 2-Seater
Sofa, \$2499; Ottoman, \$799;
Coffee Table, \$1199.
Anywhere Tonal Stripes
Rug Charcoal, \$499.

Left Homewares

Riviera Plain Cushion Black, \$54.95;
Stripe Cushion, \$59.95.
Agave Potted Plant, \$69.95.
Bamboo Bowl Grey Large, \$29.95;
Small, \$7.95.

Above Furniture

Cube Club Chair, \$1499;
Nest of Tables, \$599;
Ottoman, \$799.

Above Homewares

Riviera Plain Cushion Black, \$54.95.
Bamboo Bowl Grey Small, \$7.95.

D O M A Y N E®

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LUXE LOUNGING

Sit back and enjoy the comfort and design of the Pontoon lounge setting, configure it to fit any space perfectly.



*Two armchairs
can totally
change the mood.*



Left Furniture

Pontoon 2-Seater with 1 Arm,
\$2199 each; Rectangular
Ottoman, \$1699; Coffee Table,
\$699; Magazine Rack, \$69;
Serving Tray, \$89.
Anywhere Bold Stripes
Rug Grey, \$399.

Left Homewares

Grand Stripe Beach Towel
Iris, \$69.95. Finley Cement Bowl
Small, \$18.95; Large, \$31.95.
Melamine Tumbler Mint, \$5.95.

Above Furniture

Pontoon Arm Chair, \$1599 each;
Coffee Table, \$699.

Above Homewares

Pacific Palm Cushion, \$69.95.
Finley Cement Bowl Small, \$18.95.

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STYLING SPACES

Modern rope detailing sets the Sorento lounge setting apart, strong aluminium frame and deep comfortable seats make it exceptional.



*Relax in the
matching
rocking chair.*



Left Furniture

Sorento 3-Seater Sofa, \$2799;
Love Seat, \$2499; Lounge Chair,
\$599. Explorer Side Table White
Large, \$219; Small, \$149.
Anywhere Bold Stripes
Rug Navy, \$399.

Left Homewares

Stokes Cushion Green, \$64.95
each. Pipe Tray, \$129.
Fiji Wine Glass, \$9.95 each;
Bowl Small Blue, \$8.95.

Above Furniture

Sorento Rocker Chair, \$749;
Lounge Chair, \$599.
Explorer Side Table Mint Small,
\$149; Charcoal Large, \$219.

Above Homewares

Copper Hexagon Trays, \$159.95
Set of 2.

D O M A Y N E®

Visit domayne.com.au to browse our full range of furniture, bedding and homewares.

MADE FOR SUMMER

Hot and bright, feel the heat this summer with domayne outdoor.



Furniture Rope Day Bed, \$2999; Egg Chair, \$1299. **Homewares** Grand Stripe Beach Towel Iris, \$69.95. Riviera Plain Cushion Yellow, \$54.95. Maui Outdoor Cushion, \$39.95. Flora Tumbler Blue, \$7.95 each.

D O M A Y N E®

Visit **domayne.com.au** to browse our full range of furniture, bedding and homewares.

DOMAYNE STORES ARE OPERATED BY INDEPENDENT FRANCHISEES. ADVERTISED PRICES VALID AT NEW SOUTH WALES STORES ONLY.
PRICES MAY VARY BETWEEN STATES DUE TO ADDITIONAL FREIGHT CHARGES. OFFER ENDS 24/12/2015.

THE LIFESTYLE

NIGHT WATCH

Moody lighting and lush white roses set the scene for Net-A-Porter's sunset soiree at Qualia's Long Pavilion during Audi Hamilton Island Race Week. Because everyone looks better by the flickering glow of pillar candles and in the reflections of generous glasses of shiraz and sauv blanc...



PEN FRIENDS

Keep your party-planning tools in a chic carrier of their own.

Case, \$14.99,
**Jonathan
Adler,**
officeworks.
com.au

Case, \$59.95,
Mark's Inc,
notemaker.
com.au

Case, \$60, **Kate
Spade,** papier
damour.com.au



BOATING CREW

Audi Hamilton Island Race Week attracts stunning yachts and glamorous guests, including (below, from left) bloggers Romy Frydman, Tanja Gacic, Hanneli Mustaparta, Carmen Hamilton and Sara Donaldson



Share platters always inspire lively chatter. Take cues from the Net-A-Porter party with a simple charcuterie plate and crunchy herb accompaniment that takes next-to-no time to whip up.

► STEAL THIS DISH

HONEY-GLAZED ROOT VEGETABLES WITH SALSA VERDE

SERVES 8

RECIPE BY ALASTAIR WADDELL,
EXECUTIVE CHEF AT QUALIA

2 heads **fennel**
3 **carrots**
2 **red onions**
1 **eggplant**
2 **parsnips**
1 **butternut pumpkin**
Canola oil, for roasting
Salt flakes, to taste
150ml **honey**
Sprinkle **coriander seeds**

SALSA VERDE

100g **mixed herbs** (equal parts parsley, basil, mint and chives)
2 cloves **garlic**, peeled
6 **cornichons**
3 tbsp **capers**, rinsed
6 **anchovy** fillets
80ml **extra virgin olive oil**
Zest 1 **lemon**
Salt, to taste
Ground **black pepper**, to taste

TOP TIP

SALSA VERDE ALSO PAIRS PERFECTLY WITH FISH. GRILL A FILLET THEN DRIZZLE THE SAUCE OVER THE TOP FOR AN EASY SUMMER MEAL.

PREHEAT oven to 180°C.

PEEL vegetables (where appropriate). Cut into large slices, maintaining the shape of the vegetable if possible.

DRIZZLE with canola oil and season with salt flakes. Roast vegetables for approximately 20 minutes or until they're tender but still have bite.

SMOTHER vegetables in honey, return to oven and allow to caramelise for 3-5 minutes.

FOR THE SALSA VERDE, add all ingredients to a high-speed blender. Pulse quickly until ingredients are blended together but not quite smooth.

ALLOW vegetables to cool to room temperature then dress with salsa verde and cracked coriander seeds.

White Musk & Warm
Vanilla Candle, \$89.95,
Ecoya, ecoya.com

Trinket trays, \$44.95 for three,
Ny-lon, outliving.com.au

► DRESS THE TABLE

CRISP WHITE AND METALLIC ACCENTS LOOK GLAMOROUS, ESPECIALLY AT DUSK.

Salt and pepper shakers,
\$34 for set, **West Elm**,
westelm.com.au

Brut Summer
Limited Edition 2015, \$32,
Chandon, moet-hennessy-collection.com.au

Napkins, \$59.95
for four, **Sheridan**,
sheridan.com.au

Side plate, \$14, **West Elm**,
westelm.com.au

Tumblers, \$39.95 for four,
LSA, myer.com.au

Trivet, \$75,
Marble Basics,
thedepotandco.com.au

Place cards, \$2 each,
Month Of June Design,
monthofjunedesign.etsy.com

Placemat, \$7.95, **Freedom**,
freedom.com.au



LET'S CELEBRATE THE ELLE 70 YEARS OF STYLE !

Enjoy 7 decades of fashion and discover the ELLE x Cyrillus limited edition of 7 dresses for girls.
For the first time ever in Australia, available only at Cyrillus, the iconic French style brand.

Shop online : WWW.CYRILLUS.COM

TRY THIS

blues fest

The *coolest of colours* is the perfect accompaniment to classic black and white



WORDS AND STILL-LIFE STYLING: AMY STARR PHOTOGRAPHY: KRISTOFER JOHANSSON STYLING: SASA ANTIC

Armchair, \$499, **Zanui**,
zanui.com.au

Print, \$129,
Chieska Smith,
theposterclub.com

Chandelier, \$1,395, **Matt Blatt**,
mattblatt.com.au

Bowl, \$79.95, **Freedom**,
freedom.com.au

Rug, \$699, **West Elm**,
westelm.com.au

Pop Candle in Sea Salt,
\$69.95, **Jonathan Adler**,
outliving.com.au

Bowl, \$38, **Have You Met Miss
Jones**, jonesandco.com.au

Vase, \$170, **Oly**,
cocorepublic.com.au

Cushion, \$64, **West Elm**,
westelm.com.au

If you're tired of basic
monochrome, try adding layers
of blue to the mix. It makes white
look its brightest and softens
a stark space without appearing
busy. Accessorise with
sleek chrome and shiny glass
to keep the look crisp.

Lamp, \$300, **Design House
Stockholm**, vincentdesign.com.au

Dior By Avedon by Justine
Pidardie and Olivier
Saillard (\$350, Rizzoli)

Chair, \$7,375, **Cassina**,
cultdesign.com.au

Sofa, \$3,570, **GlobeWest**, globewest.com.au

Coffee table, \$945, **GlobeWest**,
globewest.com.au

Tray, \$29, **Have You Met Miss Jones**,
jonesandco.com.au

Faux flowers,
\$29 each, **West Elm**,
westelm.com.au

LONG WEEKEND IN

wellington

With more dining and drinking spots per capita than New York, *New Zealand's hippest city* is the place to go for a hedonistic mini-break



SLEEP

If you're looking for a cosy cultural retreat, you can't beat the 163-room Museum Art Hotel, which has an art collection that can easily compete with the city's best galleries. The property was recently acquired by the cool kids at QT but will keep its quirky style when the new owners put their name over the front door – hopefully that means the red motorcycle stays in the foyer. Other pieces to look out for are Stephen Martyn Welch's portrait of Willie Nelson and Dick Frizzell's print "The Second Metaphysical Cheese" (and not just because of the name). The rooms are spacious, and marble and gilt-accented bathrooms up the luxe stakes. Sporty types can use the indoor pool while those who prefer to get wet in a different way should dive into the impressive cocktail list at the Hippopotamus bar.

📍 museumhotel.co.nz

SLEEP BRIGHT

The colourful Museum Art Hotel doubles as a gallery

TOP DROP

Coffee connoisseurs can sample the goods at Customs Brew Bar



VIBE

Brooklyn, consider yourself on notice. While Sydney's Surry Hills and Melbourne's Brunswick might be considered rivals for hipster hotspot of the universe, the underrated capital of NZ is right up there with NYC when it comes to beanies, craft beers and ethically sound coffee. Forget the tired old sheep jokes – there now seem to be more baristas than bleaters (definitely drop into Customs Brew Bar for a macchiato). A thriving art scene, vintage stores around every corner and harbourside markets make Wellington the perfect 72-hour getaway.

📍 airnewzealand.com.au; coffeestupreme.com



CASUAL CUISINE

Unpretentious Ortega is the epitome of Wellington's fine-dining scene



COMING OF AGE

Jano Bistro serves up inventive modern dishes (left) in an 1880s cottage (below)



EAT

A table at Ortega Fish Shack And Bar is worth the cost of an Air New Zealand airfare alone. Maître d' Davey McDonald will make sure you're in the perfect position – our favourite spot is at the bar so we can watch the cocktails come to life with a plate of oysters to keep us company. But it's not just the drinks that will have you salivating – so too will the inventive seafood dishes, such as pan-roasted blue moki with ham, sage, lentils, pea, gnocchi and truffle broth. At nearby Jano Bistro, French chef Pierre-Alain Fenoux takes a seasonal approach with dazzling à la carte and degustation menus – pray the smoked eel with beetroot, horseradish and apple is on the menu.

📍 ortega.co.nz; janobistro.co.nz



ON THE HOPS

Garage Project's craft beer menu is dizzying – and that's before you take a sip...

DRINK

Start things off rough and ready with a trip to the Garage Project. Pete Gillespie is the king of craft beer with brews that make use of chilli and mango or golden syrup and toasted coconut. If your tastebuds aren't that adventurous, stick with "Beer", with malt, hops and yeast. For something more formal than a converted garage, head to local fave the Hawthorn Lounge (don't saunter past the nondescript entrance). The '30s gentleman's club vibe loosens up as the drinks flow. Bar manager Peter Lowry believes in authenticity, carefully crafting his own creations from scratch. You won't find a better negroni this far east of Melbourne.

📍 garageproject.co.nz; hawthornlounge.co.nz



RAISING THE BAR

The dimly lit Hawthorn Lounge is the place for secret rendezvous and amazing cocktails

SHOP

When it comes to shopping, New Zealand is all about the Ks – that's Karen Walker and Kate Sylvester. Karen Walker's Wakefield Street store has her ready-to-wear collection, cult sunglasses, delicate jewellery and staff so friendly you'll want to hug them. Head around the corner to Cuba Street for Kate Sylvester's so-on-trend brand of modern minimalism with a considered retro flourish. For a quick round-up of cool local labels (including ELLE favourites Georgia Alice and Deadly Ponies), drop some dollars at The Service Depot. ☐

📍 katesylvester.com; karenwalker.com; theservicedepot.co.nz



LOCAL HEROES

Get your fashion fix at Karen Walker (above) and The Service Depot (right)

Sunglasses, \$295,
Karen Walker,
(02) 8303 7300

Neckerchief, \$89, **Georgia Alice**,
georgiaalice.com



PARTY ATMOSPHERE

Create a pop up bar worthy of fashion week at home with Mumm champagne and Absolut mixed drinks – super refreshing and simple to prepare.



WIN 1 OF 3 CHRISTMAS DRINKS PACKS.

For your chance to win scan this page with the free viewa app and complete the online entry form as detailed. Terms & Conditions apply



MUMM CHAMPAGNE

Ideal as an aperitif and beyond, Mumm Cordon Rouge is a fresh and full-bodied champagne with fine, elegant beads. Pairs well with white meat and summer seafood.

LIVE IT UP!

*Celebrate in style this party season at your get-togethers.
Enjoy with friends and these refreshingly luxe summer drinks.*

The end of the year is when only the best will do as we celebrate life with our nearest and dearest. A time for festive frocks, fab food and little luxuries.

recreate at home with just a handful of seasonal ingredients (no mixology degree required).

MARK THE OCCASION

Take your fabulous festive gatherings up a notch with Mumm Cordon Rouge champagne and a tray of freshly prepared Absolut long drink cocktails. With a clean, pure taste that makes it the perfect understated cocktail base, Absolut Vodka hails from Sweden and is famous the world over. Made exclusively from natural ingredients, this one source vodka has no added sugar.

ALL THAT GLITTERS

Whether you're attending a twilight garden party, rooftop drinks or cocktails overlooking the water, every summer soirée needs a fabulous drinks menu. Fresh and full-bodied Mumm Cordon Rouge champagne (delicious au naturel or as the ultimate bellini base) and refreshing Absolut Vodka cocktails you can easily

THE ABSOLUT LONG DRINK

Drink in the flavours of the season – a luxe blend of single-source Absolut Vodka, elderflower, lime, mint and sparkling mineral water. Best served with friends.



ABSOLUT TASTE

Always a welcome addition to cocktails, cult favourite Absolut Vodka elevates any mixed drink to the next level with its clean, pure taste and understated flavour.



Give. Share. Enjoy responsibly this Christmas.


Get the facts **DRINKWISE.ORG.AU**



CHRISTMAS GIFT GUIDE

From luxe buys to those left-it-too-late
panic purchases, we've tracked down *the*
chicest treats to place under the tree...

PLEASE SANTA, WE'LL BE GOOD



*Shoes, \$925, Gucci,
1300 442 878*

S M A L L T H I N G S

O F G R E A T B E A U T Y

Just like Kylie taught us, good things come in itty-bitty packages.

Save on wrapping paper with these tiny yet magnificent objects

JEWELS FOR THE TREE

Add to a sparkling collection. Ornament, \$119, Swarovski, swarovski.com



Give the gift of organisation. Diary, \$39.95, Blacklist, blackliststudio.com



Add swagger to poolside sessions. Slides, \$80, Nike, nikestore.com.au



Perfect to accessorise any party outfit. Bag, \$499, Furla, furla.com



A brush set to last a lifetime. Les Mini de Chanel, \$170, Chanel, 1300 242 635

Comes with a holster for toting your lipstick. Bag, \$4,895, Tom Ford, harrolds.com.au



Turn up the Tay Tay...

Headphones, \$180, aHead, shop.until.com.au



TRICKED-UP TIMEPIECE

Serious arm-candy alert. Watch, \$5,540, Dior Timepieces, (02) 9229 4600



For grand plans – or just grocery lists. Notebook set, \$29.95, Rifle Paper Co, notemaker.com.au



Love potion. Forbidden Games Travel Spray, \$299 for 30ml, By Kilian, (02) 8002 4488



Good things come in threes. Dishes, \$26.95 for set, Kikki K, kikki-k.com

Perfectly dainty for drinks on the rocks. Tumblers, \$29.95 for pair, Karen Walker Home, myer.com.au



It makes good stuff taste like the great stuff. Decanter, \$59.95, Lark, larkstore.com.au



This shiny metal cage sure beats carting the bubbles in a paper bag. Cuvée Rosé, \$180, Laurent-Perrier, 1300 888 664

PRECIOUS GEMS


Bling up a benchtop. Ornaments, \$16 each, Raw Luxe, thesupercool.com



FOR HAUTE HIPPIES

The most stylish way to torch your Nag Champa. Incense burner, \$320, Page Thirty Three, pagethirtythree.com





*Earrings,
from \$520,
all Christian Dior,
(02) 9229 4600*

I M P R E S S I V E L A B E L ,
A F F O R D A B L E G I F T

Looking for some luxury without the four-figure price tag? Here's our pick from the fancy labels (that won't max out your credit card)



For luxist literary types.
Notebook, \$163, **Dolce & Gabbana**, dolcegabbana.com



Neutral perfection.
The Hollywood Palette,
\$168, **Giorgio Armani**,
1300 651 991



Think pink. iPhone
covers, \$190 each,
Prada, (02) 9223 1688



An old love, smothered
with kisses. Touche Éclat
Collector Kiss & Love
Edition, \$59, **Yves Saint
Laurent**, 1300 651 991



Glitter makes everything
better. My Burberry,
\$150 for 50ml, **Burberry**,
(02) 9695 5678



The scent of luxury.
Drawer liners, \$75,
Hermès, (02) 9287 3200



Cuddles with style cred.
Teddy, \$190, **Mulberry**,
(03) 9600 4888



Makes a rental feel luxe.
Hand towel, \$45,
Missoni Home,
spenceandlyda.com.au

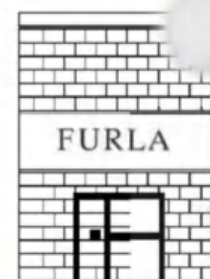


Playing cards, \$60,
Tiffany & Co.,
tiffany.com.au

For the key(rings) to their kingdoms



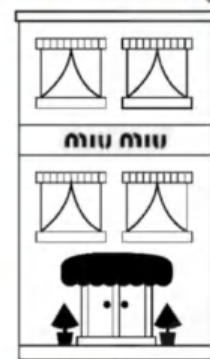
Key rings, from
\$210, **Bottega
Veneta**,
(02) 9239 0188



Key rings,
\$129 each,
Furla,
furla.com



Key ring,
\$345, **Cartier**,
au.cartier.com



Key rings, \$210
each, **Miu Miu**,
(02) 9223 1688

For fancy fingers. Diorific Nail
Polish, \$43 each, **Dior**, (02) 9295 9022

MYSTÈRE

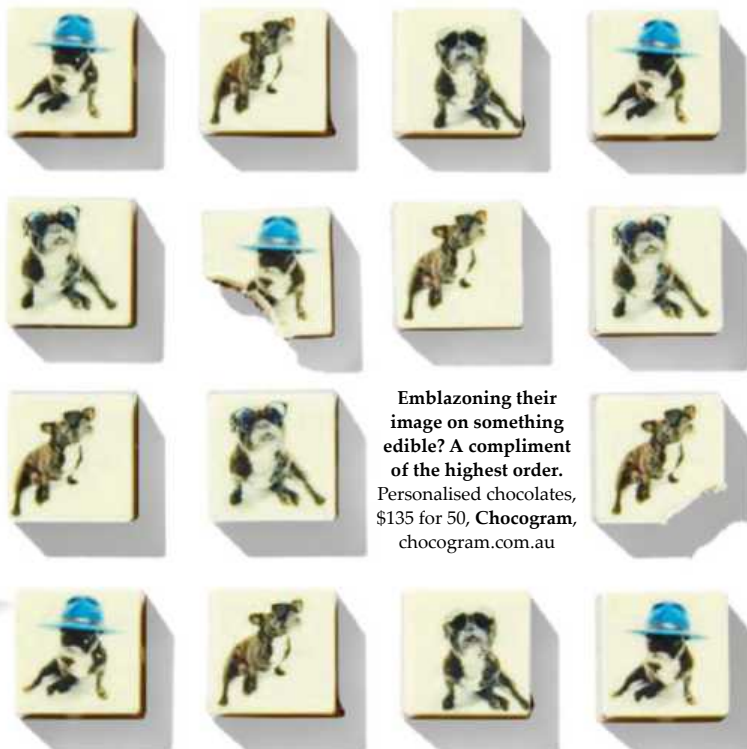
STATE OF GOLD

PASSION

GRIS-OR



Christmas ornaments, \$15, Arlo & Co, arloandco.com.au



Emblazoning their image on something edible? A compliment of the highest order. Personalised chocolates, \$135 for 50, Chocogram, chocogram.com.au

MAKE THEM YOURS

If you really want to win at Christmas, go the extra gifting mile with a personalised treat



Jimjams with initials = old-school cool. Pyjamas, \$249, Masini & Chern, masiniandchern.com



For a fancier Christmas table. Custom place cards, \$19.95 for four, Letters From Belle, lettersfrombelle.com



Stitching is so 2016. Custom family portrait, \$115, Thread Folk, threadfolk.bigcartel.com



Black marble is the new white marble. Phone case, \$45, Keep It Personal, keepitpersonal.com.au



Emblazon their name on a cotton bed cover. Blanket, \$200, The Knit Studio, theknitstudio.com.au



Namesake shades

Entirely customisable – you can even add a name to the arm. Sunglasses, from \$249, Ray-Ban, ray-ban.com.au



For planning global domination. Notebook holder, \$69.95, The Daily Edited, thedailyedited.com



Neon sign, from \$260, Neon Poodle, neonpoodle.com.au



For sensible initials or cheeky nicknames. Necklaces, from \$49 each, Recreational Studio, recreationalstudio.com



Embroider their initials so they can't re-gift. Bathrobe, \$150, Sheridan, sheridan.com.au



Get creative with the slogans. Nail lacquer, \$18 each, Say It With Polish, sayitwithpolish.com.au



Custom skateboard, \$225,
Wheels'n Boards, hardtofind.com.au

COUNTING DOWN THE DAYS? MAKE THE DAYS COUNT.

For gorgeous and meaningful gifts, your beautiful Christmas begins at kikki.K.





SHOP GIFTS. INSTORE.
ONLINE. KIKKI-K.COM **kikki.K**



Chanel No.5, \$116 for 35ml, Chanel, 1300 242 635

F O R E V E R B U Y S

Gift them now and they'll be loved immediately, then perennially adored...



Perfect for long pedals through the countryside – or the Sunday-morning coffee run. Bicycle, \$599, rear box, \$99, both **Papillionaire Bicycles**, papillionaire.com.au

Bag index

WHEN SIZE MATTERS

PETITE



Bag, \$4,230, **Bottega Veneta**, (02) 9239 0188

HANDS-FREE



Bag, \$5,470, **Chanel**, 1300 242 635

OFFICE STAPLE



Bag, \$2,540, **Prada**, (02) 9223 1688

POWER TOTE



Bag, \$3,240, **Giorgio Armani**, (02) 8233 5888

JETSET-READY



Suitcase, \$1,098, **Amanda Kendell**, amandakendell.com



Treat them to a wardrobe classic. Trench, \$3,050, **Burberry Prorsum**, (02) 8296 8588



Lock them up, throw away the key. Bracelet, \$8,800, **Cartier**, au.cartier.com



For vodka emergencies. Flask, \$79.95, **Areaware**, shop.until.com.au



A classic leather jacket – with a raspberry twist. Jacket, \$2,400, **Mulberry**, (03) 9230 9200

For signing autographs (and mortgages). Pen, \$1,070, **Mont Blanc**, montblanc.com



To go with everything, forever. Belt, \$1,105, **Gucci**, 1300 442 878

GET YOUR KICKS



Elvis would approve. Heels, \$1,100, **Christian Dior**, (02) 9229 4600

Start off their stack. Thin cuff, \$635, thick cuff, \$800, both **Tiffany & Co.**, tiffany.com.au



Breakfast club

The prettiest way to whizz up your protein shake. Blender, \$299, **Smeg**, smeg.com.au



EVERLASTING LOVE



They double as ornaments in their downtime. Erasers, \$9.95 each, Suck UK, shop.until.com.au



Pseudo-sweet treats for the couch or bedroom. Cushions, \$35 each, Sack Me, sackme.com.au

Commit it to memory. Dream Cream, \$39.95, Damselfly, damselfly.com.au



A gee-up every time they re-apply their lippie. Wash bag, \$51, Alphabet Bags, everythingbegins.com



For wrapping around you while you chow down on hot chips and a Weis Bar on the sand. Towel, \$79, Castle, castleandthings.com.au

F I Z Z B U Y S

The kitsch and the cute make the festive season more fun

More colours than a double rainbow. Vice4 Palette, \$98, Urban Decay, mecca.com.au



See? Your Year 2 teacher said you were cheeky. Rug, \$395, Cold Picnic, thirddrawerdown.com



Boutique bedding for littlies – so they grasp early that once you do linen, you'll never go back. Pillowslip, \$65, Dazed But Amazed, dazedbutamazed.com.au



Doubles as a sweet makeup bag. Pencil case, \$14.95, Kikki K, kikki-k.com



Fit for gaming or displaying

Palm Springs domino set, \$139, McKean Studio, mckeanstudio.com



Add a little flair to a casual get-up. Watch, \$95, Swatch, shop.swatch.com.au



Oversized – just how you like everything on your bed. Throw, \$249, Kip & Co, kipandco.net.au



For handbags with happy vibes. Bag tags, \$200 each, Aesque, a-esque.com



Trainers, \$130, Converse, converse.com.au



Lasts longer than a bouquet.
The Flowers by Dr Lisa Cooper
(\$59.99, Murdoch Books)



The correct way to thank your hostess.
All In Good Taste by
Kate Spade New York
(\$38, Abrams)

For your sushi-addicted friend.
Tokyo: Cult Recipes by Maori Murota
(\$49.99, Murdoch Books); on sale Dec 1



Lessons in je ne sais quoi. *Love x Style x Life*
by Garance Doré (\$39.99, Simon & Schuster)



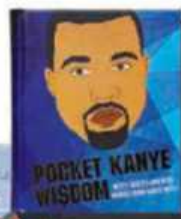
A new spin on an old favourite. *Harry Potter And The Philosopher's Stone Illustrated Edition*
by JK Rowling
(\$59.99, Bloomsbury)



Learning never looked so good. *Alpha* by Isabelle Arsenault (\$24.95, Walker Books)

Have imagination, will travel. *City Atlas: Travel The World With 30 City Maps* by Georgia Cherry and Martin Haake (\$35, Wide Eyed Editions)

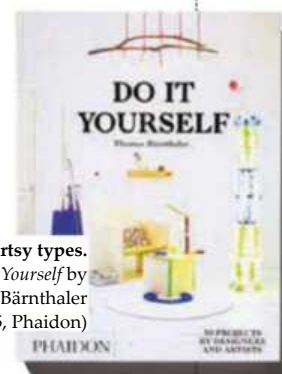
Yeezy does it.
Pocket Kanye Wisdom (\$12.95,
Hardie Grant)



Just like the real thing.
New York: An Inspired Wander Through The Manhattan And Brooklyn Boroughs by Alexandra Carroll (\$39.99, Plum)



DIYs for artsy types.
Do It Yourself by
Thomas Bärnthaler
(\$39.95, Phaidon)



Boo! Ghost: 100 Stories To Read With The Lights On by Louise Welsh
(\$39.99, Head Of Zeus)

For the beauty addict with everything.
Hair by Guido Palau (\$104, Rizzoli)



H O M E P A G E S

Worthy additions to any bookshelf or coffee table



BAG OF TRICKS

Functional and fashionable, this case can be used for pens or makeup



kikki.K Ice Blue Perforated Leather Pencil Case, \$26.95

kikki.K Tree Copper Ornaments, \$9.95 for two-pack



kikki.K Present Copper Ornaments, \$9.95 for two-pack

kikki.K Star Paper Ornaments, \$12.95 for six-pack



kikki.K Thankful Journal, \$16.95



BE THANKFUL

Bring happiness to your everyday by focusing on the positives

HIT LIST

With its range of stylish stationery and accessories, kikki.K has Christmas all wrapped up

For a chic, special (and stress-free) Christmas, you can't go past kikki.K's unique present ideas. Hand-illustrated watercolour journals and diaries are gifts that keep on giving, bringing inspiration all year long, while leather accessories offer a more classic take on getting organised. Plus, there's a huge range of decorations so you can deck your own halls in Swedish style.

kikki.K Blue Kontor Rollerball Pen, \$19.95



kikki.K Butterfly Dish, \$9.95



kikki.K Ice Blue A5 Perforated Leather Notebook, \$54.95



kikki.K 2016 Sweet A5 Weekly Diary, \$32.95



kikki.K

WWW.KIKKI-K.COM

kikki.K My Daily Thoughts Journal, \$24.95



kikki.K Quote Cards, \$19.95 for 12-pack





Stop by the bottle-O on Christmas Eve – this limited-edition package is way cooler than straight bubbles. Champagne, \$130, **Veuve Clicquot**, moet-hennessy-collection.com.au

COLLAR ME HAPPY



Get overnight delivery to metro areas. Dog lead, \$69.99, collar, \$49.99, **Atlas Lifestyle Co**, atlaslifestyle.co.com



Make a last-minute online charity donation, then draw up a cute card. Water For A School, \$98, **Oxfam**, oxfamshop.org.au



They'll do same-day delivery in certain areas. Watch, \$249, **Daniel Wellington**, theiconic.com.au



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THE DIET CAN START IN 2017

Dazzle them with a year's supply and they won't notice you got them at the supermarket an hour ago. Cherry Ripes, \$2 each, **Cadbury**, woolworths.com.au

LAST-MINUTE DELIVERY

Didn't plan ahead? No problem. Whether you need that pressie overnight or right-now, here are some clever solutions

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Order today, get it tomorrow. Surfboard, \$860, **Chilli**, chillisurfboards.com

Log into iBooks. Send some great reads their way. Relax. Books, from free, **iBooks**, apple.com/au/ibooks/



Order in the AM, and have this smashing set delivered the same day. Chocolate set, \$89, **Bockers And Pony**, bockersandpony.com.au



Select "express shipping", breathe sigh of relief. Blazer, \$1,350, **Ellery**, mychameleon.com.au



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EVERYDAY ESSENTIAL



The timeless shape and tortoiseshell frame will make these shades a staple for this summer and beyond. Sunglasses, \$599, Tom Ford, healyoptical.com.au



A brilliant quad of products that will help you repent for your summer sins. Repair Collection, \$99.95, Moroccan oil, moroccanoil.com

So they can create their own indulgent sanctuary. Spa Of The World Luxurious Body Collection, \$149, The Body Shop, thebodyshop.com.au



The smell of Christmas – even if you don't have room for a tree. Candle in Fresh Pine Needles, \$39.95, Ecoya, ecoya.com



For an easy-as caffeine fix in a super-chic package. Coffee machine, \$799, Nespresso By KitchenAid, nespresso.com.au



ELLE

CHRISTMAS EDIT

Give Santa a run for his money with our pick of gifts to please even the trickiest of loved ones

CLASSIC WITH A TWIST



Try a bit of arm candy

Smarter than your average watch, it's got a high-def display and can connect to your phone. Gold watch (left), from \$999, silver watch (above), from \$549, both Huawei, consumer.huawei.com/au

Like boyfriend jeans, but for your wrist. Watch, \$249, Fossil, fossil.com.au



Ginger, rose and sandalwood make it pretty with an edge. Illicit, \$145 for 100ml, Jimmy Choo, (02) 9695 5678

A hair-smoothing superhero made better in this crisp shade. Platinum, \$315, ghd, ghdhair.com/au



KEEP THEM ON TRACK



Help them stick to those New Year's resolutions. Charge HR, \$200, Fitbit, fitbit.com

ELLE INSIDE WORD

Top up your life skills
with *savvy tips* from those
in the know

DRINK

HOW TO CHOOSE WINE LIKE A SOMMELIER

WITH KATHERINE COLE,
AUTHOR OF *HOW TO FAKE YOUR
WAY THROUGH A WINE LIST*

Turns out the secret to sounding like you're an expert is to fake confidence. A few insider tricks come in handy, too. "When shopping for foreign wine, check the back label for the importer's imprint," says Cole. "The importer is essentially a curator, akin to your favourite station on Spotify. When you're at a wine bar, ask to see the bottle if you enjoy what you're drinking. Over time, you'll see the same importer's name again and again. Now you've found your groove, you'll find it easier to select wine in the future."

Show off at a fancy restaurant by ordering the most offbeat wine on the list. "Try a Blanquette de Limoux instead of champagne, or that red from the Republic of Macedonia instead of a Bordeaux," says Cole. You'll give the sommelier something interesting to talk about, impress your dining companions with your bravura and save money because you're not paying for the most well-recognised label.



SOCIAL

HOW TO LOOK GOOD ON THE DANCE FLOOR

WITH HEIDI BARRETT, CO-CREATOR
OF NO LIGHTS NO LYCRA

Some of the best moments during any all-nighter are had on the dance floor. This can be intimidating to a novice but don't feel pressure to be like Beyoncé. If busting a move comes as naturally to you as millennial slang (what does "on fleek" even mean?), start off slow. Listen to the music and move your hips side to side with each beat – add a little shoulder or arm action in once you've mastered that movement. "Most people find they struggle to dance naturally when they're over-thinking it.

Shut your eyes and pretend you're alone, dancing in your bedroom with no-one watching!" Things to avoid: pseudo-breakdancing, flailing arms and anything resembling Elaine Benes' signature *Seinfeld* moves.

CAREER

HOW TO AVOID EMBARRASSMENT AT YOUR OFFICE CHRISTMAS BASH

WITH NICHOLA JOHNSTON, CLIENT
RELATIONSHIPS AND COMMUNITY
MANAGER AT CENTRE FOR
CORPORATE HEALTH

Nothing spells disaster like free white wine and permission from your boss to "have a great night". While most

people have two-weeks off to let the humiliating events of their end-of-year bash fade from colleagues' memories, it'd really be much better if there was no humiliation to begin with. "It's important to remember this is still a work function and not a party with friends."

Some golden rules: the one drink, one glass of water policy is for your benefit. All items of clothing must stay on. Flirting with a colleague (or superior) won't go down well in the cold light of day. "If you're feeling emotional or have interpersonal conflict in the workplace – and feel like you won't be able to hold your tongue – don't go to the party."

ETIQUETTE

HOW TO NAIL A HOTEL WALK-IN

WITH BRETT ROBINSON,
CREATIVE DIRECTOR AT
SYDNEY'S HOTEL HARRY

Consider these tricks next time you're in a new city and in the market for a spontaneous overnight stay.

TIP #1 Find a hotel that is small, well designed and character-filled; avoid any with skyscrapers, circular driveways and soulless lobby bars.

TIP #2 Look for a cool-looking building or a design district with great bars, restaurants, retailers and cafes. Generally great hotels are part of a precinct.

TIP #3 Check out the staff and clientele. Generally this will tell you a lot about the hotel. Are they your people? Do you feel comfortable there?

TIP #4 Go straight to the bar and order a classic cocktail like a negroni, old fashioned or Americano. If you get it delivered with class, you're in the right place. If they won't make one for you, or you get something miles from excellence, walk straight out the door and continue your search.



TIP #5 Checking out the room first is a must – and don't be afraid to ask to see more than one. When you're there, look for a diverse and well-curated mini bar. It's a huge reflection on the hotel's overall commitment to quality.

TIP #6 Scoring a reduced room rate could be on the cards if you ask. If you've got enough game, there is always a reward!

TECH

HOW TO DRY OUT A WET PHONE

WITH STEPHEN FENECH,
EDITOR OF TECH GUIDE

The odds of jumping into a pool fully clothed are way higher during a summer fun spree, so you may have to try to save a waterlogged device at some point in the festive season.

"There are old wives' tales about putting your wet phone in a cup of rice or in the sun," says Fenech. "Some people manage to revive their phones – the majority don't."

Immediately after your phone gets wet, dry the outside, switch it off and remove the SIM, then use a super-absorbent chemical product like the iRescue Kit (wetphonesaver.com.au). "After a couple of days, your phone

should be up and running, but sync your data onto your computer straight away in case it conks out later."

Silica gel sachets are a good DIY alternative to a ready-made product – you can find them in craft stores or your old shoeboxes. Cover your phone completely, then try sealing it up with the sachets in a zip-lock bag and leaving it for 48 hours.

FOOD

HOW TO UPGRADE YOUR CHEESE ON TOAST

WITH COLIN FASSNIDGE,
CHEF AT FOUR IN HAND

You've brought the party from the bar back to your place and suddenly have a bunch of hungry house guests to feed. Put the packet of Doritos back in the pantry and whip up something guaranteed to impress. Score bonus points for making the onion jam in advance (pop it in the fridge before you hit the town).

INGREDIENTS

4 slices **sourdough bread**
4 large slices **Buche d'Affinois**
(or a delicious brie)

ONION JAM

6 **onions**, finely sliced
180ml **extra-virgin olive oil**
80g **butter**
80ml **port**
50ml **sherry vinegar**

METHOD

TO MAKE THE ONION JAM

Place a large saucepan over high heat. Add the onion and oil and cook, stirring, for four minutes or until golden. Reduce heat to low and add butter. Stir for 30 minutes or until mixture is a darker brown. Add port, bring to the boil, then stir in the vinegar. Season with salt and freshly ground black pepper.

TO MAKE THE SANDWICHES

Toast bread on both sides. Smear with jam. Top with cheese slices. Heat under grill until cheese is soft (but not melted as it will be too runny). Top with more jam. Serve with a glass of Krug Champagne. □



DESPERATE HOUSEWIFE

DEAR E JEAN, *I think my house is intimidating to the guys I meet. I bought it when I was 24 – frugal habits, along with a well-paying job, hard work and a small inheritance, helped me pull it off. It's not a mansion. I acquired a strong sense of design from my mother, and I've put a lot of time into making it stylish and welcoming. Yet intuition tells me it's putting guys off. They look around agape! They say things like: "Do you rent your furniture?"*

I would have thought men would be overjoyed to find a woman whose career is advanced enough that she can buy and decorate a house. But, no. The men I date are in their late twenties (I'm 27), and I never get invited to their place after they see my house. Should I stop having them pick me up here?

– Home Alone

MISS HOME, MY HONEY BUNCH Do not stop inviting chaps to pick you up. Shall I tell you why? Long, long ago, my cattle dog and I lived beneath a family of fortune-tellers in a basement apartment. The place had no bathroom and no kitchen. I bathed in the sink and cooked on a camp stove. The floors were dirt. I made my sofa out of sawhorses, used a miner's sled as a table and sat on chairs I built out of bales of hay and fabric that I had hauled with me from home. No bachelor ever dipped so much as a toe inside this pleasure garden without shaking in his boots.

Then one day, when I was at a film premiere, I met the Irish actor Richard Harris. I know, I know, you're too young to know Richard Harris, except possibly as Albus Dumbledore from the *Harry Potter* movies, but, girl, this man... back in the day! A rogue! A poet! A swashbuckler! Thirteen years my senior, and he'd hung out with Jane Birkin, for gawd sakes.

Thus Harris, nominated for a slew of Oscars and Golden Globes, knocked on

YOUR DILEMMAS RESOLVED

ask E JEAN

Tormented? Driven *witless*? Fear not, help is just a short letter away

my door the first night to pick me up for dinner. Down, down, down, down, down, down the Man Called Horse descended towards the dirt floor, kicking up dust. For several minutes, he looked around – paralysed – moving only his eyeballs. Then, with the dog hurling herself against him, he rose on his toes and said, in that famous voice that sounded like a viola strung with razor wire, "Who is your decorator?" He loved the place!

The lesson here is that when you meet a chap who matches you in mettle, spirit, sangfroid and soul, he won't think *any* house half as handsome as *your* house. Also, it probably wouldn't hurt to date fellas who are a tad bit older. Chaps migrate like wildebeests until they turn 30.

BACK TO THE FUTURE

DEAR E JEAN, *I'm starting to see wrinkles and my boobs are getting saggy, and it makes me sad, like I'm grieving for my youth. My breasts were once my pride and joy! I've gained life experience, but I feel like a crazy woman when I think about what I've lost: the moments*

I didn't have, the things I didn't do – like date more men, take more chances, have more fun. Do you feel sad about getting older? How do you cope?

– Not So Firm Anymore

NOT SO FIRM, YOU FETCHING LUNATIC

Don't talk about boobs to me. I'm the woman who ordered a Craftmatic adjustable bed so I could sleep sitting straight up, the better not to flatten, smash or quash my cumquats. Anyway, your bosom will never be firmer than it is today. Today is the highest-bouncing day of the rest of your life. And you and your boobs will soon regret all the time you wasted regretting that you wasted all that time.

But you asked how I cope. Well. Since the universe is flying apart and our sun will run out of hydrogen and the core will collapse and the earth will be

sucked in, and Jane Austen's books, Meryl Streep's movies, Serena Williams' backhands, Sappho's poems, Schiaparelli's shocking pink, Dorothea Lange's photos and Nina Simone's songs will be gone, gone, gone, I figure, what the heck, we have push-up bras now! To hell with sagging bosoms! Besides, beauty companies are making such big discoveries that if we live another 10 years, we'll look 40 years younger.

Note: coping is for amateurs. But I do find that eating an entire grapefruit every night before bed decreases the sagginess and increases the buoyancy of pretty much everything in the vicinity.

FUNNY GIRL

DEAR E JEAN, *What's the best course of action after being fired? With six great years at a company, I was canned because I played a practical joke (I hid my supervisor's glue stick – yes, it's utterly ridiculous). The supervisor, who I thought was my friend and someone I could joke with, decided to make a big deal out of it and took it to our manager. The manager,*

unfortunately, was dealing with a death in her family, had never liked me and had, in the past, admitted she was “jealous” of me (she suffers from major body issues).

Now I’m stuck! In interviews, when I tell prospective employers I was fired for hiding a glue stick, legit as it is, it sounds like I’m lying. I don’t want to trash-talk the manager, but I have to defend myself and let people know I didn’t deserve to be fired. I have references from the job, but most employers want to speak with the manager. Ugh! She’s not a moral person and would have no problem lying to them. What do I do?

– Fired Hard

MISS HARD, MY HELIOTROPE Honey, there’s not a HR manager at any big company who wouldn’t be tickled to death with a woman who walked in with stone-cold fuck-you confidence, sat down, smiled and said: “Yes! I screwed up.”

Recruiting managers are actually looking for people who take risks, make mistakes, flub up and correct themselves – people with passion, brilliance and optimism – not cream puffs who “defend” themselves. So, what should you say in upcoming interviews? “I’m glad you asked, Miss Crankshaft. Yes! I do love a joke and making people laugh. Humour connects us! You would know this far better than I do, but research shows that humour in the office can increase employees’ creativity and decrease stress. Laughter lightens workers’ hearts and lowers their blood pressure. Some companies are even hiring comedians to entertain employees at lunch. But my glue-stick joke? It went too far and I learned a big lesson. Practical jokes in the office can create camaraderie and get people’s juices flowing, but they also can be annoying,

MY LIVE-IN BOYFRIEND HASN’T EXACTLY PROPOSED, BUT HE HAS BEEN DROPPING HINTS ABOUT “LOOKING AT RINGS”, ETC. SO I WAS SURPRISED WHEN I CAME HOME WITH A FEW THINGS FROM A BRIDAL EXPO AND HE SHOUTED THAT I WAS “RUSHING” HIM INTO MARRIAGE! NOW I’M CONSIDERING ENDING IT. THOUGHTS?

ANY MAN WHO CAN’T WITHSTAND A BAG OF GLITTER FROM A BRIDAL EXPO IS A COWARD. GIVE HIM TIME TO GROW A PAIR, BUT IF HE CONTINUES CRINGING AND SHOUTING – OUT WITH THE CHAP!

distracting and unprofessional, and can bruise people’s egos. My joke was ill-timed. I’m now a wiser, kinder, more perceptive team player. And, no! I don’t hold a grudge. I love my old company, but being fired was a gift.”

Speaking of which (and just for good measure), send your old manager, Miss Body Issues, a bottle of expensive wine. In the accompanying note, apologise for the trouble you caused when she was mourning. Sign it, “With admiration and respect”.

Only women with the guts to make fools of themselves ever achieve greatness. The reason? Fate is a woman. And she likes a good joke.

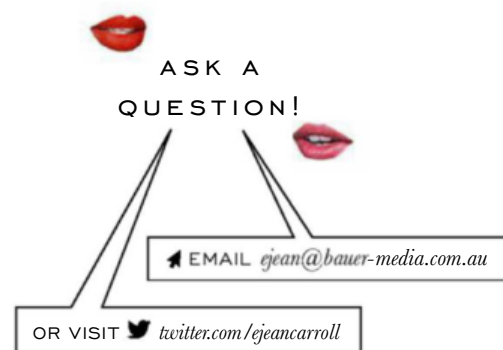
CARPE DIEM, BABY

DEAR E JEAN, *Earlier this year I was hit by a thunderbolt. Twice. It was love at first sight and second sight (and every sight). I’m at a marketing company. He’s at an ad agency. The relationship between our two firms has not gone well, and other than seeing him at two meetings – there was a lot of eye contact – our paths have not crossed again. I can’t get him out of my head! A friend told me, “You’ll bump into him again when the time is right.” But I’m afraid to let this pass!*

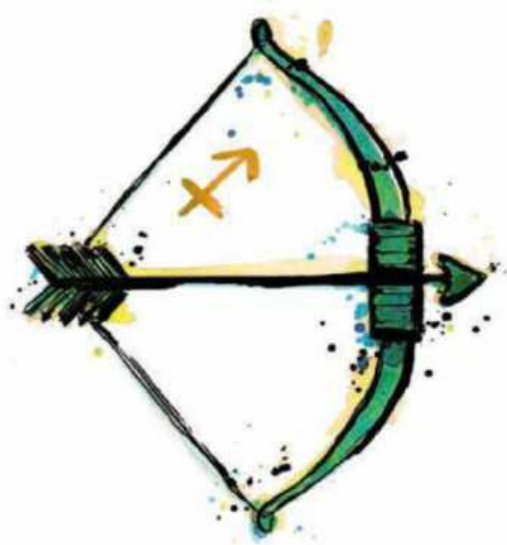
– Aware How Pathetic This Sounds

MISS PATHETIC, MY PETUNIA Please tell your beautiful friend that Auntie E says she’s an idiot. Her phrase “when the time is right” reminds me of the namby-pamby cliché: “If it’s meant to be, it will happen”. It’s the kind of dum dum thinking that holds women back. The “time” to meet the dude, of course, is right now.

Throw a bow-and-arrow party. Prepare an archer’s fairytale meal of bread, cheese and tankards of mead, and invite 20 people, including the chap. Everyone brings a photo of a person they hate – you all take aim and happily shoot them. Life is not too short. We just waste so much of it waiting for men. □



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SAGITTARIUS

November 23 – December 22

You cannot tell a lie, Archer – not with the sun and outspoken Mercury touring your sign this month. As you fete the Festival of Sagittarius, the best present you can give yourself is permission to speak your truth. One caveat: being straight-up doesn't mean beating people with your verbal hammer.

Venus reminds you that compassion is the best mixer for your shots of truth serum. In-between your big birthday celebrations, make sure you tick all those boxes on your 2015 goal sheet. Teamwork will help you reach the finish line faster, so get ready to outsource and collaborate. When the sun heads into Capricorn on the 22nd, you'll finally get time to catch your breath. Relax at the beach, go dancing and let your hair down. And get ready to finish the year on a high – with ardent Venus cruising into Sagittarius on the 31st, your NYE celebration could be sealed with a kiss.



From love affairs to life plans, look to the AstroTwins, *Tali and Ophira Edut*, for December's predictions

CAPRICORN

December 23 – January 20

December is like a mullet: business in the front, party in the back. With go-getter Mars hovering in your professional zone all month, you could end 2015 with epic bragging rights. But finding the energy for these ambitious missions won't be an easy task. Until the 22nd, the sun will be napping in your 12th house. Ride the paradoxical wave, resting when you're tired and working when you're wired – leaving room between power lunches for lounging by the pool.

Now's the time to tie up loose ends. Your birthday season begins when the sun enters Capricorn for a month on the 22nd, and you don't need to drag any baggage into your next year of life. The new moon on the 12th could also reveal a frenemy you should cut ties with. In love, with Venus buzzing through your social 11th house, you may meet your match through mutual friends.

AQUARIUS

January 21 – February 19

Get your geek on! The sun is writing code in your 11th house of technology this month. Update gadgets and apps to the latest versions, then zhooosh your social media profiles so they reflect your best. It's also a good time to start a blog, develop an online business or become a YouTube star. What do you need? Make it known – your community has your back, especially around the new moon on the 12th.

With restless Mars in your travel sector all month, you'll have trouble sitting at a desk. Take your laptop to an outdoor cafe, or use those leave days and take a longer holiday at the end of the month. Romantically, sparks may fly with a cutie you meet through work. Hello, power couple. Already attached? Set aside time to discuss shared goals. You could tick off a big one before 2015 is through.

PISCES

February 20 – March 20

Stay focused, Pisces. While your colleagues slack off, you can nab the leading edge. Until the 22nd, the sun is blazing through your house of success. Why not wrap 2015 with a victory? VIPs may help out near the new moon on the 12th – but with motivator Mars slinking through your secretive eighth house, it's best to keep quiet about developments or you could rile your competition.

Mars amps up your erotic side, too. No need to report every liaison to your friends – some may be too tempestuous to talk about. If you're heading off on holiday, you could meet a candidate for a long-distance relationship, especially under the full moon on the 26th. Coupled up? Bond in the bedroom before discussing hot-button issues.

ARIES

March 21 – April 20

Grab your passport and backpack. Your gypset nature takes the wheel for most of the month, making it an ideal time for travel. Don't wait for Christmas to take your leave; slip off for short jaunts before the 22nd. With cosmic lovebirds Mars and Venus simmering in your relationship house, romance may be part of the package.

When the sun beams into Capricorn on the 22nd, your ambitious nature will be activated. While others are toasting the silly season with prosecco, you'll be downing espresso as you work on an end-of-year achievement. Fortunately, the full moon on the 26th puts you in a family frame of mind. Please, Aries: don't bring your laptop to the Christmas table.

TAURUS

April 21 – May 21

Pay no attention to that shining sun: December's vibe is gothic romance. Get captivated by the mysterious side of life – decked in dark sunnies and

black lace, of course. Get a past-life reading done, become an aficionado of film noir and let yourself fall for the brooding type. On the 12th, an erotically charged new moon revs your mojo. You may “take a lover” or create a deeper connection in your current relationship.

Mars is hovering in your work zone, making you busy at the office. Festive gatherings double as networking events so stock your clutch with business cards. On the 22nd, you go from “simmering” to “shimmering” as the sun moves into your spirited ninth house. Wanderlust strikes, too, and you’ll want to visit an undiscovered corner of the earth.

GEMINI

May 22 – June 21

Detonate the glitter bomb! Your sparkle is undeniable as Mars sizzles through your show-stopping fifth house.

Unleash your creativity; perform, pitch, present. You’ll have them at hello – and they won’t be quick to say goodbye. All month long the sun beams through your commitment zone, bringing the kind of relationships that last. The new moon on the 12th may also offer a promising candidate for the role of your other half – for business or pleasure. Warning: your friends won’t approve. Follow your heart – they’ll come around in time.

’Tis the season to be festive, but body-loving Venus is blowing the whistle on unhealthy habits. Moderate your cocktail intake and don’t slack off on fitness goals. The full moon on the 26th could bring a career coup, helping you finish 2015 with another big win.

CANCER

June 22 – July 23

Each year, as the Christmas canapés are being passed around, the sun blazes through Sagittarius and your house of healthy living. But it doesn’t have to be a total buzzkill for your epicurean sign. Let “all things in moderation” be your mantra. Indulge responsibly and focus on feeling energised by adding fun movement to your days: dance on the beach or try stand-up paddleboarding.

With spirited Mars in your home and family sector, don’t bite off more

than you can chew. Delegate Christmas cooking duties and arrange for difficult relatives to stay at a hotel instead of on your couch. In love, Venus is in your romance house from the 5th, making you a successful flirt. On the 26th, the annual Cancer moon puts your talents on show. Get ready to take a bow!

LEO

July 24 – August 23

The sun shimmies through your festive, flamboyant fifth house until the 22nd, bringing your outré self out to play. Be the life of the holiday-party circuit and use each event to make a style statement. You’re no stranger to the spotlight, but this month you’ll want to share it thanks to Mars hanging in your house of dynamic duos. Team up with a kindred spirit and you’ll become a hit machine.

A well-appointed home will be a must as astro-aesthete Venus activates your domestic zone. Feather your nest with a focus on your bedroom since Cupid’s got you in his sights. The new moon on the 12th could bring new love or big developments with your partner, like a baby or engagement. This may be as daunting as it is exciting, so take things one day at a time.

VIRGO

August 24 – September 23

Home is where the heart is this month. Shift into nesting mode by decorating, entertaining, even offering up Chateau Virgo for Christmas celebrations. Not loving where you live? You could find a new place to hang your wide-brimmed hat near the new moon on the 12th. Don’t rush the process though – only settle into a space if it feels totally you.

Your work life percolates with opportunity, thanks to energiser Mars. Challenge yourself, but watch your stress levels – break projects into phases to keep them manageable. When the sun blazes into your passionate fifth house from the 22nd, you’ll be ultra magnetic. If a certain someone won’t commit, you’ll have no trouble finding replacements. The full moon on the 26th brings a reunion with your entourage and something worth celebrating.

LIBRA

September 24 – October 23

Red-hot Mars is blazing through Libra, unleashing your competitive spirit. Bringing your personal best is the name of the game so invest in workshops, trainers and coaches to help you soar. Your social life will also be buzzing and you’ll connect with kindred spirits during the new moon on the 12th.

On the 22nd, the sun enters your family-friendly fourth house, just in time for Christmas. Get involved in cooking and decorating. But as you embrace a slower pace, don’t ignore your email. The full moon on the 26th activates your career zone, which may bring an enticing work opportunity.

SCORPIO

October 24 – November 22

Visions of Céline clutches and Gucci heels are dancing through your head this month. With celestial stylist Venus in your sign from the 5th, indulge in some upgrades – responsibly, that is. The sun is parked in your budget-minded second house until the 22nd, insisting your splurges be practical. Fortunately, your income is set to grow. Don’t take it easy just because everyone else is in holiday mode. Your diligence will land you an end-of-year bonus.

Love will be exciting but complicated this month, with Venus giving you tons of magnetism. Your social life will also heat up; you may take off on a holiday to ring in the New Year with friends. □

go deep

Famously philosophical Sagittarians offer up a few pearls of wisdom as the year draws to a close



"It's kind of fun
to do the impossible"
– Walt Disney

"If you are going
through hell,
keep going"
– Winston Churchill

"I go through life like
a Karate Kid"
– Britney Spears



THE BODY SHOP

Warm weather already taking its toll on your complexion? Try The Body Shop's new Oils Of Life Intensely Revitalising Facial Oil, which is designed to reinvigorate skin and replenish lost moisture, while reducing the signs of ageing. Made from 99 per cent natural oils, the lightweight formula effortlessly melts into skin, leaving a silky-soft, non-sticky finish.

\$54.95; thebodyshop.com.au

ELLE EXTRA

This month we're
ticking off our gift lists
with sleek watches and
indulgent beauty treats



HUAWEI

Inspired by Swiss timepieces, Huawei watches are handcrafted using sapphire crystal and cold-forged stainless steel and can be customised with a choice of 40 different faces, three luxurious cases and the option to strap on any 18mm watch bracelet or band. If it's what's on the inside that counts, the watch offers instant notifications of incoming calls and messages at a glance, voice control and fitness-tracking functions such as an advanced heart-rate monitor.

\$549-\$749; huaweivatch.com.au



FRANK BODY

Got a friend who's a beauty addict (or after a special gift to self)? Place Frank Body's An Original Introduction Bundle under the Christmas tree. It includes the cult coffee Original Body Scrub plus a hydrating Body Balm, to keep skin soft, smooth and summer-party ready.

\$37.95; frankbody.com



RITUALS

Step into the shower, work your way through Rituals' Sakura collection and emerge a more zen woman. The range combines nourishing rice milk, softening oils and organic sugar with a mood-boosting cherry blossom scent to make you feel fabulous from the outside in.

rituals.com.au



NESPRESSO BY KITCHENAID

Combining great style and gourmet credibility, the new Nespresso By KitchenAid machine will delight both fashionistas and coffee snobs. Available in five classic colours, including almond cream (pictured), and with a range of volume and strength options, it'll make your morning coffee both a chic and authentic affair.

\$799; nespresso.com

MOROCCANOIL

The award-winning, signature product of Moroccanoil's high-performance haircare line, Moroccanoil Treatment instantly absorbs into hair to create luminous shine and silky perfection. Packed with antioxidant-rich argan oil and strengthening proteins, it can be used as a conditioning, styling or finishing tool to smooth and transform locks and make bad hair days a thing of the past.

\$59.95; moroccanoil.com



HOLDEN

Picture this: driving to the beach on a hot summer's day, a cool breeze blowing in your hair. Holden can make your dream a reality with the Euro-styled, German-engineered Cascada convertible. The electric folding roof opens up to reveal a sumptuous leather-appointed interior roomy enough for you and three friends, plus it has satellite navigation and dual-zone climate control.

\$41,990; holden.com.au

FOSSIL

The classic Tailor watch from Fossil has had a super-stylish upgrade. Intended to mirror the twinkling stars of a night sky, it features a dark grey dial and rose-accented case – the perfect present for your stylish bestie.

\$199; fossil.com.au



SWATCH

Light up your wrist for Christmas with this limited-edition Swatch watch. With a golden dial and luminous strap, it captures the spirit of the season (and will be a conversation starter at festive functions).

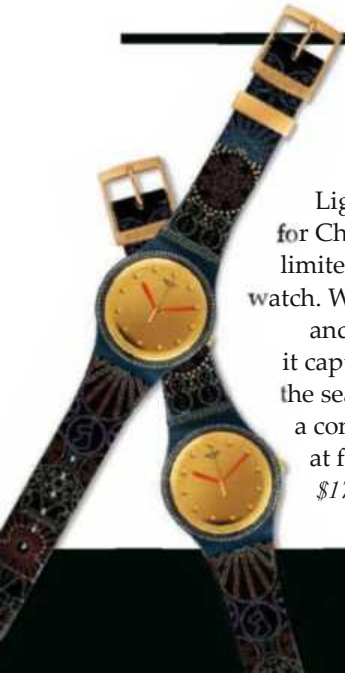
\$170; shop.swatch.com.au



JOHN FRIEDA

Maintain vibrant, salon-fresh blonde hair for longer with John Frieda's new Colour Refreshing Toner. The effortless in-shower treatment neutralises brassiness, brightens and delivers glossy shine in just three minutes. Conflict alert: your hairdresser may suspect you've been seeing someone else.

\$16.99; johnfrieda.com.au





MARATHON IT

How to survive
four events in one day

1. Don't overcommit. Four RSVPs within close proximity is just about doable, but travel time of longer than an hour between each is a deal-breaker.
2. Leave the event you know will be the biggest party until last, so you can let loose without worrying about your untimely exit.
3. Stick to your schedule. Let your hosts know you've committed to multiple events and don't let them guilt trip you when you have to leave.
4. Commit to just one big meal – arrive before or after lunch at the others. No one woman can consume all that seafood.
5. Be a team. Even if neither you or your other half is enjoying the day, put on a united front on arrival(s).

NO-FUSS FESTIVE WEAR

Christmas Day outfits to navigate dress codes, heat waves and second servings

When your
only plan is to
overindulge.



Dress, \$400,
Mes Demoiselles,
matchesfashion.com

A slip dress to take you
from Xmas Eve drinks,
(straight) to family
brunch and beyond.



Dress, \$150, **Organic**
By John Patrick,
mychameleon.com.au

A slimming shift
for round-two
lunch with the
in-laws.



Dress, \$400,
Karen Walker,
karenwalker.com

Keep up with the
kids in a romper that's
equal parts cute and
cartwheel friendly.



Playsuit, \$280,
Alice McCall,
alicemccall.com



ESSENTIAL VIEWING

The only way to deal with the
post-pudding comedown



HOME ALONE You've watched
it every year for the past 25
years. Why stop now?



THE HOLIDAY This feelgood film
by director Nancy Meyers is
the gift that keeps on giving.
Warm and fuzzies ahead



ELF A tights-wearing
Will Ferrell will remind you
that having a little Christmas
spirit can be kind of nice.



**NATIONAL LAMPOON'S
CHRISTMAS VACATION**
Laugh-out-loud proof that
maybe your own Christmas
Day wasn't so bad.



IT'S A WONDERFUL LIFE
Pass the tissues, stat.



WASTE NOT

Four ways to trick up Christmas ham

- ✓ Coat slices of ham in a little flour, fry them in oil, then add them to an egg roll for breakfast.
- ✓ Use it instead of bacon in carbonara pasta (or any other pasta dish you can think of).
- ✓ Bake that '70s classic – the quiche Lorraine.
- ✓ Ham, grated zucchini, two eggs, ½ cup plain flour and ½ cup grated cheese = fritters.
Learn to love them.



TRADITIONS

Love them or let them go.
(Just don't scratch Santa...)

INDISPENSABLE



Helping your
niece write her
letter to Santa.



Getting tipsy on
mimosas at brunch.



Singing carols
with Gran on
Christmas Eve.

WORTH DITCHING



Attempting to DIY
a gingerbread
house (don't be
tight, just buy one).



Pretending you
still like your
Dad's eggnog.



Eating a whole
Advent calendar's
worth of chocolates
in one sitting.



PRESENT DANGER

Vague, non-committal statements
to make upon receiving a really bad gift

"How thoughtful
of you!"

"My friend has one
of these."

**WHEN ALL ELSE FAILS,
SMILE AND SAY "THANK YOU".**

"Wow, where
did you find this?
I've never seen
it before."

"It's such an
unusual colour."

Happiness is closer than you think.

Fiji's splendid isolation, white sand beaches and crystal clear waters make it the perfect place to escape and unwind. With more than 300 sun-soaked islands to lose yourself in, happiness is closer than you might think.



www.fiji.travel





Dior